

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			- YOGURT PARFAIT, STRAWBERRY 446 cal - Vegan, Chik'n Nuggets w/ Crackers 377 cal - Salad, Popcorn 295 cal - Chicken - Roasted Zucchini, Yellow Squash Mix 48 cal - Sweet Potato Crinkle Cut Fries 169 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Farm Fresh Green Beans 51 cal - Fresh Apple Slices 29 cal - Mixed Fruit Cup 80 cal - Buffalo Chicken Pizza 379 cal - Dinner Roll 140 cal	- BREADED BREAST FILLET SALAD 270 cal - Farm Fresh Corn Cobettes 97 cal - Fresh Mini Sweet Peppers 13 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Black Beans 96 cal - Fresh Grape Tomato Salad 15 cal - Variety Juice 90 cal - Fresh Sliced Orange 66 cal - Four Meat Pizza 371 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Dinner Roll 140 cal
5	6	7	8	9
- SALAD, CHICKEN TENDERS 383 cal - Vegan Salad, w/ Chik'n Nuggets 336 cal - Peas and Carrots Blend Vegetables 91 cal - Sweet Potato Crinkle Cut Fries 169 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Fresh Cucumbers with Carrots 21 cal - Mixed Fruit Cup 80 cal - Fresh Apple Slices 29 cal - Four Meat Pizza 371 cal - Dinner Roll 140 cal	- YOGURT PARFAIT, BLUEBERRY 439 cal - Salad, Popcorn 295 cal - Chicken - Salad, Egg & Cheese 247 cal - Black Beans 85 cal - Seasoned French Fries 121 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Fresh Zucchini and Yellow Squash Salad 15 cal - Fresh Baby Carrots, Snack Pack 23 cal - Frozen Rips Strawberry Kiwi 60 cal - Fresh Banana (Ripe) 161 cal - Buffalo Chicken Pizza 379 cal - Dinner Roll 140 cal	- SALAD, CHEF 287 cal - Yogurt Parfait, Strawberry 446 cal - Steamed Corn 107 cal - Fresh Sliced Cucumbers 11 cal - Fresh Grape Tomato Salad 15 cal - Tossed Salad w/Romaine Lettuce & Sliced Tomatoes 15 cal - Black Beans 96 cal - Fresh Apple Slices 29 cal - Pears, Cup 70 cal - Four Meat Pizza 371 cal - Dinner Roll 70 cal	No menu published	No menu published
12	13	14	15	16
No menu published	- BURRITO BOWL 347 cal - Fish Patty on Bun 319 cal - Latin Style Black Beans w/ Brown Rice 113 cal - Tortilla Scoop Chips 110 cal - Brown Rice 222 cal - Black Beans 85 cal - Strawberry Applesauce Cup 70 cal - Buffalo Chicken Pizza 379 cal - Yogurt Parfait, Peach 492 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Breaded Chicken Fillet on Bun 344 cal - Fresh Apples 68 cal - Cheeseburger on Bun 404 cal	- SALAD, POPCORN CHICKEN 295 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Fresh Carrots & Celery Sticks 17 cal - Potato, Cajun Seasoned French Fries 104 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Black Beans 96 cal - Pears, Cup 70 cal - Fresh Sliced Orange 66 cal - Four Meat Pizza 371 cal - Dinner Roll 70 cal	- YOGURT PARFAIT, PEACH 492 cal - Salad, Caesar 187 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Steamed Broccoli 49 cal - Sweet Potato Wedges 153 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Broccoli (Cold) 28 cal - Fresh Baby Carrots, Snack Pack 23 cal - Variety Juice 90 cal - Fresh Apples 68 cal - Four Meat Pizza 371 cal	- JAMAICAN BEEF PATTY 227 cal - Salad, Chef 287 cal - Steamed California Blend Vegetables 71 cal - Fresh Mini Sweet Peppers 13 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Fresh Baby Carrots, Snack Pack 23 cal - Variety Juice 90 cal - Fresh Apples 68 cal - Four Meat Pizza 371 cal
19	20	21	22	23
- SALAD, CAESAR 187 cal - Roasted Farm Fresh Green Beans 40 cal - Sweet Potato Crinkle Cut Fries 169 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Fresh Baby Carrots, Snack Pack 23 cal - Pineapple Wedges, Individually Wrapped 50 cal - Fresh Pears 75 cal - Four Meat Pizza 371 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Dinner Roll 70 cal	- YOGURT PARFAIT, BLUEBERRY 439 cal - Salad, Caesar 187 cal - Black Beans 85 cal - Steamed Broccoli 49 cal - Tossed Salad w/Romaine Lettuce & Diced Tomatoes 15 cal - Fresh Broccoli & Cucumber Salad 11 cal - Fresh Apple Slices 29 cal - Peach Cup 70 cal - Buffalo Chicken Pizza 379 cal	- SALAD, CHICKEN TENDERS 270 cal - Salad, Seeds & Cheese 367 cal - Fresh Carrots & Celery Sticks 17 cal - Potato, Cajun Seasoned French Fries 104 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Fresh Grape Tomato Salad 15 cal - Pears, Cup 70 cal - Fresh Apples 68 cal - Four Meat Pizza 371 cal	- YOGURT PARFAIT, STRAWBERRY 446 cal - Salad, Popcorn 295 cal - Chicken - Steamed California Blend Vegetables 71 cal - Sweet Potato Wedges 153 cal - Tossed Salad w/Romaine Lettuce & Sliced Tomatoes 15 cal - Fresh Zucchini and Yellow Squash Salad 15 cal - Applesauce Cup 50 cal - Fresh Sliced Orange 66 cal - Buffalo Chicken Pizza 379 cal	- VEGAN SALAD, W/ CHIK'N NUGGETS 336 cal - Salad, Chef 287 cal - Potato, Cajun Seasoned French Fries 104 cal - Roasted Butternut Squash 82 cal - Black Beans 96 cal - Variety Juice 90 cal - Fresh Apple Slices 29 cal - Four Meat Pizza 371 cal - Dinner Roll 70 cal
26	27	28	29	30
- SALAD, CAESAR 187 cal - Steamed Broccoli 49 cal - Roasted Dill Carrots 51 cal - Tossed Salad w/Romaine Lettuce & Sliced Tomatoes 15 cal - Fresh Baby Carrots, Snack Pack 23 cal - Frozen Whole Fruit Cup 77 cal - Fresh Pears 75 cal - Four Meat Pizza 371 cal - Dinner Roll 70 cal	- YOGURT PARFAIT, BLUEBERRY 439 cal - Salad, Chicken 270 cal - Tenders - Plantains 283 cal - Tossed Salad w/Romaine Lettuce & Sliced Tomatoes 15 cal - Fresh Broccoli & Cucumber Salad 11 cal - Applesauce Cup 50 cal - Fresh Sliced Orange 66 cal - Buffalo Chicken Pizza 379 cal - Dinner Roll 140 cal	- SALAD, CAESAR 187 cal - Vegan Salad, w/ Chik'n Nuggets 336 cal - Yogurt Parfait, Strawberry 446 cal - Fresh Carrots & Celery Sticks 17 cal - Potato, Cajun Seasoned French Fries 104 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Black Beans 96 cal - Fresh Grape Tomato Salad 15 cal - Pears, Cup 70 cal - Fresh Apples 68 cal - Four Meat Pizza 371 cal - Dinner Roll 70 cal	- YOGURT PARFAIT, BLUEBERRY 439 cal - Salad, Vegan w/ Buffalo Fava Crisp 248 cal - Salad, Chicken 270 cal - Tenders - Roasted Zucchini, Yellow Squash Mix 48 cal - Sweet Potato Crinkle Cut Fries 169 cal - Tossed Salad w/Romaine Lettuce & Sliced Tomatoes 15 cal - Farm Fresh Green Beans 51 cal - Fresh Apple Slices 29 cal - Mixed Fruit Cup 80 cal - Buffalo Chicken Pizza 379 cal - Dinner Roll 70 cal	- SALAD, EGG & CHEESE 247 cal - Farm Fresh Corn Cobettes 97 cal - Fresh Mini Sweet Peppers 13 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Black Beans 96 cal - Fresh Grape Tomato Salad 15 cal - Variety Juice 90 cal - Fresh Apple Slices 29 cal - Four Meat Pizza 371 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Dinner Roll 70 cal

Served every day:
Milk • Cheese Pizza • Pepperoni Pizza • Savory Herb Crackers

Menu data from Broward County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Broward County Public Schools publishes them.