

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

EVERY DAY

- Tossed Salad w/Romaine
Lettuce & Sliced Tomatoes
- Milk
- Cheese Pizza
- Pepperoni Pizza
- Salad, Vegan w/ Buffalo Fava
Crisp
- Savory Herb Crackers

Menu subject to change.

- 5**
- Chicken, General Tso's 281 cal
 - Chicken Tender Sub 446 cal
 - Vegan, Chik'n Nuggets w/ Crackers 377 cal
 - Brown Rice 222 cal
 - Peas and Carrots Blend 95 cal
 - Sweet Potato Crinkle Cut Fries 169 cal
 - Fresh Cucumbers with Carrots 21 cal
 - Mixed Fruit Cup 80 cal
 - Fresh Apples 68 cal
 - Breaded Chicken Fillet on Bun 344 cal
 - Four Meat Pizza 371 cal
 - Salad, Chicken Tenders 383 cal

- 6**
- Arroz con Pollo 467 cal
 - Mexican Pizza 351 cal
 - Latin Style Black Beans w/ Brown Rice 113 cal
 - Yogurt Parfait, Strawberry 446 cal
 - Yogurt Parfait, Blueberry 439 cal
 - Brown Rice 222 cal
 - Black Beans 85 cal
 - Fresh Zucchini and Yellow Squash Salad 15 cal
 - Fresh Baby Carrots, Snack Pack 23 cal
 - Frozen Rips Strawberry Kiwi 60 cal
 - Fresh Banana (Ripe) 101 cal
 - Hamburger on Bun 369 cal
 - Cheesburger on Bun 404 cal
 - Buffalo Chicken Pizza 379 cal
 - Salad, Caesar 187 cal
 - Seasoned French Fries 121 cal

- 7**
- Hoke Poke Chicken Teriyaki 245 cal
 - Vegan Bean & Green Chile Burrito 290 cal
 - Woolies Noodles 277 cal
 - Steamed Corn 87 cal
 - Fresh Grape Tomato Salad 15 cal
 - Black Beans 96 cal
 - Fresh Apple Slices 29 cal
 - Pears, Cup 70 cal
 - Breaded Chicken Fillet on Bun 344 cal
 - Four Meat Pizza 371 cal
 - Salad, Caesar 187 cal

- 8**
- No menu published

- 9**
- No menu published

- 12**
- No menu published

- 13**
- Burrito Bowl 347 cal
 - Fish Patty on Bun 319 cal
 - Latin Style Black Beans w/ Brown Rice 113 cal
 - Yogurt Parfait, Strawberry 446 cal
 - Tortilla Scoop Chips 110 cal
 - Brown Rice 222 cal
 - Street Corn 146 cal
 - Black Beans 85 cal
 - Fresh Zucchini and Yellow Squash Salad 15 cal
 - Fresh Baby Carrots, Snack Pack 23 cal
 - Strawberry Applesauce Cup 70 cal
 - Fresh Sliced Orange 66 cal
 - Hamburger on Bun 369 cal
 - Cheesburger on Bun 404 cal
 - Buffalo Chicken Pizza 379 cal
 - Turkey Ham & Cheese Sub 342 cal
 - Turkey & Cheese Sub 322 cal

- 14**
- Chicken Wings 703 cal
 - BBQ Chicken Wings 737 cal
 - Chicken Tender Sub 446 cal
 - Plant-Based Fiesta Wrap w/ Hummus 377 cal
 - Breaded Onion Rings 100 cal
 - Fresh Carrots & Celery Sticks 17 cal
 - Black Beans 96 cal
 - Roasted Butternut Squash 82 cal
 - Pears, Cup 70 cal
 - Fresh Sliced Orange 66 cal
 - Breaded Chicken Fillet on Bun 344 cal
 - Four Meat Pizza 371 cal
 - Salad, Caesar 187 cal
 - Potato, Cajun Seasoned French Fries 104 cal

- 15**
- Beef A Roni 364 cal
 - Vegan Bean & Green Chile Burrito 290 cal
 - Yogurt Parfait, Strawberry 446 cal
 - Hawaiian Roll 129 cal
 - Steamed Broccoli 49 cal
 - Fresh Baby Carrots, Snack Pack 23 cal
 - Fresh Apple Slices 29 cal
 - Mixed Fruit Cup 80 cal
 - Hamburger on Bun 369 cal
 - Cheesburger on Bun 404 cal
 - Buffalo Chicken Pizza 379 cal
 - Salad, Chef 287 cal
 - Sweet Potato Wedges 153 cal

- 16**
- Broward Bowl 578 cal
 - Vegan, Chik'n Nuggets w/ Crackers 396 cal
 - Salad, Caesar 187 cal
 - Steamed California Blend Vegetables 71 cal
 - Fresh Baby Carrots, Snack Pack 23 cal
 - Fresh Sliced Orange 66 cal
 - Fruit Blend Juice 90 cal
 - Breaded Chicken Fillet on Bun 344 cal
 - Four Meat Pizza 371 cal

- 19**
- Beef & Broccoli 267 cal
 - Vegan, Chik'n Nuggets w/ Crackers 396 cal
 - Brown Rice 222 cal
 - Roasted Farm Fresh Green Beans 40 cal
 - Fresh Baby Carrots, Snack Pack 23 cal
 - Pineapple Wedges, 50 cal
 - Individually Wrapped Fresh Sliced Orange 66 cal
 - Chicken Tender Sub 446 cal
 - Breaded Chicken Fillet on Bun 344 cal
 - Four Meat Pizza 371 cal
 - Salad, Chicken Tenders 270 cal
 - Sweet Potato Crinkle Cut Fries 169 cal

- 20**
- Latin Style Black Beans w/ Brown Rice 113 cal
 - Yogurt Parfait, Strawberry 446 cal
 - Brown Rice 222 cal
 - Baked Potato 170 cal
 - Black Beans 85 cal
 - Steamed Broccoli 49 cal
 - Fresh Broccoli & Cucumber Salad 11 cal
 - Fresh Apple Slices 29 cal
 - Peach Cup 70 cal
 - Hamburger on Bun 369 cal
 - Cheesburger on Bun 404 cal
 - Buffalo Chicken Pizza 379 cal
 - Salad, Caesar 187 cal

- 21**
- Boneless Chicken Wings 215 cal
 - Philly Cheese Steak Sub 297 cal
 - Vegan Bean & Green Chile Burrito 290 cal
 - Brown Rice 222 cal
 - Fresh Carrots & Celery Sticks 17 cal
 - Fresh Grape Tomato Salad 15 cal
 - Roasted Zucchini and Squash Medley 27 cal
 - Pears, Cup 70 cal
 - Fresh Apple Slices 29 cal
 - Breaded Chicken Fillet on Bun 344 cal
 - Four Meat Pizza 371 cal
 - Salad, Caesar 187 cal
 - Potato, Cajun Seasoned French Fries 104 cal

- 22**
- Cheese Tortellini 265 cal
 - Meat Sauce 106 cal
 - Plant-Based Fiesta Wrap w/ Hummus 377 cal
 - Yogurt Parfait w/ Strawberry 228 cal
 - Hawaiian Roll 129 cal
 - Steamed California Blend Vegetables 71 cal
 - Fresh Zucchini and Yellow Squash Salad 15 cal
 - Applesauce Cup 50 cal
 - Fresh Sliced Orange 66 cal
 - Hamburger on Bun 369 cal
 - Cheesburger on Bun 404 cal
 - Buffalo Chicken Pizza 379 cal
 - Salad, Santa Fe Chicken 369 cal
 - Sweet Potato Wedges 153 cal

- 23**
- Chicken Popcorn 255 cal
 - Vegan, Chik'n Nuggets w/ Crackers 396 cal
 - Brown Rice 222 cal
 - Roasted Butternut Squash 82 cal
 - Black Beans 96 cal
 - Fresh Apples 68 cal
 - Fruit Blend Juice 90 cal
 - Breaded Chicken Fillet on Bun 344 cal
 - Four Meat Pizza 371 cal
 - Salad, Caesar 187 cal
 - Potato, Cajun Seasoned French Fries 104 cal

- 26**
- Chicken Teriyaki 245 cal
 - Vegan, Chik'n Nuggets w/ Crackers 396 cal
 - Vegetable Egg Roll 140 cal
 - Lo Mein 265 cal
 - Steamed Broccoli 49 cal
 - Roasted Dill Carrots 51 cal
 - Fresh Baby Carrots, Snack Pack 23 cal
 - Frozen Whole Fruit Cup 77 cal
 - Fresh Apples 68 cal
 - Breaded Chicken Fillet on Bun 344 cal
 - Four Meat Pizza 371 cal
 - Salad, Chicken Tenders 270 cal

- 27**
- Beef & Cheese Taco Crisp 360 cal
 - Vegan Bean & Green Chile Burrito 290 cal
 - Yogurt Parfait w/ Strawberry 228 cal
 - Plantains 283 cal
 - Black Beans 85 cal
 - Fresh Broccoli & Cucumber Salad 11 cal
 - Fresh Applesauce Cup 50 cal
 - Fresh Sliced Orange 66 cal
 - Hamburger on Bun 369 cal
 - Cheesburger on Bun 404 cal
 - Buffalo Chicken Pizza 379 cal
 - Salad, Caesar 187 cal

- 28**
- Chicken Wings 703 cal
 - BBQ Chicken Wings 737 cal
 - Chicken Caesar Wrap 216 cal
 - Latin Style Black Beans w/ Brown Rice 113 cal
 - Brown Rice 222 cal
 - Fresh Carrots & Celery Sticks 17 cal
 - Black Beans 96 cal
 - Fresh Grape Tomato Salad 15 cal
 - Steamed Carrots 63 cal
 - Pears, Cup 70 cal
 - Fresh Sliced Orange 66 cal
 - Breaded Chicken Fillet on Bun 344 cal
 - Four Meat Pizza 371 cal
 - Plant-Based Fiesta Salad w/ Hummus 326 cal
 - Salad, Caesar 187 cal
 - Potato, Cajun Seasoned French Fries 104 cal

- 29**
- Baked Ziti 390 cal
 - Yogurt Parfait, Strawberry 446 cal
 - Vegan Bean & Green Chile Burrito 290 cal
 - Roasted Zucchini, Yellow Squash Mix 48 cal
 - Farm Fresh Green Beans 51 cal
 - Fresh Apple Slices 29 cal
 - Mixed Fruit Cup 80 cal
 - Chicken Tender Sub 446 cal
 - Hamburger on Bun 369 cal
 - Cheesburger on Bun 404 cal
 - Buffalo Chicken Pizza 379 cal
 - Salad, Chicken Tenders 270 cal
 - Sweet Potato Crinkle Cut Fries 169 cal

- 30**
- Chicken Popcorn 255 cal
 - Fish Patty on Bun 319 cal
 - Vegan, Chik'n Nuggets w/ Crackers 396 cal
 - Brown Rice 222 cal
 - Black Beans 96 cal
 - Fresh Grape Tomato Salad 15 cal
 - Steamed Corn 107 cal
 - Fresh Sliced Orange 66 cal
 - Fruit Blend Juice 90 cal
 - Breaded Chicken Fillet on Bun 344 cal
 - Four Meat Pizza 371 cal
 - Salad, Caesar 187 cal
 - Plant-Based Fiesta Salad w/ Hummus 326 cal
 - Sweet Potato Crinkle Cut Fries 169 cal