

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

Macaroni and Cheese 312 cal

- Turkey & Beef Pepperoni Stuffed Sandwich 301 cal
- Hummus with Savory Herb Crackers 402 cal
- Garlic Breadsticks 110 cal
- Sweet Potato Crinkle Cut Fries 169 cal
- Black Beans 85 cal
- Mixed Fruit Cup 80 cal

6

Arroz con Pollo 312 cal

- Latin Style Black Beans w/ Brown Rice 85 cal
- Salad, Sliced Turkey & Cheese 217 cal
- Soft Tortilla 91 cal
- Brown Rice 111 cal
- Savory Herb Crackers 90 cal
- Street Corn 138 cal
- Tossed Salad, w/Grape Tomatoes & Carrots, Shredde 17 cal
- Frozen Rips Strawberry Kiwi 60 cal

7

Boneless Chicken Wings 215 cal

- Parfait, Strawberry w/Cheese Stick 319 cal
- Plant-Based Fiesta Salad w/ Hummus 302 cal
- Mini Waffles 89 cal
- Savory Herb Crackers 90 cal
- Tater Tots 116 cal
- Steamed California Blend Vegetables 71 cal
- Fresh Apple Slices 29 cal

1

Chicken Parmesan over Penne Pasta 399 cal

- Chicken Caesar Wrap 397 cal
- Hummus with Savory Herb Crackers 402 cal
- Garlic Breadsticks 110 cal
- Fresh Baby Carrots, Snack Pack 23 cal
- Tossed Salad, w/Grape Tomatoes & Carrots, Shredde 17 cal
- Fresh Apple Slices 29 cal

2

Garlic Cheese Pizza 370 cal

- Yogurt w/ Cheese & Crackers 387 cal
- Vegan Bean & Green Chile Burrito 290 cal
- Steamed California Blend Vegetables 71 cal
- Steamed Broccoli 49 cal
- Fruit Blend Juice 90 cal

12

No menu published

13

Chicken Popcorn 255 cal

- Philly Cheese Steak Sub 304 cal
- Latin Style Black Beans w/ Brown Rice 85 cal
- Brown Rice 111 cal
- Fresh Mini Sweet Peppers 13 cal
- Potato Smiles 130 cal
- Pineapple Wedges, Individually Wrapped 50 cal

14

Breaded Chicken Drumstick 442 cal

- Honey BBQ Rib on Bun 351 cal
- Salad, w/ Small Red Beans & Seeds 316 cal
- Hawaiian Roll 129 cal
- Savory Herb Crackers 90 cal
- Farm Fresh Corn Cobettes 97 cal
- Steamed Spinach 96 cal
- Fresh Apples 68 cal

15

Cheese Tortellini 199 cal

- Meat Sauce 106 cal
- Salad, Caesar 175 cal
- Hummus with Savory Herb Crackers 402 cal
- Garlic Breadsticks 110 cal
- Tossed Salad, w/Grape Tomatoes & Carrots, Shredde 17 cal
- Steamed California Blend Vegetables 71 cal
- Fresh Apple Slices 29 cal

16

Pizza Crunchers 436 cal

- Beef Hot Dog on Bun 308 cal
- Vegan, Chik'n Nuggets w/ Crackers 396 cal
- Baked Beans 150 cal
- Fruit Blend Juice 90 cal

19

Chicken, Tangerine 210 cal

- Turkey Ham & Cheese Melt 306 cal
- Vegan, Chik'n Nuggets w/ Crackers 396 cal
- Woodles Noodles 138 cal
- Sweet Potato Wedges 153 cal
- Mixed Vegetables 30 cal
- Peach Cup 70 cal

20

Beef & Cheese Taco Crisp 360 cal

- Vegan Bean & Green Chile Burrito 290 cal
- Vegetable, Pepper & Onion Fajita Blend 44 cal
- Black Beans 85 cal
- Strawberry Applesauce Cup 70 cal

21

Breaded Chicken Fillet on Bun 344 cal

- Yogurt w/ Sunflower Seeds & Crackers 496 cal
- Vegan Hummus and w/ Tortilla Round 370 cal
- Potato Wedges 144 cal
- Steamed Broccoli 49 cal
- Fresh Apple Slices 29 cal

22

No menu published

23

Pull Apart Cheesy Beef Pepperoni Breadsticks 271 cal

- Fish Patty on Bun 319 cal
- Vegan Hummus and w/ Tortilla Round 370 cal
- Fresh Sliced Cucumbers 11 cal
- Sweet Potato Crinkle Cut Fries 169 cal
- Fruit Blend Juice 90 cal

26

Chicken Teriyaki 245 cal

- Vegan, Chik'n Nuggets 280 cal
- Korean BBQ Shredded Chicken on Bun 341 cal
- Vegetable Egg Roll 140 cal
- Lo Mein 133 cal
- Roasted Farm Fresh Green Beans 40 cal
- Mixed Vegetables 30 cal
- Frozen Whole Fruit Cup 77 cal

27

Mexican Pizza 351 cal

- Breaded Mozzarella Cheese Sticks 390 cal
- Latin Style Black Beans w/ Brown Rice 85 cal
- Brown Rice 111 cal
- Sweet Potato Wedges 153 cal
- Tossed Salad, w/Grape Tomatoes & Carrots, Shredde 17 cal
- Applesauce Cup 50 cal

28

Cheeseburger on Bun 404 cal

- Baked Corndog 243 cal
- Vegan Salad, w/ Garbanzo Beans 324 cal
- Savory Herb Crackers 90 cal
- Potato, Cajun Seasoned French Fries 104 cal
- Baked Beans 150 cal
- Fresh Banana (Ripe) 161 cal

29

Chicken Parmesan over Penne Pasta 388 cal

- Chicken Caesar Wrap 216 cal
- Hummus with Savory Herb Crackers 402 cal
- Fresh Baby Carrots, Snack Pack 23 cal
- Tossed Salad, w/Grape Tomatoes & Carrots, Shredde 17 cal
- Smooth-Frozen SideKicks Theme Celebrations 75 cal
- Fresh Apple Slices 29 cal

30

Garlic Cheese Pizza 370 cal

- Yogurt w/ Cheese & Crackers 387 cal
- Vegan Bean & Green Chile Burrito 290 cal
- Steamed California Blend Vegetables 71 cal
- Steamed Broccoli 49 cal
- Fruit Blend Juice 90 cal

EVERY DAY

Milk

Menu subject to change.