

SUPPER

OCTOBER 2026

Lauderhill 6-12 Stem-Med Magnet School

Broward County Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
			 HONEY BBQ RIB ON BUN 351 cal  Cool Tropics Berry Citrus Veggie Edge 60 cal  Fresh Sliced Orange 66 cal	 No menu published
 CHEESEBURGER ON BUN 404 cal  Savory Herb Crackers 90 cal  Potato Wedges 144 cal  Fresh Sliced Orange 66 cal	 SOY NO-NUTBUTTER SANDWICH W/ CHEESE STICK 371 cal  Mexican Pizza 351 cal  Savory Herb Crackers 90 cal  Steamed Fresh Baby Carrots 49 cal  Strawberry Applesauce Cup 70 cal	 TURKEY HAM & CHEESE STUFFER 320 cal  Savory Herb Crackers 90 cal  Deli Roasted Potatoes 104 cal  Fresh Apple Slices 29 cal	 No menu published	 No menu published
 No menu published	 GRILLED CHEESE 284 cal  Savory Herb Crackers 90 cal  Steamed Broccoli 49 cal  Pears, Cup 70 cal	 VEGAN BEAN & GREEN CHILE BURRITO 290 cal  Tortilla Chips 200 cal  Peach Cup 70 cal	 PIZZA, CHEESE DEEP DISH 310 cal  Savory Herb Crackers 90 cal  Steamed Corn 107 cal  Applesauce Cup 50 cal	 No menu published
 FRENCH BREAD GARLIC PIZZA 383 cal  Savory Herb Crackers 90 cal  Pears, Cup 70 cal	 TURKEY & BEEF PEPPERONI STUFFED SANDWICH 301 cal  Savory Herb Crackers 90 cal  Steamed Spinach 96 cal  Pineapple Tidbits Cup 60 cal	 MACARONI AND CHEESE 313 cal  Steamed Fresh Baby Carrots 49 cal  Strawberry Applesauce Cup 70 cal	 CHICKEN PIZZA QUESADILLA 281 cal  Fresh Mini Sweet Peppers 13 cal  Pineapple Wedges, Individually Wrapped 50 cal	 No menu published
 CHICKEN BREAST STRIPS 214 cal  Farm Fresh Green Beans 51 cal  Blue Raspberry Applesauce Cup 60 cal	 MINI PEPPERONI CALZONE 360 cal  Plantains 283 cal  Peach Cup 70 cal	 CHICKEN POPCORN 255 cal  Peas and Carrots Blend 91 cal  Fresh Banana (Ripe) 161 cal	 HONEY BBQ RIB ON BUN 351 cal  Cool Tropics Berry Citrus Veggie Edge 60 cal  Fresh Sliced Orange 66 cal	 No menu published

Served every day:

 Milk

Menu data from Broward County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Broward County Public Schools publishes them.