

Monday

Tuesday

Wednesday

Thursday

Friday

5 CHICKEN, GENERAL TSO'S 211 cal - Vegan, Chik'n Nuggets w/ Crackers 377 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Spicy Chicken Breast Strips 214 cal - Cheese Pizza 360 cal - Brown Rice 222 cal - Sweet Potato Crinkle Cut Fries 169 cal	6 ARROZ CON POLLO 312 cal - Mexican Pizza 351 cal - Cheeseburger on Bun 404 cal - Mini Chicken Fillet Slider on Hawaiian Roll 481 cal - Cheese Pizza 360 cal - Brown Rice 148 cal - Seasoned French Fries 121 cal - Frozen Rips Strawberry Kiwi 60 cal	7 HOKE POKE CHICKEN TERIYAKI 245 cal - Vegan Bean & Green Chile Burrito 290 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Spicy Chicken Breast Strips 214 cal - Pepperoni Pizza 360 cal - Woodles Noodles 138 cal - Dinner Roll 70 cal - Savory Herb Crackers 90 cal - Steamed Corn 87 cal - Fresh Sliced Cucumbers 11 cal - Fresh Apple Slices 29 cal - Pears, Cup 70 cal - Milk 110 cal	8 No menu published	9 No menu published
12 No menu published	13 FISH PATTY ON BUN 319 cal - Cheeseburger on Bun 404 cal - Salad, Caesar 187 cal - Cheese Pizza 360 cal - Jamaican Beef Patty 227 cal - Spicy Chicken Breast Tenders 221 cal - Tortilla Scoop Chips 110 cal - Savory Herb Crackers 90 cal - Steamed Broccoli 49 cal - Mashed Potatoes 13 cal - Fruit Blend Juice 90 cal - Pineapple Wedges, Individually Wrapped 50 cal - Milk 110 cal	14 CHICKEN WINGS 562 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Four Meat Pizza 371 cal - Salad, Caesar 187 cal - Dinner Roll 70 cal - Savory Herb Crackers 90 cal - Tossed Salad w/Romaine Lettuce & Sliced Tomatoes 15 cal - Black Beans 85 cal - Fruit Blend Juice 90 cal - Fresh Apples 68 cal - Milk 110 cal	15 CHEESEBURGER ON BUN 404 cal - Mini Chicken Fillet Slider on Hawaiian Roll 481 cal - Cheese Pizza 360 cal - Steamed Broccoli 49 cal - Sweet Potato Wedges 153 cal - Broccoli (Cold) 28 cal - Fresh Baby Carrots, Snack Pack 23 cal - Fresh Apple Slices 29 cal - Mixed Fruit Cup 80 cal - Milk 110 cal	16 BROWARD SPICY BOWL 578 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Turkey Ham & Cheese Melt 349 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Cheese Pizza 360 cal - Dinner Roll 70 cal - Savory Herb Crackers 90 cal - Steamed California Blend Vegetables 71 cal - Fresh Mini Sweet Peppers 13 cal - Fresh Baby Carrots, Snack Pack 23 cal - Variety Juice 90 cal - Milk 110 cal
19 BEEF & BROCCOLI 267 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Chicken Breast Strips 214 cal - Four Meat Pizza 371 cal - Brown Rice 148 cal - Dinner Roll 70 cal - Savory Herb Crackers 90 cal - Roasted Farm Fresh Green Beans 40 cal - Sweet Potato Crinkle Cut Fries 169 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Tossed Salad w/Romaine Lettuce & Sliced Tomatoes 15 cal - Fresh Baby Carrots, Snack Pack 23 cal - Pineapple Wedges, Individually Wrapped 50 cal - Milk 110 cal	20 LATIN STYLE BLACK BEANS W/ BROWN RICE 113 cal - Cheeseburger on Bun 404 cal - Mini Chicken Fillet Slider on Hawaiian Roll 481 cal - Cheese Pizza 360 cal - Tortilla Chips 200 cal - Brown Rice 148 cal - Dinner Roll 70 cal - Savory Herb Crackers 90 cal - Baked Potato 170 cal - Black Beans 85 cal - Steamed Broccoli 49 cal - Fresh Apple Slices 29 cal - Peach Cup 70 cal - Milk 110 cal	21 BONELESS CHICKEN WINGS 215 cal - Philly Cheese Steak 297 cal - Sub 290 cal - Vegan Bean & Green Chile Burrito 290 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Spicy Chicken Breast Strips 214 cal - Cheese Pizza 360 cal - Fresh Carrots & Celery Sticks 17 cal - Potato, Cajun Seasoned French Fries 104 cal - Pears, Cup 70 cal	22 CHEESE TORTELLINI 199 cal - Meat Sauce 106 cal - Cheeseburger on Bun 404 cal - Mini Chicken Fillet Slider on Hawaiian Roll 481 cal - Buffalo Chicken Pizza 379 cal - Hawaiian Roll 129 cal - Steamed California Blend Vegetables 71 cal - Sweet Potato Wedges 153 cal - Applesauce Cup 50 cal	23 CHICKEN POPCORN 255 cal - Jamaican Beef Patty 227 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Four Meat Pizza 371 cal - Brown Rice 148 cal - Potato, Cajun Seasoned French Fries 104 cal - Variety Juice 90 cal
26 CHICKEN TERIYAKI 245 cal - Korean BBQ Shredded Chicken on Bun 438 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Spicy Chicken Breast Strips 214 cal - Four Meat Pizza 371 cal	27 BEEF & CHEESE TACO CRISP 360 cal - Jamaican Beef Patty 227 cal - Vegan Bean & Green Chile Burrito 290 cal - Cheeseburger on Bun 404 cal - Plantains 283 cal - Black Beans 85 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Applesauce Cup 50 cal	28 KOREAN BBQ CHICKEN WINGS 392 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Spicy Chicken Breast Strips 214 cal - Cheese Pizza 360 cal - Dinner Roll 70 cal - Savory Herb Crackers 90 cal - Fresh Carrots & Celery Sticks 17 cal - Potato, Cajun Seasoned French Fries 104 cal - Pears, Cup 70 cal - Milk 110 cal	29 BAKED ZITI 390 cal - Spicy Chicken Tender Sub 446 cal - Plant-Based Fiesta Wrap w/ Hummus 377 cal - Cheeseburger on Bun 404 cal - Mini Chicken Fillet Slider on Hawaiian Roll 481 cal - Buffalo Chicken Pizza 379 cal - Garlic Breadsticks 110 cal - Dinner Roll 70 cal - Savory Herb Crackers 90 cal - Roasted Zucchini, Yellow Squash Mix 48 cal - Sweet Potato Crinkle Cut Fries 169 cal - Fresh Apple Slices 29 cal - Mixed Fruit Cup 80 cal - Milk 110 cal	30 CHICKEN POPCORN 255 cal - Fish Patty on Bun 319 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Four Meat Pizza 371 cal - Brown Rice 148 cal - Dinner Roll 70 cal - Savory Herb Crackers 90 cal - Farm Fresh Corn Cobettes 97 cal - Fresh Mini Sweet Peppers 13 cal - Variety Juice 90 cal - Milk 110 cal