

BREAKFAST

OCTOBER 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5 BREADED MINI CHICKEN FILLET 111 cal Strawberry Banana 90 cal Yogurt Pears, Cup 70 cal Orange Juice 90 cal	6 MINI WAFFLES 179 cal Yogurt Parfait w/ Blueberry 222 cal Chilled Mixed Fruit 62 cal Applesauce Cup 50 cal	7 BREADED MINI CHICKEN FILLET 111 cal Yogurt Parfait w/ Blueberry 222 cal Chilled Peaches 63 cal Pineapple Wedges, Individually Wrapped 50 cal	1 CINNAMON FRENCH TOAST STICKS 338 cal Yogurt Parfait w/ Blueberry 222 cal Fresh Sliced Orange 66 cal Peach Cup 70 cal	2 BREAKFAST, CHEESE OMELET 110 cal Strawberry Banana 90 cal Yogurt Croissant Roll 111 cal Deli Roasted Potatoes 104 cal Fresh Sliced Orange 66 cal
12 No menu published	13 BUTTERMILK PANCAKES 147 cal Strawberry Banana 90 cal Yogurt Apple Juice 90 cal Pineapple Tidbits Cup 60 cal Mandarin Oranges Cup 74 cal	14 BREAKFAST CROISSANT WITH HAM AND SWISS CHEESE 300 cal Yogurt Parfait w/ Blueberry 222 cal Breaded Mini Chicken Fillet 111 cal Chilled Mixed Fruit 62 cal Mandarin Oranges Cup 74 cal Apple Juice 90 cal	15 CINNAMON FRENCH TOAST STICKS 338 cal Yogurt Parfait w/ Blueberry 222 cal Peach Cup 70 cal Pineapple Wedges, Individually Wrapped 50 cal	16 EGGSTRAVAGANZA 126 cal Strawberry Banana 90 cal Yogurt Baby Cakes Hash Browns 130 cal Mandarin Oranges Cup 74 cal
19 BREADED MINI CHICKEN FILLET 111 cal Strawberry Banana 90 cal Yogurt Mandarin Oranges Cup 74 cal Orange Juice 90 cal	20 GUAVA PASTRY BITES & CHEESE BITES 272 cal Yogurt Parfait w/ Blueberry 222 cal Chilled Mixed Fruit 62 cal Cinnamon Applesauce Cup 50 cal	21 BREAKFAST, EGG PATTY 50 cal Yogurt Parfait w/ Blueberry 222 cal Croissant Roll 111 cal Chilled Peaches 63 cal Fresh Sliced Orange 66 cal	22 CINNAMON FRENCH TOAST STICKS 338 cal Yogurt Parfait w/ Blueberry 222 cal Chilled Pears 63 cal Pineapple Wedges, Individually Wrapped 50 cal	23 EGGSTRAVAGANZA 126 cal Strawberry Banana 90 cal Yogurt Croissant Roll 111 cal Baby Cakes Hash Browns 130 cal Fresh Mandarins 98 cal
26 PORK SAUSAGE PATTY 70 cal Strawberry Banana 90 cal Yogurt Peach Cup 70 cal Cinnamon Applesauce Cup 50 cal	27 BREAKFAST CHICKEN & WAFFLES 200 cal Yogurt Parfait w/ Blueberry 222 cal Chilled Pears 63 cal Apple Juice 90 cal	28 HARD BOILED EGG 78 cal Yogurt Parfait w/ Blueberry 222 cal Breakfast Croissant with Ham and Swiss Cheese 300 cal Breakfast Bagel 149 cal Fresh Banana (Ripe) 161 cal Chilled Mixed Fruit 62 cal	29 CINNAMON FRENCH TOAST STICKS 338 cal Yogurt Parfait w/ Blueberry 222 cal Pineapple Tidbits Cup 60 cal Apple Juice 90 cal	30 BREAKFAST, CHEESE OMELET 110 cal Strawberry Banana 90 cal Yogurt Croissant Roll 111 cal Deli Roasted Potatoes 104 cal Fresh Mandarins 98 cal

Served every day:

Assorted Cereal • Breakfast Biscuit • Milk

Menu data from Broward County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Broward County Public Schools publishes them.