

BREAKFAST

OCTOBER 2026

Forest Hills Elementary School

Hillsborough County Public Schools



Monday

Tuesday

Wednesday

Thursday

Friday

5
No menu published

6
No menu published

7
No menu published

8
No menu published

9
No menu published

12
No menu published

13
CHICKEN BISCUIT 290 cal Dannon Danimals Yogurt 70 cal Cinnamon Granola 120 cal Breakfast Scrambler Bowl 315 cal

14
SAUSAGE BISCUIT 290 cal Vanilla Belgian Waffle 240 cal Fruity Yogurt Parfait 219 cal

15
CHICKEN BISCUIT 290 cal Mini Pancakes 230 cal Breakfast Mac and Cheese 282 cal

16
MORNING SWICY STACK 252 cal Eggo Mini French Toast 200 cal Strawberry Bagelful 190 cal

19
SAUSAGE BISCUIT 290 cal Banana Chocolate Breakfast Bar 280 cal French Toast Sticks 260 cal

20
CHICKEN BISCUIT 290 cal Dannon Danimals Yogurt 70 cal Cinnamon Granola 120 cal Breakfast Scrambler Bowl 315 cal

21
SAUSAGE BISCUIT 290 cal Vanilla Belgian Waffle 240 cal Fruity Yogurt Parfait 219 cal

22
CHICKEN BISCUIT 290 cal Mini Pancakes 230 cal Breakfast Mac and Cheese 282 cal

23
MORNING SWICY STACK 252 cal Eggo Mini French Toast 200 cal Strawberry Bagelful 190 cal

26
SAUSAGE BISCUIT 290 cal Banana Chocolate Breakfast Bar 280 cal French Toast Sticks 260 cal

27
CHICKEN BISCUIT 290 cal Dannon Danimals Yogurt 70 cal Cinnamon Granola 120 cal Breakfast Scrambler Bowl 315 cal

28
SAUSAGE BISCUIT 290 cal Vanilla Belgian Waffle 240 cal Fruity Yogurt Parfait 219 cal

29
CHICKEN BISCUIT 290 cal Mini Pancakes 230 cal Breakfast Mac and Cheese 282 cal

30
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