

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5 - Chicken, General Tso's 211 cal - Vegan, Chik'n Nuggets w/ Crackers 377 cal - Salad, Chicken Tenders 311 cal - Salad, Egg & Cheese 247 cal - Vegan Salad w/ Garbanzo Beans 241 cal - Brown Rice 148 cal - Peas and Carrots Blend 91 cal - Sweet Potato Crinkle Cut Fries 169 cal - Fresh Cucumbers with Carrots 21 cal - Mixed Fruit Cup 80 cal - Fresh Apples 68 cal - Breaded Chicken Fillet on Bun 344 cal	6 - Arroz con Pollo 312 cal - Mexican Pizza 351 cal - Latin Style Black Beans w/ Brown Rice 133 cal - Brown Rice 148 cal - Black Beans 85 cal - Seasoned French Fries 121 cal - Tossed Salad w/Romaine Lettuce & Sliced Tomatoes 15 cal - Fresh Zucchini and Yellow Squash Salad 15 cal - Fresh Baby Carrots, Snack Pack 23 cal - Frozen Rips 60 cal - Strawberry Kiwi 68 cal - Fresh Apples 68 cal - Hamburger on Bun 369 cal	7 - Hoke Poke Chicken Teriyaki 245 cal - Hoke Poke Chicken, General Tso's 211 cal - Chicken Caesar Wrap 397 cal - Vegan Bean & Green Chile Burrito 290 cal - Woodsley Noodles 138 cal - Steamed Corn 107 cal - Fresh Sliced Cucumbers 11 cal - Fresh Grape Tomato Salad 15 cal - Tossed Salad w/Romaine Lettuce & Diced Tomatoes 15 cal - Tossed Salad w/Romaine Lettuce & Sliced Tomatoes 15 cal - Black Beans 96 cal - Fresh Apple Slices 29 cal - Pears, Cup 70 cal - Dinner Roll 70 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Chicken Breast Strips 214 cal - Spicy Chicken Breast Strips 214 cal - Four Meat Pizza 371 cal	1 - Baked Ziti 390 cal - Salad, Egg & Cheese 247 cal - Vegan Salad w/ Garbanzo Beans 241 cal - Salad, Caesar 187 cal - Vegan Bean & Green Chile Burrito 290 cal - Garlic Breadsticks 110 cal - Roasted Zucchini, Yellow Squash Mix 48 cal - Sweet Potato Crinkle Cut Fries 169 cal - Tossed Salad w/Romaine Lettuce & Sliced Tomatoes 15 cal - Farm Fresh Green Beans 51 cal - Fresh Apple Slices 29 cal - Mixed Fruit Cup 80 cal - Hamburger on Bun 369 cal	2 - Jamaican Beef Patty 227 cal - Vegan, Chik'n Nuggets w/ Crackers 377 cal - Salad, Chicken Tenders 311 cal - Salad, Egg & Cheese 247 cal - Brown Rice 222 cal - Farm Fresh Corn Cobettes 97 cal - Fresh Mini Sweet Peppers 13 cal - Fresh Grape Tomato Salad 15 cal - Variety Juice 90 cal - Breaded Spicy Chicken Fillet on Bun 363 cal
12 No menu published	13 - Burrito Bowl 347 cal - Fish Patty on Bun 319 cal - Latin Style Black Beans w/ Brown Rice 133 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Mac & Cheese w/ Nugget Chicken Combo Meal 494 cal - Tortilla Scoop Chips 110 cal - Brown Rice 148 cal - Street Corn 146 cal - Black Beans 85 cal - Tossed Salad w/Romaine Lettuce & Sliced Tomatoes 15 cal - Fresh Baby Carrots, Snack Pack 23 cal - Fresh Apples 68 cal - Smooth-Frozen SideKicks Theme Celebrations 75 cal	14 - BBQ Chicken Wings 590 cal - Parmesan Seasoned Chicken Wings 758 cal - Vegan, Chik'n Nuggets 280 cal - Hamburger on Bun 369 cal - Brown Rice 111 cal - Plantains 283 cal - Black Beans 85 cal - Steamed California Blend Vegetables 71 cal - Pears, Cup 70 cal - Fresh Apple Slices 29 cal - Dinner Roll 70 cal	15 - Beef A Roni 205 cal - Vegan Bean & Green Chile Burrito 290 cal - Cheeseburger on Bun 404 cal - Hawaiian Roll 129 cal - Steamed Broccoli 49 cal - Sweet Potato Wedgies 153 cal - Fresh Apple Slices 29 cal - Mixed Fruit Cup 80 cal	16 - Broward Bowl 578 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Steamed California Blend Vegetables 71 cal - Fresh Mini Sweet Peppers 13 cal - Fresh Baby Carrots, Snack Pack 23 cal - Variety Juice 90 cal - Fresh Apples 68 cal - Dinner Roll 70 cal - Breaded Spicy Chicken Fillet on Bun 363 cal
19 - Beef & Broccoli 267 cal - Brown Rice 148 cal - Roasted Farm Fresh Green Beans 40 cal - Sweet Potato Crinkle Cut Fries 169 cal - Fresh Baby Carrots, Snack Pack 23 cal - Pineapple Wedges, Individually Wrapped 50 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Breaded Spicy Chicken Fillet on Bun 363 cal	20 - Premium Beef Taco/Nachos Meat 167 cal - Latin Style Black Beans w/ Brown Rice 133 cal - Soft Tortilla 182 cal - Baked Potato 170 cal - Black Beans 85 cal - Steamed Broccoli 49 cal - Fresh Apple Slices 29 cal - Peach Cup 70 cal - Cheeseburger on Bun 404 cal	21 - Boneless Chicken Wings 215 cal - Philly Cheese Steak Sub 297 cal - Vegan Bean & Green Chile Burrito 290 cal - Fresh Carrots & Celery Sticks 17 cal - Potato, Cajun Seasoned French Fries 104 cal - Pears, Cup 70 cal - Fresh Apple Slices 29 cal - Dinner Roll 70 cal - Breaded Spicy Chicken Fillet on Bun 363 cal	22 No menu published	23 No menu published
26 - Chicken Teriyaki 245 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Salad, Chicken Tenders 270 cal - Salad, Egg & Cheese 247 cal - Vegan Salad w/ Garbanzo Beans 347 cal - Vegetable Egg Roll 140 cal - Lo Mein 133 cal - Steamed Broccoli 49 cal - Roasted Dill Carrots 51 cal - Fresh Baby Carrots, Snack Pack 23 cal - Frozen Whole Fruit Cup 77 cal - Fresh Apple Slices 29 cal - Breaded Spicy Chicken Fillet on Bun 363 cal	27 - Beef & Cheese Taco Crisp 360 cal - Jamaican Beef Patty 227 cal - Vegan Bean & Green Chile Burrito 290 cal - Salad, Egg & Cheese 247 cal - Vegan Salad w/ Garbanzo Beans 347 cal - Salad, Caesar 187 cal - Plantains 283 cal - Black Beans 85 cal - Tossed Salad w/Romaine Lettuce & Sliced Tomatoes 15 cal - Applesauce Cup 50 cal - Fresh Pears 75 cal - Cheeseburger on Bun 404 cal	28 - Parmesan Seasoned Chicken Wings 758 cal - Latin Style Black Beans w/ Brown Rice 133 cal - Hamburger on Bun 369 cal - Salad, Chicken Tenders 270 cal - Salad, Egg & Cheese 247 cal - Salad, Vegan w/ Buffalo Fava Crisp 332 cal - Korean BBQ Chicken Wings 592 cal - Turkey & Turkey Ham Combo Sub 332 cal - Brown Rice 222 cal - Tossed Salad w/Romaine Lettuce & Sliced Tomatoes 15 cal - Black Beans 85 cal - Plantains 283 cal - Pears, Cup 70 cal - Fresh Apple Slices 29 cal - Dinner Roll 70 cal	29 - Baked Ziti 390 cal - Salad, Egg & Cheese 247 cal - Salad, Caesar 187 cal - Salad, Vegan w/ Buffalo Fava Crisp 332 cal - Vegan Bean & Green Chile Burrito 290 cal - Turkey & Turkey Ham Combo Sub 332 cal - Garlic Breadsticks 110 cal - Roasted Zucchini, Yellow Squash Mix 48 cal - Sweet Potato Crinkle Cut Fries 169 cal - Tossed Salad w/Romaine Lettuce & Sliced Tomatoes 15 cal - Farm Fresh Green Beans 51 cal - Fresh Apple Slices 29 cal - Mixed Fruit Cup 80 cal - Cheeseburger on Bun 404 cal	30 - Chicken Popcorn 255 cal - Fish Patty on Bun 319 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Salad, Egg & Cheese 247 cal - Vegan Salad w/ Garbanzo Beans 347 cal - Salad, Chicken Tenders 270 cal - Turkey & Cheese Sub 322 cal - Brown Rice 148 cal - Farm Fresh Corn Cobettes 97 cal - Fresh Mini Sweet Peppers 13 cal - Variety Juice 90 cal - Fresh Apple Slices 29 cal - Breaded Chicken Fillet on Bun 344 cal

EVERY DAY

- Yogurt Parfait, Strawberry
- Milk
- Savory Herb Crackers
- Cheese Pizza
- Pepperoni Pizza

Menu subject to change.