

BREAKFAST

OCTOBER 2026

Alexander Elementary School

Hillsborough County Public Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			★ 1 🍗 Chicken Biscuit 290 cal 🥞 Mini Pancakes 230 cal 🍝 Breakfast Mac and Cheese 282 cal	★ 2 🍳 Morning Swicy Stack 252 cal 🥞 Eggo Mini French Toast 200 cal 🍓 Strawberry Bagelful 190 cal
★ 5 No menu published	★ 6 No menu published	★ 7 No menu published	★ 8 No menu published	★ 9 No menu published
★ 12 No menu published	★ 13 🍗 Chicken Biscuit 290 cal 🥛 Dannon Danimals Yogurt 70 cal 🍪 Cinnamon Granola 120 cal 🍳 Breakfast Scrambler Bowl 315 cal	★ 14 🍗 Sausage Biscuit 290 cal 🥞 Vanilla Belgian Waffle 240 cal 🥛 Fruity Yogurt Parfait 219 cal	★ 15 🍗 Chicken Biscuit 290 cal 🥞 Mini Pancakes 230 cal 🍝 Breakfast Mac and Cheese 282 cal	★ 16 🍳 Morning Swicy Stack 252 cal 🥞 Eggo Mini French Toast 200 cal 🍓 Strawberry Bagelful 190 cal
★ 19 🍗 Sausage Biscuit 290 cal 🍌 Banana Chocolate Breakfast Bar 280 cal 🍞 French Toast Sticks 260 cal	★ 20 🍗 Chicken Biscuit 290 cal 🥛 Dannon Danimals Yogurt 70 cal 🍪 Cinnamon Granola 120 cal 🍳 Breakfast Scrambler Bowl 315 cal	★ 21 🍗 Sausage Biscuit 290 cal 🥞 Vanilla Belgian Waffle 240 cal 🥛 Fruity Yogurt Parfait 219 cal	★ 22 🍗 Chicken Biscuit 290 cal 🥞 Mini Pancakes 230 cal 🍝 Breakfast Mac and Cheese 282 cal	★ 23 🍳 Morning Swicy Stack 252 cal 🥞 Eggo Mini French Toast 200 cal 🍓 Strawberry Bagelful 190 cal
★ 26 🍗 Sausage Biscuit 290 cal 🍌 Banana Chocolate Breakfast Bar 280 cal 🍞 French Toast Sticks 260 cal	★ 27 🍗 Chicken Biscuit 290 cal 🥛 Dannon Danimals Yogurt 70 cal 🍪 Cinnamon Granola 120 cal 🍳 Breakfast Scrambler Bowl 315 cal	★ 28 🍗 Sausage Biscuit 290 cal 🥞 Vanilla Belgian Waffle 240 cal 🥛 Fruity Yogurt Parfait 219 cal	★ 29 🍗 Chicken Biscuit 290 cal 🥞 Mini Pancakes 230 cal 🍝 Breakfast Mac and Cheese 282 cal	★ 30 🍳 Morning Swicy Stack 252 cal 🥞 Eggo Mini French Toast 200 cal 🍓 Strawberry Bagelful 190 cal