

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1 Soy No-Nutbutter Sandwich w/ Cheese Stick 371 cal Soy No-Nutbutter Sandwich w/ Sunflower Seeds 480 cal Carrot Juice 60 cal Applesauce Cup 50 cal	2 Pull Apart Cheezy Breadsticks 261 cal Wheat Roll 78 cal Mixed Fruit Cup 80 cal
5 Cheeseburger on Bun 404 cal Wheat Roll 78 cal Potato Wedges 144 cal Fresh Sliced Orange 66 cal	6 Soy No-Nutbutter Sandwich w/ Cheese Stick 371 cal Wheat Roll 78 cal Fresh Baby Carrots, Snack Pack 23 cal Strawberry Applesauce Cup 70 cal	7 Turkey Ham & Cheese Stuffer 320 cal Wheat Roll 78 cal Deli Roasted Potatoes 104 cal Fresh Apple Slices 29 cal	8 No menu published	9 No menu published
12 No menu published	13 Grilled Cheese 284 cal Wheat Roll 78 cal Steamed Broccoli 49 cal Pears, Cup 70 cal	14 Vegan Bean & Green Chile Burrito 290 cal Tortilla Chips 200 cal Peach Cup 70 cal	15 Pizza, Cheese Deep Dish 310 cal Wheat Roll 78 cal Steamed Corn 107 cal Applesauce Cup 50 cal	16 Jamaican Beef Patty 227 cal Wheat Roll 78 cal Sweet Potato Wedges 153 cal Fresh Banana (Ripe) 161 cal
19 French Bread Garlic Pizza 383 cal Wheat Roll 78 cal Pears, Cup 70 cal	20 Turkey & Beef Pepperoni Stuffed Sandwich 301 cal Wheat Roll 78 cal Steamed Spinach 96 cal Pineapple Tidbits Cup 60 cal	21 Macaroni and Cheese 313 cal Wheat Roll 78 cal Fresh Baby Carrots, Snack Pack 23 cal Strawberry Applesauce Cup 70 cal	22 Chicken Pizza Quesadilla 281 cal Wheat Roll 78 cal Triple Berry Blast Veggie Edge 60 cal Pineapple Wedges, Individually Wrapped 50 cal	23 Soft Pretzel 141 cal Steamed Broccoli 49 cal Mixed Fruit Cup 80 cal
26 Chicken Breast Strips 214 cal Wheat Roll 78 cal Farm Fresh Green Beans 51 cal Blue Raspberry Applesauce Cup 60 cal	27 Mini Pepperoni Calzone 360 cal Wheat Roll 78 cal Plantains 283 cal Peach Cup 70 cal	28 Chicken Popcorn 255 cal Wheat Roll 78 cal Peas and Carrots Blend Vegetables 91 cal Fresh Banana (Ripe) 161 cal	29 Soy No-Nutbutter Sandwich w/ Cheese Stick 371 cal Soy No-Nutbutter Sandwich w/ Sunflower Seeds 480 cal Carrot Juice 60 cal Applesauce Cup 50 cal	30 Honey BBQ Rib on Bun 351 cal Cool Tropics Berry Citrus Veggie Edge 60 cal Fresh Apple Slices 29 cal

EVERY DAY

Milk

Menu subject to change.