

# William Dandy Middle

Breakfast · October 2026

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**5**  
**Breaded Mini Chicken Fillet** 111 cal  
✓ Flavored Yogurt Cup 90 cal  
✓ Breakfast Biscuit 106 cal  
✓ Strawberry Nutrigrain Bar 150 cal  
✓ Pears, Cup 70 cal  
✓ Orange Juice 90 cal

**6**  
**Mini Waffles** 179 cal  
✓ Yogurt Parfait w/ Strawberry 228 cal  
✓ Breakfast Biscuit 106 cal  
✓ Chilled Mixed Fruit 62 cal  
✓ Applesauce Cup 50 cal

**7**  
**Breakfast, Egg Patty & Cheese on a Croissant** 197 cal  
✓ Flavored Yogurt Cup 90 cal  
✓ Croissant Roll 111 cal  
✓ Chilled Peaches 63 cal  
✓ Fresh Banana (Ripe) 161 cal

**1**  
**Cinnamon French Toast Sticks** 338 cal  
✓ Flavored Yogurt Cup 90 cal  
✓ Breakfast Biscuit 106 cal  
✓ Pineapple Tidbits Cup 60 cal  
✓ Pineapple Wedges, Individually Wrapped 50 cal

**2**  
**Breakfast, Cheese Omelet** 110 cal  
✓ Pop Tart & Cheese 268 cal  
✓ Croissant Roll 111 cal  
✓ Deli Roasted Potatoes 104 cal  
✓ Fresh Mandarins 98 cal

**8**  
No menu published

**9**  
No menu published

**12**  
No menu published

**13**  
**Buttermilk Pancakes** 147 cal  
✓ Flavored Yogurt Cup 90 cal  
✓ Breakfast Biscuit 106 cal  
✓ Apple Juice 90 cal  
✓ Pears, Cup 70 cal  
✓ Orange Juice 90 cal

**14**  
**Breakfast Pizza** 180 cal  
✓ Yogurt Parfait w/ Strawberry 228 cal  
✓ Breakfast Biscuit 106 cal  
✓ Chilled Mixed Fruit 62 cal  
✓ Fresh Banana (Ripe) 161 cal

**15**  
**Cinnamon French Toast Sticks** 338 cal  
✓ Flavored Yogurt Cup 90 cal  
✓ Breakfast Biscuit 106 cal  
✓ Peach Cup 70 cal  
✓ Fresh Apple Slices 29 cal

**16**  
**Hard Boiled Egg** 78 cal  
✓ Pop Tart & Cheese 268 cal  
✓ Breakfast Biscuit 106 cal  
✓ Croissant Roll 111 cal  
✓ Deli Roasted Potatoes 104 cal  
✓ Fresh Sliced Orange 66 cal

**19**  
**Breaded Mini Chicken Fillet** 111 cal  
✓ Flavored Yogurt Cup 90 cal  
✓ Breakfast Biscuit 106 cal  
✓ Strawberry Nutrigrain Bar 150 cal  
✓ Mandarin Oranges Cup 74 cal  
✓ Orange Juice 90 cal

**20**  
**Guava Pastry Bites & Cheese Bites** 272 cal  
✓ Yogurt Parfait w/ Strawberry 228 cal  
✓ Breakfast Biscuit 106 cal  
✓ Chilled Mixed Fruit 62 cal  
✓ Applesauce Cup 50 cal

**21**  
**Breakfast, Egg Patty & Cheese on a Croissant** 197 cal  
✓ Flavored Yogurt Cup 90 cal  
✓ Croissant Roll 111 cal  
✓ Chilled Peaches 63 cal  
✓ Fresh Banana (Ripe) 161 cal

**22**  
**Cinnamon French Toast Sticks** 338 cal  
✓ Flavored Yogurt Cup 90 cal  
✓ Breakfast Biscuit 106 cal  
✓ Chilled Pears 63 cal  
✓ Fresh Apple Slices 29 cal

**23**  
**Breakfast Bacon, Egg & Cheese Taco** 190 cal  
✓ Pop Tart & Cheese 268 cal  
✓ Breakfast Biscuit 106 cal  
✓ Baby Cakes Hash Browns 130 cal  
✓ Fresh Mandarins 98 cal

**26**  
**Pork Sausage Patty** 70 cal  
✓ Flavored Yogurt Cup 90 cal  
✓ Breakfast Biscuit 106 cal  
✓ Strawberry Nutrigrain Bar 150 cal  
✓ Peach Cup 70 cal  
✓ Cinnamon Applesauce Cup 50 cal

**27**  
**Breakfast Chicken & Waffles** 200 cal  
✓ Yogurt Parfait w/ Blueberry 222 cal  
✓ Breakfast Biscuit 106 cal  
✓ Chilled Pears 63 cal  
✓ Orange Juice 90 cal

**28**  
**Hard Boiled Egg** 78 cal  
✓ Flavored Yogurt Cup 90 cal  
✓ Breakfast Biscuit 106 cal  
✓ Breakfast Bagel 149 cal  
✓ Chilled Mixed Fruit 62 cal  
✓ Fresh Banana (Ripe) 161 cal

**29**  
**Cinnamon French Toast Sticks** 338 cal  
✓ Flavored Yogurt Cup 90 cal  
✓ Breakfast Biscuit 106 cal  
✓ Pineapple Tidbits Cup 60 cal  
✓ Fresh Honeydew 36 cal

**30**  
**Breakfast, Cheese Omelet** 110 cal  
✓ Pop Tart & Cheese 268 cal  
✓ Croissant Roll 111 cal  
✓ Deli Roasted Potatoes 104 cal  
✓ Fresh Mandarins 98 cal

### Served every day

✓ Assorted Cereal · ✓ Milk