

Monday

Tuesday

Wednesday

Thursday

Friday

5

 **CHEESEBURGER ON BUN** 404 cal
 Potato Wedges 144 cal
 Fresh Sliced Orange 66 cal

6

 **SOY NO-NUTBUTTER SANDWICH W/ CHEESE STICK** 371 cal
 Steamed Fresh Baby Carrots 49 cal
 Strawberry Applesauce Cup 70 cal

7

 **TURKEY HAM & CHEESE STUFFER** 320 cal
 Deli Roasted Potatoes 104 cal
 Peach Cup 70 cal

1

 **HONEY BBQ RIB ON BUN** 351 cal
 Cool Tropics Berry Citrus Veggie Edge 60 cal
 Fresh Sliced Orange 66 cal

2

 **PULL APART CHEEZY BREADSTICKS** 261 cal
 Mixed Fruit Cup 80 cal

12

No menu published

13

 **TURKEY & BEEF PEPPERONI STUFFED SANDWICH** 301 cal
 Fresh Apples 68 cal

14

 **VEGAN BEAN & GREEN CHILE BURRITO** 290 cal
 Tortilla Chips 200 cal
 Peach Cup 70 cal

15

 **PIZZA, CHEESE DEEP DISH** 310 cal
 Steamed Corn 107 cal
 Applesauce Cup 50 cal

16

 **JAMAICAN BEEF PATTY** 227 cal
 Sweet Potato Wedges 153 cal
 Fresh Banana (Ripe) 161 cal

19

 **FRENCH BREAD GARLIC PIZZA** 383 cal
 Pears, Cup 70 cal

20

 **TURKEY & BEEF PEPPERONI STUFFED SANDWICH** 301 cal
 Steamed Spinach 96 cal
 Pineapple Tidbits Cup 60 cal

21

 **MACARONI AND CHEESE** 313 cal
 Steamed Fresh Baby Carrots 49 cal
 Strawberry Applesauce Cup 70 cal

22

 **CHICKEN PIZZA QUESADILLA** 281 cal
 Fresh Mini Sweet Peppers 13 cal
 Pineapple Wedges, Individually Wrapped 50 cal

23

 **SOFT PRETZEL** 141 cal
 Steamed Broccoli 49 cal
 Mixed Fruit Cup 80 cal

26

 **CHICKEN BREAST STRIPS** 214 cal
 Farm Fresh Green Beans 51 cal
 Blue Raspberry Applesauce Cup 60 cal

27

 **MINI PEPPERONI CALZONE** 360 cal
 Plantains 283 cal
 Peach Cup 70 cal

28

 **CHICKEN POPCORN** 255 cal
 Peas and Carrots Blend Vegetables 91 cal
 Fresh Banana (Ripe) 161 cal

29

 **HONEY BBQ RIB ON BUN** 351 cal
 Cool Tropics Berry Citrus Veggie Edge 60 cal
 Fresh Sliced Orange 66 cal

30

 **SOY NO-NUTBUTTER SANDWICH W/ SUNFLOWER SEEDS** 480 cal
 Carrot Juice 60 cal
 Applesauce Cup 50 cal

Served every day:

 Wheat Roll  Milk

Menu data from Broward County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Broward County Public Schools publishes them.

MealViewer