

SUPPER

OCTOBER 2026

Stephen Foster Elementary

Broward County Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
			1 HONEY BBQ RIB ON BUN 351 cal - Cool Tropics Berry Citrus Veggie Edge 60 cal - Fresh Sliced Orange 66 cal	2 PULL APART CHEEZY BREADSTICKS 261 cal Mixed Fruit Cup 80 cal
5 CHEESEBURGER ON BUN 404 cal - Potato Wedges 144 cal - Fresh Sliced Orange 66 cal	6 SOY NO-NUTBUTTER SANDWICH W/ CHEESE STICK 371 cal - Steamed Fresh Baby Carrots 49 cal - Strawberry Applesauce Cup 70 cal	7 TURKEY HAM & CHEESE STUFFER 320 cal - Deli Roasted Potatoes 104 cal - Fresh Banana (Ripe) 161 cal	8 No menu published	9 No menu published
12 No menu published	13 GRILLED CHEESE 284 cal - Steamed Broccoli 49 cal - Pears, Cup 70 cal	14 VEGAN BEAN & GREEN CHILE BURRITO 290 cal - Tortilla Chips 200 cal - Peach Cup 70 cal	15 PIZZA, CHEESE DEEP DISH 310 cal - Steamed Corn 107 cal - Applesauce Cup 50 cal	16 JAMAICAN BEEF PATTY 227 cal - Sweet Potato Wedges 153 cal - Fresh Banana (Ripe) 161 cal
19 FRENCH BREAD GARLIC PIZZA 383 cal Pears, Cup 70 cal	20 TURKEY & BEEF PEPPERONI STUFFED SANDWICH 301 cal - Steamed Spinach 96 cal - Pineapple Tidbits Cup 60 cal	21 MACARONI AND CHEESE 313 cal - Steamed Fresh Baby Carrots 49 cal - Strawberry Applesauce Cup 70 cal	22 CHICKEN PIZZA QUESADILLA 281 cal - Fresh Mini Sweet Peppers 13 cal - Pineapple Wedges, Individually Wrapped 50 cal	23 SOFT PRETZEL 141 cal - Steamed Broccoli 49 cal - Mixed Fruit Cup 80 cal
26 CHICKEN BREAST STRIPS 214 cal - Farm Fresh Green Beans 51 cal - Blue Raspberry Applesauce Cup 60 cal	27 MINI PEPPERONI CALZONE 360 cal - Plantains 283 cal - Peach Cup 70 cal	28 CHICKEN POPCORN 255 cal - Peas and Carrots Blend Vegetables 91 cal - Fresh Banana (Ripe) 161 cal	29 HONEY BBQ RIB ON BUN 351 cal - Cool Tropics Berry Citrus Veggie Edge 60 cal - Fresh Sliced Orange 66 cal	30 SOY NO-NUTBUTTER SANDWICH W/ CHEESE STICK 371 cal - Carrot Juice 60 cal - Applesauce Cup 50 cal

Served every day:
Wheat Roll • Milk

Menu data from Broward County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Broward County Public Schools publishes them.