

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			HUMMUS WITH SAVORY HERB CRACKERS 402 cal - Breaded Chicken Fillet on Bun 344 cal - Fresh Baby Carrots, Snack Pack 23 cal - Tossed Salad, w/Grape Tomatoes & Carrots, Shredde 17 cal - Fresh Apple Slices 29 cal - Pears, Cup 70 cal	GARLIC CHEESE PIZZA 370 cal - Vegan Bean & Green Chile Burrito 290 cal - Steamed California Blend Vegetables 71 cal - Steamed Broccoli 49 cal - Fruit Blend Juice 90 cal - Mandarin Oranges Cup 74 cal
5	6	7	8	9
MACARONI AND CHEESE 469 cal - Hummus with Savory Herb Crackers 402 cal - Wild White Nacho Dorito Chips 130 cal - Sweet Potato Crinkle Cut Fries 169 cal - Black Beans 85 cal - Mixed Fruit Cup 80 cal - Pineapple Tidbits Cup 60 cal	ARROZ CON POLLO 467 cal - Latin Style Black Beans w/ Brown Rice 113 cal - Brown Rice 222 cal - Soft Tortilla 182 cal - Street Corn 138 cal - Tossed Salad, w/Grape Tomatoes & Carrots, Shredde 17 cal - Frozen Rips Strawberry Kiwi 60 cal - Peach Cup 70 cal	BONELESS CHICKEN WINGS 215 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Mini Waffles 179 cal - Savory Herb Crackers 90 cal - Tater Tots 116 cal - Steamed California Blend Vegetables 71 cal - Fresh Apple Slices 29 cal - Peach Cup 70 cal	No menu published	No menu published
12	13	14	15	16
No menu published	CHICKEN POPCORN 255 cal - Latin Style Black Beans w/ Brown Rice 113 cal - Brown Rice 222 cal - Fresh Mini Sweet Peppers 13 cal - Tater Tots 116 cal - Pineapple Wedges, Individually Wrapped 50 cal - Peach Cup 70 cal	CHICKEN WINGS 703 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Hawaiian Roll 129 cal - Savory Herb Crackers 90 cal - Farm Fresh Corn Cobettes 97 cal - Steamed Spinach 96 cal - Fresh Sliced Orange 66 cal - Peach Cup 70 cal	CHEESE TORTELLINI 265 cal - Meat Sauce 106 cal - Plant-Based Fiesta Wrap w/ Hummus 377 cal - Garlic Breadsticks 110 cal - Tossed Salad, w/Grape Tomatoes & Carrots, Shredde 17 cal - Steamed California Blend Vegetables 71 cal - Fresh Apple Slices 29 cal - Pears, Cup 70 cal	PIZZA CRUNCHERS 436 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Baked Beans 150 cal - Fruit Blend Juice 90 cal - Frozen Rips Strawberry Kiwi 60 cal
19	20	21	22	23
CHICKEN, TANGERINE 210 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Woodles Noodles 277 cal - Sweet Potato Wedges 153 cal - Mixed Vegetables 30 cal - Peach Cup 70 cal - Mixed Fruit Cup 80 cal	BEEF & CHEESE TACO CRISP 360 cal - Vegan Bean & Green Chile Burrito 290 cal - Vegetable, Pepper & Onion Fajita Blend 44 cal - Black Beans 85 cal - Strawberry Applesauce Cup 70 cal - Frozen Rips Strawberry Kiwi 60 cal	BREADED CHICKEN FILLET ON BUN 344 cal - Vegan Bean & Green Chile Burrito 290 cal - Potato Wedges 144 cal - Steamed Broccoli 49 cal - Fresh Sliced Orange 66 cal - Peach Cup 70 cal	No menu published	PULL APART CHEEZY BEEF PEPPERONI BREADSTICKS 271 cal - Vegan Hummus and w/ Tortilla Round 370 cal - Fresh Sliced Cucumbers 11 cal - Sweet Potato Crinkle Cut Fries 169 cal - Fruit Blend Juice 90 cal - Frozen Rips Strawberry Kiwi 60 cal
26	27	28	29	30
CHICKEN TERIYAKI 245 cal - Vegan, Chik'n Nuggets 280 cal - Vegetable Egg Roll 140 cal - Lo Mein 265 cal - Roasted Farm Fresh Green Beans 40 cal - Mixed Vegetables 30 cal - Frozen Whole Fruit Cup 77 cal - Mixed Fruit Cup 80 cal	MEXICAN PIZZA 351 cal - Latin Style Black Beans w/ Brown Rice 113 cal - Brown Rice 222 cal - Sweet Potato Wedges 153 cal - Tossed Salad, w/Grape Tomatoes & Carrots, Shredde 17 cal - Applesauce Cup 50 cal - Frozen Rips Strawberry Kiwi 60 cal	CHEESEBURGER ON BUN 404 cal - Bean Salad w/ Garbanzo Beans 347 cal - Savory Herb Crackers 90 cal - Baked Beans 150 cal - Potato, Cajun Seasoned French Fries 104 cal - Fresh Sliced Orange 66 cal - Peach Cup 70 cal	HUMMUS WITH SAVORY HERB CRACKERS 402 cal - Breaded Chicken Fillet on Bun 344 cal - Fresh Baby Carrots, Snack Pack 23 cal - Tossed Salad, w/Grape Tomatoes & Carrots, Shredde 17 cal - Smooth-Frozen SideKicks Theme Celebrations 75 cal - Fresh Apple Slices 29 cal - Pears, Cup 70 cal	GARLIC CHEESE PIZZA 370 cal - Vegan Bean & Green Chile Burrito 290 cal - Steamed California Blend Vegetables 71 cal - Steamed Broccoli 49 cal - Fruit Blend Juice 90 cal - Mandarin Oranges Cup 74 cal

Served every day:

Milk

Menu data from Broward County Public Schools; drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Broward County Public Schools publishes them.