

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

EVERY DAY

 Cheese Pizza

Menu subject to change.

1 - Baked Ziti 390 cal - Plant-Based Fiesta Wrap w/ Hummus 377 cal - Chicken Caesar Wrap 397 cal - Yogurt Parfait, Blueberry 439 cal - Garlic Breadsticks 110 cal - Sweet Potato Crinkle Cut Fries 100 cal - Farm Fresh Green Beans 51 cal - Fresh Apple Slices 29 cal - Mixed Fruit Cup 80 cal - Pepperoni Pizza 360 cal - Hamburger on Bun 369 cal - Cheeseburger on Bun 404 cal	2 - Jamaican Beef Patty 227 cal - Vegan, Chik'n Nuggets w/ Crackers 377 cal - Chicken Caesar Wrap 397 cal - Farm Fresh Corn Cobettes 97 cal - Fresh Mini Sweet Peppers 13 cal - Variety Juice 90 cal - Fresh Apples 68 cal - Pepperoni Pizza 360 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal	3 - Chicken, General Tso's 211 cal - Vegan, Chik'n Nuggets w/ Crackers 377 cal - Salad, Caesar 187 cal - Yogurt Parfait, Blueberry 439 cal - Brown Rice 222 cal - Sweet Potato Crinkle Cut Fries 169 cal - Fresh Cucumbers with Carrots 21 cal - Mixed Fruit Cup 80 cal - Fresh Apple Slices 29 cal - Pepperoni Pizza 360 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal	4 - Arroz con Pollo 467 cal - Salad, Caesar 187 cal - Yogurt Parfait, Blueberry 439 cal - Seasoned French Fries 121 cal - Fresh Baby Carrots, Snack Pack 23 cal - Frozen Rips Strawberry Kiwi 60 cal - Fresh Apple Slices 29 cal - Milk 110 cal - Pepperoni Pizza 360 cal - Hamburger on Bun 369 cal - Cheeseburger on Bun 404 cal	5 - Chicken Caesar Wrap 397 cal - Vegan Bean & Green Chile Burrito 290 cal - Chicken, General Tso's 211 cal - Woodles Noodles 277 cal - Steamed Corn 87 cal - Fresh Sliced Cucumbers 11 cal - Fresh Apple Slices 29 cal - Pears, Cup 70 cal - Milk 110 cal - Pepperoni Pizza 360 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal
6 - Chicken, General Tso's 211 cal - Vegan, Chik'n Nuggets w/ Crackers 377 cal - Salad, Caesar 187 cal - Yogurt Parfait, Blueberry 439 cal - Brown Rice 222 cal - Sweet Potato Crinkle Cut Fries 169 cal - Fresh Cucumbers with Carrots 21 cal - Mixed Fruit Cup 80 cal - Fresh Apple Slices 29 cal - Pepperoni Pizza 360 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal	7 - Arroz con Pollo 467 cal - Salad, Caesar 187 cal - Yogurt Parfait, Blueberry 439 cal - Seasoned French Fries 121 cal - Fresh Baby Carrots, Snack Pack 23 cal - Frozen Rips Strawberry Kiwi 60 cal - Fresh Apple Slices 29 cal - Milk 110 cal - Pepperoni Pizza 360 cal - Hamburger on Bun 369 cal - Cheeseburger on Bun 404 cal	8 - Chicken Caesar Wrap 397 cal - Vegan Bean & Green Chile Burrito 290 cal - Chicken, General Tso's 211 cal - Woodles Noodles 277 cal - Steamed Corn 87 cal - Fresh Sliced Cucumbers 11 cal - Fresh Apple Slices 29 cal - Pears, Cup 70 cal - Milk 110 cal - Pepperoni Pizza 360 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal	9 No menu published	10 No menu published
11 No menu published	12 - Salad, Caesar 187 cal - Yogurt Parfait, Strawberry 446 cal - Vegan, Chik'n Nuggets 280 cal - Beef Taco/Nachos Meat 141 cal - Premium Beef Taco/Nachos Meat 167 cal - Fish Patty on Bun 319 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Tortilla Scoop Chips 110 cal - Street Corn 146 cal - Black Beans 85 cal - Strawberry Applesauce Cup 240 cal - Variety Fresh Fruit 110 cal - Milk 110 cal - Pepperoni Pizza 360 cal - Savory Herb Crackers 90 cal	13 - Korean BBQ Chicken Wings 740 cal - Salad, Caesar 187 cal - Yogurt Parfait, Strawberry 446 cal - Dinner Roll 140 cal - Fresh Carrots & Celery Sticks 17 cal - Potato, Cajun Seasoned French Fries 104 cal - Pears, Cup 70 cal - Fresh Apple Slices 29 cal - Pepperoni Pizza 360 cal - Savory Herb Crackers 90 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal	14 - Beef A Roni 364 cal - Chicken Caesar Wrap 216 cal - Vegan Bean & Green Chile Burrito 290 cal - Yogurt Parfait, Strawberry 446 cal - Hawaiian Roll 129 cal - Steamed Broccoli Wedges 49 cal - Sweet Potato 153 cal - Fresh Apple Slices 29 cal - Mixed Fruit Cup 80 cal - Milk 110 cal - Buffalo Chicken Pizza 379 cal - Savory Herb Crackers 90 cal - Hamburger on Bun 369 cal - Cheeseburger on Bun 404 cal	15 - Broward Spicy Bowl 578 cal - Broward Bowl 578 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Salad, Caesar 187 cal - Steamed California Blend Vegetables 71 cal - Fresh Mini Sweet Peppers 13 cal - Variety Juice 90 cal - Fresh Sliced Orange 66 cal - Milk 110 cal - Pepperoni Pizza 360 cal - Savory Herb Crackers 90 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal
16 - Beef & Broccoli 267 cal - Chicken Tender Sub 446 cal - Spicy Chicken Tender Sub 446 cal - Salad, Caesar 187 cal - Brown Rice 222 cal - Sweet Potato Crinkle Cut Fries 169 cal - Fresh Baby Carrots, Snack Pack 23 cal - Pineapple Wedges, Individually Wrapped 50 cal - Fresh Sliced Orange 66 cal - Milk 110 cal - Pepperoni Pizza 360 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal	17 - Salad, Caesar 187 cal - Yogurt Parfait, Strawberry 446 cal - Baked Potato 170 cal - Black Beans 85 cal - Fresh Apple Slices 29 cal - Peach Cup 70 cal - Buffalo Chicken Pizza 379 cal - Savory Herb Crackers 90 cal - Hamburger on Bun 369 cal - Cheeseburger on Bun 404 cal	18 - Philly Cheese Steak Sub 297 cal - Vegan Bean & Green Chile Burrito 290 cal - Salad, Caesar 187 cal - Yogurt Parfait, Strawberry 446 cal - Dinner Roll 70 cal - Potato, Cajun Seasoned French Fries 104 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Pears, Cup 70 cal - Fresh Sliced Orange 66 cal - Milk 110 cal - Pepperoni Pizza 360 cal - Savory Herb Crackers 90 cal - Chicken Breast Strips 214 cal - Spicy Chicken Breast Strips 214 cal	19 - Cheese Tortellini 265 cal - Meat Sauce 106 cal - Chicken Caesar Wrap 216 cal - Yogurt Parfait, Strawberry 446 cal - Hawaiian Roll 129 cal - Steamed California Blend Vegetables 71 cal - Sweet Potato 153 cal - Wedges 50 cal - Applesauce Cup 29 cal - Fresh Apple Slices 29 cal - Milk 110 cal - Pepperoni Pizza 360 cal - Savory Herb Crackers 90 cal	20 - Chicken Popcorn 255 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Salad, Caesar 187 cal - Brown Rice 222 cal - Potato, Cajun Seasoned French Fries 104 cal - Black Beans 85 cal - Variety Juice 90 cal - Fresh Banana (Ripe) 161 cal - Milk 110 cal - Pepperoni Pizza 360 cal - Savory Herb Crackers 90 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal
21 - Beef & Broccoli 267 cal - Chicken Tender Sub 446 cal - Spicy Chicken Tender Sub 446 cal - Salad, Caesar 187 cal - Brown Rice 222 cal - Sweet Potato Crinkle Cut Fries 169 cal - Fresh Baby Carrots, Snack Pack 23 cal - Pineapple Wedges, Individually Wrapped 50 cal - Fresh Sliced Orange 66 cal - Milk 110 cal - Pepperoni Pizza 360 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal	22 - Salad, Caesar 187 cal - Yogurt Parfait, Strawberry 446 cal - Baked Potato 170 cal - Black Beans 85 cal - Fresh Apple Slices 29 cal - Peach Cup 70 cal - Buffalo Chicken Pizza 379 cal - Savory Herb Crackers 90 cal - Hamburger on Bun 369 cal - Cheeseburger on Bun 404 cal	23 - Philly Cheese Steak Sub 297 cal - Vegan Bean & Green Chile Burrito 290 cal - Salad, Caesar 187 cal - Yogurt Parfait, Strawberry 446 cal - Dinner Roll 70 cal - Potato, Cajun Seasoned French Fries 104 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Pears, Cup 70 cal - Fresh Sliced Orange 66 cal - Milk 110 cal - Pepperoni Pizza 360 cal - Savory Herb Crackers 90 cal - Chicken Breast Strips 214 cal - Spicy Chicken Breast Strips 214 cal	24 - Cheese Tortellini 265 cal - Meat Sauce 106 cal - Chicken Caesar Wrap 216 cal - Yogurt Parfait, Strawberry 446 cal - Hawaiian Roll 129 cal - Steamed California Blend Vegetables 71 cal - Sweet Potato 153 cal - Wedges 50 cal - Applesauce Cup 29 cal - Fresh Apple Slices 29 cal - Milk 110 cal - Pepperoni Pizza 360 cal - Savory Herb Crackers 90 cal	25 - Chicken Popcorn 255 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Salad, Caesar 187 cal - Brown Rice 222 cal - Potato, Cajun Seasoned French Fries 104 cal - Black Beans 85 cal - Variety Juice 90 cal - Fresh Banana (Ripe) 161 cal - Milk 110 cal - Pepperoni Pizza 360 cal - Savory Herb Crackers 90 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal
26 - Chicken Teriyaki 245 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Salad, Caesar 187 cal - Vegetable Egg Roll 140 cal - Lo Mein 265 cal - Steamed Broccoli 49 cal - Fresh Baby Carrots, Snack Pack 23 cal - Frozen Whole Fruit Cup 77 cal - Fresh Apple Slices 29 cal - Milk 110 cal - Pepperoni Pizza 360 cal - Savory Herb Crackers 90 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal	27 - Beef & Cheese Taco Crisp 360 cal - Vegan Bean & Green Chile Burrito 290 cal - Salad, Caesar 187 cal - Yogurt Parfait, Strawberry 446 cal - Plantains 283 cal - Black Beans 85 cal - Applesauce Cup 50 cal - Fresh Sliced Orange 66 cal - Milk 110 cal - Buffalo Chicken Pizza 379 cal - Savory Herb Crackers 90 cal - Mini Chicken Fillet Slider on Hawaiian Roll 461 cal	28 - Parmesan Seasoned Chicken Wings 758 cal - Korean BBQ Chicken Wings 740 cal - Chicken Caesar Wrap 216 cal - Latin Style Black Beans w/ Brown Rice 113 cal - Yogurt Parfait, Strawberry 446 cal - Brown Rice 222 cal - Potato, Cajun Seasoned French Fries 104 cal - Fresh Grape Tomato Salad 15 cal - Pears, Cup 70 cal - Fresh Apple Slices 29 cal - Milk 110 cal - Pepperoni Pizza 360 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Breaded Chicken Fillet on Bun 344 cal	29 - Baked Ziti 390 cal - Salad, Caesar 187 cal - Yogurt Parfait, Strawberry 446 cal - Garlic Breadsticks 110 cal - Sweet Potato Crinkle Cut Fries 169 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Fresh Apple Slices 29 cal - Mixed Fruit Cup 80 cal - Milk 110 cal - Buffalo Chicken Pizza 379 cal - Savory Herb Crackers 90 cal - Hamburger on Bun 369 cal - Cheeseburger on Bun 404 cal	30 - Chicken Popcorn 255 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Salad, Caesar 187 cal - Yogurt Parfait, Strawberry 446 cal - Brown Rice 222 cal - Farm Fresh Corn Cobettes 97 cal - Fresh Mini Sweet Peppers 13 cal - Variety Juice 90 cal - Fresh Apple Slices 29 cal - Milk 110 cal - Pepperoni Pizza 360 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal