

Hillsborough Head Start

Breakfast · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

No menu published

No menu published

No menu published

No menu published

No menu published

No menu published

 **Maple Cinnamon Oatmeal** 150 cal
 **Assorted Chilled Fruit** 60 cal

 **Fruity Yogurt Parfait** 219 cal

 **Assorted General Mills Cereal** 105 cal
 **Vanilla Bear Graham** 120 cal
 **Assorted Fresh Fruit** 60 cal

 **Egg and Cheese Croissant** 280 cal
 **Assorted Chilled Fruit** 60 cal

 **French Toast Sticks** 260 cal
 **Assorted Chilled Fruit** 60 cal

 **Breakfast Scrambler Bowl** 315 cal
 **Assorted Chilled Fruit** 60 cal

 **Assorted General Mills Cereal** 105 cal
 **Vanilla Bear Graham** 120 cal
 **100% Fruit Juice** 60 cal

 **Chicken Biscuit** 290 cal
 **Assorted Fresh Fruit** 60 cal

 **Strawberry Bagelful** 190 cal
 **Assorted Chilled Fruit** 60 cal

 **Assorted General Mills Cereal** 105 cal
 **Vanilla Bear Graham** 120 cal
 **Assorted Chilled Fruit** 60 cal

 **Dannon Danimals Yogurt** 70 cal
 **Cinnamon Granola** 120 cal
 **Assorted Chilled Fruit** 60 cal

 **Sausage Biscuit** 290 cal
 **100% Fruit Juice** 60 cal

 **Maple Cinnamon Oatmeal** 150 cal
 **Assorted Fresh Fruit** 60 cal

 **Egg and Cheese Croissant** 280 cal
 **Assorted Chilled Fruit** 60 cal

Served every day

 Low-Fat 1% White Milk