

Parkside Elementary

Breakfast · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Breaded Mini Chicken Fillet 111 cal
 **Flavored Yogurt Cup** 90 cal
 **Breakfast Biscuit** 106 cal
 **Strawberry Nutrigrain Bar** 150 cal
 **Pears, Cup** 70 cal
 **Orange Juice** 90 cal

Mini Waffles 179 cal
 **Yogurt Parfait w/ Strawberry** 228 cal
 **Breakfast Biscuit** 106 cal
 **Chilled Mixed Fruit** 62 cal
 **Applesauce Cup** 50 cal

Breakfast, Egg Patty & Cheese on a Croissant 197 cal
 **Flavored Yogurt Cup** 90 cal
 **Croissant Roll** 111 cal
 **Chilled Peaches** 63 cal
 **Fresh Banana (Ripe)** 161 cal
 **Breakfast, Egg Patty** 50 cal

No menu published

No menu published

No menu published

Buttermilk Pancakes 147 cal
 **Flavored Yogurt Cup** 90 cal
 **Breakfast Biscuit** 106 cal
 **Chilled Pears** 63 cal
 **Variety Juice** 90 cal
 **Apple Juice** 60 cal

Breakfast Pizza 180 cal
 **Yogurt Parfait w/ Strawberry** 228 cal
 **Breakfast Biscuit** 106 cal
 **Variety Juice** 90 cal

Cinnamon French Toast Sticks 254 cal
 **Flavored Yogurt Cup** 90 cal
 **Breakfast Biscuit** 106 cal
 **Peach Cup** 70 cal
 **Fresh Apple Slices** 29 cal

Hard Boiled Egg 78 cal
 **Pop Tart & Cheese** 268 cal
 **Breakfast Biscuit** 106 cal
 **Deli Roasted Potatoes** 104 cal
 **Fresh Mandarins** 98 cal

Breaded Mini Chicken Fillet 111 cal
 **Flavored Yogurt Cup** 90 cal
 **Breakfast Biscuit** 106 cal
 **Strawberry Nutrigrain Bar** 150 cal
 **Mandarin Oranges Cup** 74 cal
 **Orange Juice** 90 cal

Guava Pastry Bites & Cheese Bites 272 cal
 **Yogurt Parfait w/ Strawberry** 228 cal
 **Breakfast Biscuit** 106 cal
 **Chilled Mixed Fruit** 62 cal
 **Applesauce Cup** 50 cal
 **Cheese Bites** 151 cal

Breakfast, Egg Patty & Cheese on a Croissant 197 cal
 **Flavored Yogurt Cup** 90 cal
 **Croissant Roll** 111 cal
 **Chilled Peaches** 63 cal
 **Fresh Banana (Ripe)** 161 cal
 **Milk** 110 cal
 **Breakfast, Egg Patty** 50 cal

Cinnamon French Toast Sticks 254 cal
 **Flavored Yogurt Cup** 90 cal
 **Breakfast Biscuit** 106 cal
 **Chilled Pears** 63 cal
 **Fresh Apple Slices** 29 cal
 **Milk** 110 cal

Breakfast Bacon, Egg & Cheese Taco 190 cal
 **Pop Tart & Cheese** 268 cal
 **Breakfast Biscuit** 106 cal
 **Baby Cakes Hash Browns** 130 cal
 **Fresh Mandarins** 98 cal
 **Milk** 110 cal
 **Eggstravaganza** 84 cal

Pork Sausage Patty 70 cal
 **Flavored Yogurt Cup** 90 cal
 **Breakfast Biscuit** 106 cal
 **Strawberry Nutrigrain Bar** 150 cal
 **Peach Cup** 70 cal
 **Cinnamon Applesauce Cup** 50 cal

Breakfast Chicken & Waffles 200 cal
 **Yogurt Parfait w/ Strawberry** 228 cal
 **Breakfast Biscuit** 106 cal
 **Chilled Pears** 63 cal
 **Orange Juice** 90 cal
 **Mini Waffles** 89 cal
 **Apple Juice** 60 cal

Hard Boiled Egg 78 cal
 **Flavored Yogurt Cup** 90 cal
 **Breakfast Biscuit** 106 cal
 **Breakfast Bagel** 149 cal
 **Chilled Mixed Fruit** 62 cal
 **Fresh Banana (Ripe)** 161 cal

Applesauce Cup 50 cal
 **Cinnamon French Toast Sticks** 169 cal

Breakfast, Cheese Omelet 110 cal
 **Pop Tart & Cheese** 268 cal
 **Croissant Roll** 111 cal
 **Deli Roasted Potatoes** 104 cal
 **Fresh Mandarins** 98 cal

Served every day

 Assorted Cereal ·  White Milk