

BREAKFAST OCTOBER 2026

Whispering Pines

Broward County Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

5  BREADED MINI CHICKEN FILLET 111 cal  Flavored Yogurt Cup 90 cal	6  MINI WAFFLES 179 cal	7  BREAKFAST PIZZA 180 cal	1  CINNAMON FRENCH TOAST STICKS 254 cal	2  BREAKFAST, CHEESE OMELET 110 cal  Flavored Yogurt Cup 90 cal  Croissant Roll 111 cal
12 No menu published	13  BUTTERMILK PANCAKES 147 cal  Strawberry Banana Yogurt 90 cal  Pears, Cup 70 cal	14  BREAKFAST CROISSANT WITH HAM AND SWISS CHEESE 300 cal  Yogurt Parfait w/ Strawberry 228 cal  Pop Tart & Cheese 268 cal  Mixed Fruit Cup 80 cal	15  CINNAMON FRENCH TOAST STICKS 338 cal  Strawberry Banana Yogurt 90 cal  Fresh Sliced Orange 66 cal	16  HARD BOILED EGG 78 cal  Flavored Yogurt Cup 90 cal
19  BREADED MINI CHICKEN FILLET 111 cal  Flavored Yogurt Cup 90 cal	20  GUAVA PASTRY BITES & CHEESE BITES 272 cal  Croissant Roll 111 cal	21  BREAKFAST, SPICY EGG PATTY & CHEESE ON A CROISSANT 206 cal	22  CINNAMON FRENCH TOAST STICKS 254 cal  Croissant Roll 111 cal	23  BREAKFAST BACON, EGG & CHEESE TACO 351 cal  Flavored Yogurt Cup 90 cal
26  PORK SAUSAGE PATTY 70 cal  Flavored Yogurt Cup 90 cal	27  BREAKFAST CHICKEN & WAFFLES 200 cal	28  HARD BOILED EGG 78 cal  Breakfast Bagel 149 cal  Croissant Roll 111 cal	29  CINNAMON FRENCH TOAST STICKS 254 cal	30  BREAKFAST, CHEESE OMELET 110 cal  Flavored Yogurt Cup 90 cal  Croissant Roll 111 cal

Served every day:

 Assorted Cereal ·  Breakfast Biscuit

Menu data from Broward County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Broward County Public Schools publishes them.