



Broward County Public Schools

Royal Palm Elementary

Supper · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5
Cheeseburger on Bun 404 cal
Potato Wedges 144 cal
Fresh Sliced Orange 66 cal

6
Soy No-Nutbutter Sandwich w/ Cheese Stick 371 cal
Wheat Roll 78 cal
Steamed Fresh Baby Carrots 49 cal
Strawberry Applesauce Cup 70 cal

7
Turkey Ham & Cheese Stuffer 320 cal
Deli Roasted Potatoes 104 cal
Peach Cup 70 cal

1
Honey BBQ Rib on Bun 351 cal
Cool Tropics Berry Citrus Veggie Edge 60 cal
Fresh Sliced Orange 66 cal

2
Pull Apart Cheezy Breadsticks 261 cal
Mixed Fruit Cup 80 cal

8
No menu published

9
No menu published

12
No menu published

13
Jamaican Beef Patty 227 cal
Steamed Broccoli 49 cal
Pears, Cup 70 cal

14
Vegan Bean & Green Chile Burrito 290 cal
Tortilla Chips 200 cal
Peach Cup 70 cal

15
Pizza, Cheese Deep Dish 310 cal
Steamed Corn 107 cal
Applesauce Cup 50 cal

16
Jamaican Beef Patty 227 cal
Sweet Potato Wedges 153 cal
Fresh Banana (Ripe) 161 cal

19
French Bread Garlic Pizza 383 cal
Pears, Cup 70 cal

20
Turkey & Beef Pepperoni Stuffed Sandwich 301 cal
Steamed Spinach 96 cal
Pineapple Tidbits Cup 60 cal

21
Macaroni and Cheese 313 cal
Steamed Fresh Baby Carrots 49 cal
Strawberry Applesauce Cup 70 cal

22
Chicken Pizza Quesadilla 281 cal
Fresh Mini Sweet Peppers 13 cal
Pineapple Wedges, Individually Wrapped 50 cal

23
Soft Pretzel 141 cal
Steamed Broccoli 49 cal
Mixed Fruit Cup 80 cal

26
Chicken Breast Strips 214 cal
Farm Fresh Green Beans 51 cal
Blue Raspberry Applesauce Cup 60 cal

27
Mini Pepperoni Calzone 360 cal
Plantains 283 cal
Peach Cup 70 cal

28
Chicken Popcorn 255 cal
Peas and Carrots Blend Vegetables 91 cal
Fresh Banana (Ripe) 161 cal

29
Honey BBQ Rib on Bun 351 cal
Cool Tropics Berry Citrus Veggie Edge 60 cal
Fresh Sliced Orange 66 cal

30
Soy No-Nutbutter Sandwich w/ Cheese Stick 371 cal
Carrot Juice 60 cal
Applesauce Cup 50 cal

Served every day



Milk

Menu data from Broward County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Broward County Public Schools publishes them.

MealViewer