

Broward County Public Schools
Piper High
Breakfast · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5
Breaded Mini Chicken Fillet 111 cal
Breakfast Biscuit 106 cal
Pears, Cup 70 cal
Orange Juice 90 cal

6
Mini Waffles 179 cal
Yogurt Parfait w/ Strawberry 228 cal
Breakfast Biscuit 106 cal
Chilled Mixed Fruit 62 cal
Applesauce Cup 50 cal

7
Breakfast Pizza 180 cal
Yogurt Parfait w/ Strawberry 228 cal
Breakfast Biscuit 106 cal
Chilled Peaches 63 cal
Fresh Banana (Ripe) 161 cal

No menu published

No menu published

No menu published

13
Breakfast Biscuit 106 cal
Chilled Pears 63 cal
Fresh Banana (Ripe) 161 cal

14
Breakfast Croissant with Ham and Swiss Cheese 300 cal
Yogurt Parfait w/ Strawberry 228 cal
Croissant Roll 111 cal
Chilled Mixed Fruit 62 cal
Fresh Apple Slices 29 cal
Fresh Sliced Orange 66 cal

15
Cinnamon French Toast Sticks 338 cal
Yogurt Parfait w/ Blueberry 222 cal
Breakfast Biscuit 106 cal
Peach Cup 70 cal
Pineapple Wedges, Individually Wrapped 50 cal

16
Breakfast Biscuit 106 cal
Deli Roasted Potatoes 104 cal
Fresh Mandarins 98 cal

19
Breaded Mini Chicken Fillet 111 cal
Breakfast Biscuit 106 cal
Mandarin Oranges Cup 74 cal
Orange Juice 90 cal

20
Guava Pastry Bites & Cheese Bites 272 cal
Yogurt Parfait w/ Blueberry 222 cal
Croissant Roll 111 cal
Chilled Mixed Fruit 62 cal
Cinnamon Applesauce Cup 50 cal

21
Breakfast, Spicy Egg Patty & Cheese on a Croissant 206 cal
Yogurt Parfait w/ Strawberry 228 cal
Breakfast Biscuit 106 cal
Chilled Peaches 63 cal
Fresh Banana (Ripe) 161 cal

22
Cinnamon French Toast Sticks 338 cal
Yogurt Parfait w/ Blueberry 222 cal
Croissant Roll 111 cal
Chilled Pears 63 cal
Fresh Apple Slices 29 cal

23
Breakfast Bacon, Egg & Cheese Taco 351 cal
Breakfast Biscuit 106 cal
Baby Cakes Hash Browns 130 cal
Fresh Mandarins 98 cal

26
Pork Sausage Patty 70 cal
Breakfast Biscuit 106 cal
Peach Cup 70 cal
Cinnamon Applesauce Cup 50 cal

27
Breakfast Chicken & Waffles 200 cal
Yogurt Parfait w/ Blueberry 222 cal
Breakfast Biscuit 106 cal
Chilled Pears 63 cal
Apple Juice 90 cal

28
Yogurt Parfait w/ Strawberry 228 cal
Breakfast Bagel 149 cal
Croissant Roll 111 cal
Fresh Banana (Ripe) 161 cal
Chilled Mixed Fruit 62 cal

29
Cinnamon French Toast Sticks 338 cal
Yogurt Parfait w/ Blueberry 222 cal
Breakfast Biscuit 106 cal
Pineapple Tidbits Cup 60 cal
Fresh Pears 75 cal

30
Breakfast, Cheese Omelet 110 cal
Croissant Roll 111 cal
Breakfast Biscuit 106 cal
Deli Roasted Potatoes 104 cal
Fresh Sliced Orange 66 cal

Served every day

Assorted Cereal · Flavored Yogurt Cup · Hard Boiled Egg · Milk