

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

Macaroni and Cheese	469 cal
Turkey & Beef Pepperoni Stuffed Sandwich	301 cal
Hummus with Savory Herb Crackers	402 cal
Garlic Breadsticks	110 cal
Sweet Potato Crinkle Cut Fries	169 cal
Black Beans	85 cal
Mixed Fruit Cup	80 cal
Fresh Pineapple Spear	43 cal

6

Arroz con Pollo	467 cal
Latin Style Black Beans w/ Brown Rice	113 cal
Salad, Sliced Turkey & Cheese	241 cal
Brown Rice	222 cal
Savory Herb Crackers	90 cal
Soft Tortilla	182 cal
Street Corn	138 cal
Tossed Salad, w/Grape Tomatoes & Carrots, Shredde	17 cal
Frozen Rips	60 cal
Strawberry Kiwi	
Mandarin Oranges Cup	74 cal

7

Spicy Chicken Breast Strips	214 cal
Plant-Based Fiesta Salad w/ Hummus	326 cal
Yogurt Parfait, Strawberry	446 cal
Mini Waffles	179 cal
Savory Herb Crackers	90 cal
Tater Tots	116 cal
Steamed California Blend Vegetables	71 cal
Fresh Apples	68 cal
Peach Cup	70 cal

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No menu published

2

Garlic Cheese Pizza	370 cal
Yogurt w/ Cheese & Crackers	387 cal
Vegan Bean & Green Chile Burrito	290 cal
Steamed California Blend Vegetables	71 cal
Steamed Broccoli	49 cal
Fruit Blend Juice	90 cal

No menu published

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No menu published

13

Chicken Popcorn	255 cal
Philly Cheese Steak Sub	297 cal
Latin Style Black Beans w/ Brown Rice	113 cal
Brown Rice	222 cal
Fresh Mini Sweet Peppers	13 cal
Potato Smiles	130 cal
Frozen Whole Fruit Cup	77 cal
Pineapple Tidbits Cup	60 cal

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Breaded Chicken Drumstick	885 cal
Honey BBQ Rib on Bun	351 cal
Salad, w/ Small Red Beans & Seeds	340 cal
Hawaiian Roll	129 cal
Savory Herb Crackers	90 cal
Farm Fresh Corn Cobettes	97 cal
Steamed Spinach	96 cal
Fresh Apple Slices	29 cal
Mandarin Oranges Cup	74 cal
Mixed Fruit Cup	80 cal

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Cheese Tortellini	265 cal
Meat Sauce	106 cal
Salad, Caesar	187 cal
Hummus with Savory Herb Crackers	402 cal
Garlic Breadsticks	110 cal
Tossed Salad, w/Grape Tomatoes & Carrots, Shredde	17 cal
Steamed California Blend Vegetables	71 cal
Fresh Apple Slices	29 cal
Pears, Cup	70 cal

16

Pizza Crunchers	436 cal
Beef Hot Dog on Bun	308 cal
Vegan, Chik'n Nuggets w/ Crackers	396 cal
Baked Beans	150 cal
Fruit Blend Juice	90 cal
Variety Fresh Fruit	2481 cal

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Chicken, Tangerine	210 cal
Vegan, Chik'n Nuggets w/ Crackers	396 cal
Turkey & Cheese Melt	329 cal
Woodles Noodles	277 cal
Sweet Potato Wedges	153 cal
Mixed Vegetables	30 cal
Peach Cup	70 cal

20

Beef & Cheese Taco Crisp	360 cal
Vegan Bean & Green Chile Burrito	290 cal
Vegetable, Pepper & Onion Fajita Blend	44 cal
Black Beans	85 cal
Strawberry Applesauce Cup	70 cal
Fresh Banana (Ripe)	161 cal

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Breaded Chicken Fillet on Bun	344 cal
Yogurt w/ Cheese & Crackers	387 cal
Vegan Hummus and w/ Tortilla Round	370 cal
Savory Herb Crackers	90 cal
Potato Wedges	144 cal
Steamed Broccoli	49 cal
Mandarin Oranges Cup	74 cal
Fresh Apples	68 cal

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No menu published

23

Pull Apart Cheesy Beef Pepperoni Breadsticks	271 cal
Fish Patty on Bun	319 cal
Vegan Hummus and w/ Tortilla Round	370 cal
Fresh Sliced Cucumbers	11 cal
Sweet Potato Crinkle Cut Fries	169 cal
Fruit Blend Juice	90 cal
Variety Fresh Fruit	2481 cal

26

Chicken Teriyaki	245 cal
Vegan, Chik'n Nuggets	280 cal
Korean BBQ Shredded Chicken on Bun	438 cal
Vegetable Egg Roll	140 cal
Lo Mein	265 cal
Roasted Farm Fresh Green Beans	40 cal
Mixed Vegetables	30 cal
Frozen Whole Fruit Cup	77 cal
Fresh Apples	68 cal
Korean BBQ Sauce	61 cal

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Mexican Pizza	351 cal
Breaded Mozzarella Cheese Sticks	390 cal
Latin Style Black Beans w/ Brown Rice	113 cal
Brown Rice	222 cal
Sweet Potato Wedges	153 cal
Tossed Salad, w/Grape Tomatoes & Carrots, Shredde	17 cal
Applesauce Cup	50 cal
Mandarin Oranges Cup	74 cal

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Cheeseburger on Bun	404 cal
Baked Corndog	243 cal
Vegan Salad w/ Garbanzo Beans	347 cal
Savory Herb Crackers	90 cal
Baked Beans	150 cal
Potato, Cajun Seasoned French Fries	104 cal
Fresh Apple Slices	29 cal

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Chicken Parmesan over Penne Pasta	376 cal
Chicken Caesar Wrap	216 cal
Hummus with Savory Herb Crackers	402 cal
Fresh Baby Carrots, Snack Pack	23 cal
Tossed Salad, w/Grape Tomatoes & Carrots, Shredde	17 cal
Smooth-Frozen SideKicks Theme Celebrations	75 cal
Fresh Apple Slices	29 cal

30

Garlic Cheese Pizza	370 cal
Yogurt w/ Cheese & Crackers	387 cal
Vegan Bean & Green Chile Burrito	290 cal
Steamed California Blend Vegetables	71 cal
Steamed Broccoli	49 cal
Fruit Blend Juice	90 cal
Variety Fresh Fruit	2481 cal

EVERY DAY

Milk

Menu subject to change.