



## BREAKFAST

# OCTOBER 2026

## Carrollwood K-8 School

Hillsborough County Public Schools



Monday

Tuesday

Wednesday

Thursday

Friday

5

No menu published

6

No menu published

7

No menu published

8

No menu published

9

No menu published

12

No menu published

13

**CHICKEN BISCUIT** 290 cal  
Dannon Danimals Yogurt 70 cal  
Cinnamon Granola 120 cal  
Breakfast Scrambler Bowl 315 cal

14

**SAUSAGE BISCUIT** 290 cal  
Vanilla Belgian Waffle 240 cal  
Fruity Yogurt Parfait 219 cal

15

**CHICKEN BISCUIT** 290 cal  
Mini Pancakes 230 cal  
Breakfast Mac and Cheese 282 cal

16

**MORNING SWICY STACK** 252 cal  
Eggo Mini French Toast 200 cal  
Strawberry Bagelful 190 cal

19

**SAUSAGE BISCUIT** 290 cal  
Banana Chocolate Breakfast Bar 280 cal  
French Toast Sticks 260 cal

20

**CHICKEN BISCUIT** 290 cal  
Dannon Danimals Yogurt 70 cal  
Cinnamon Granola 120 cal  
Breakfast Scrambler Bowl 315 cal

21

**SAUSAGE BISCUIT** 290 cal  
Vanilla Belgian Waffle 240 cal  
Fruity Yogurt Parfait 219 cal

22

**CHICKEN BISCUIT** 290 cal  
Mini Pancakes 230 cal  
Breakfast Mac and Cheese 282 cal

23

**MORNING SWICY STACK** 252 cal  
Eggo Mini French Toast 200 cal  
Strawberry Bagelful 190 cal

26

**SAUSAGE BISCUIT** 290 cal  
Banana Chocolate Breakfast Bar 280 cal  
French Toast Sticks 260 cal

27

**CHICKEN BISCUIT** 290 cal  
Dannon Danimals Yogurt 70 cal  
Cinnamon Granola 120 cal  
Breakfast Scrambler Bowl 315 cal

28

**SAUSAGE BISCUIT** 290 cal  
Vanilla Belgian Waffle 240 cal  
Fruity Yogurt Parfait 219 cal

29

**CHICKEN BISCUIT** 290 cal  
Mini Pancakes 230 cal  
Breakfast Mac and Cheese 282 cal

30

**MORNING SWICY STACK** 252 cal  
Eggo Mini French Toast 200 cal  
Strawberry Bagelful 190 cal

Menu data from Hillsborough County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Hillsborough County Public Schools publishes them.

nutrislice