

BREAKFAST OCTOBER 2026

Peters Elementary

Broward County Public Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

Breaded Mini Chicken Fillet 111 cal

Breakfast Biscuit 106 cal

Pears, Cup 70 cal

Orange Juice 90 cal

6

Mini Waffles 179 cal

Breakfast Biscuit 106 cal

Chilled Mixed Fruit 62 cal

Applesauce Cup 50 cal

7

Breakfast, Egg Patty & Cheese on a Croissant 197 cal

Croissant Roll 111 cal

Chilled Peaches 63 cal

Fresh Banana (Ripe) 161 cal

Breakfast, Egg Patty 50 cal

1

Cinnamon French Toast Sticks 254 cal

Breakfast Biscuit 106 cal

Pineapple Tidbits 60 cal

Cup 50 cal

Applesauce Cup 50 cal

2

Breakfast, Cheese Omelet 110 cal

Pop Tart & Cheese 268 cal

Croissant Roll 111 cal

Deli Roasted Potatoes 104 cal

Fresh Mandarins 98 cal

12

No menu published

13

Buttermilk Pancakes 147 cal

Breakfast Biscuit 106 cal

Variety Juice 90 cal

Fresh Banana (Ripe) 161 cal

14

Breakfast Pizza 180 cal

Breakfast Biscuit 106 cal

Chilled Mixed Fruit 62 cal

Fresh Banana (Ripe) 161 cal

8

No menu published

15

Cinnamon French Toast Sticks 254 cal

Breakfast Biscuit 106 cal

Peach Cup 70 cal

Applesauce Cup 50 cal

16

Pop Tart & Cheese 268 cal

Breakfast Biscuit 106 cal

Deli Roasted Potatoes 104 cal

Fresh Mandarins 98 cal

19

Breaded Mini Chicken Fillet 111 cal

Breakfast Biscuit 106 cal

Mandarin Oranges Cup 74 cal

Orange Juice 90 cal

20

Breakfast Biscuit 106 cal

Chilled Mixed Fruit 62 cal

Applesauce Cup 50 cal

21

Breakfast, Egg Patty & Cheese on a Croissant 197 cal

Croissant Roll 111 cal

Chilled Peaches 63 cal

Fresh Banana (Ripe) 161 cal

Breakfast, Egg Patty 50 cal

22

Cinnamon French Toast Sticks 254 cal

Breakfast Biscuit 106 cal

Chilled Pears 63 cal

Fresh Sliced Orange 33 cal

23

Pop Tart & Cheese 268 cal

Eggstravaganza 112 cal

Breakfast Biscuit 106 cal

Baby Cakes Hash Browns 130 cal

Fresh Mandarins 98 cal

26

Pork Sausage Patty 70 cal

Breakfast Biscuit 106 cal

Peach Cup 70 cal

Cinnamon Applesauce Cup 50 cal

27

Breakfast Chicken & Waffles 200 cal

Breakfast Biscuit 106 cal

Chilled Pears 63 cal

Orange Juice 90 cal

Mini Waffles 89 cal

Apple Juice 60 cal

28

Breakfast Biscuit 106 cal

Breakfast Bagel 149 cal

Chilled Mixed Fruit 62 cal

Fresh Banana (Ripe) 161 cal

29

Cinnamon French Toast Sticks 254 cal

Breakfast Biscuit 106 cal

Pineapple Tidbits 60 cal

Cup 50 cal

Fresh Sliced Orange 33 cal

30

Breakfast, Cheese Omelet 110 cal

Pop Tart & Cheese 268 cal

Croissant Roll 111 cal

Deli Roasted Potatoes 104 cal

Fresh Mandarins 98 cal

EVERY DAY

- Assorted Cereal
- Variety Yogurt Cup
- Milk
- White Milk

Menu subject to change.