

Monday	Tuesday	Wednesday	Thursday	Friday
MACARONI AND CHEESE 312 cal - Turkey & Beef Pepperoni Stuffed Sandwich 301 cal - Hummus with Savory Herb Crackers 402 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Cheese Pizza 360 cal - Salad, Caesar 187 cal - Chicken, General Tso's 211 cal - Garlic Breadsticks 110 cal - Woodies Noodles 277 cal - Sweet Potato Crinkle Cut Fries 169 cal - Black Beans 85 cal - Mixed Fruit Cup 80 cal - Fresh Apples 68 cal	ARROZ CON POLLO 312 cal - Latin Style Black Beans w/ Brown Rice 113 cal - Salad, Sliced Turkey & Cheese 241 cal - Cheeseburger on Bun 404 cal - Salad, Chef 287 cal - Pepperoni Pizza 360 cal - Soft Tortilla 91 cal - Brown Rice 148 cal - Savory Herb Crackers 90 cal - Street Corn 138 cal - Tossed Salad, w/Grape 17 cal - Tomatoes & Carrots, Shredde 60 cal - Frozen Rips Strawberry Kiwi	SPICY CHICKEN BREAST STRIPS 214 cal - Boneless Chicken Wings 215 cal - Parfait, Blueberry w/Cheese Stick 313 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Breaded Chicken Fillet on Bun 344 cal - Cheese Pizza 360 cal - Salad, Caesar 187 cal - Mini Waffles 89 cal - Savory Herb Crackers 90 cal - Tater Tots 116 cal - Steamed California Blend Vegetables 71 cal - Fresh Sliced Orange 66 cal	CHICKEN PARMESAN OVER PENNE PASTA 399 cal - Chicken Caesar Wrap 397 cal - Hummus with Savory Herb Crackers 402 cal - Hamburger on Bun 369 cal - Pepperoni Pizza 360 cal - Salad, Egg & Cheese 247 cal - Baked Ziti 390 cal - Garlic Breadsticks 110 cal - Fresh Baby Carrots, Snack Pack 23 cal - Tossed Salad, w/Grape 17 cal - Tomatoes & Carrots, Shredde 17 cal - Fresh Apple Slices 29 cal	GARLIC CHEESE PIZZA 370 cal - Yogurt w/ Cheese & Crackers 387 cal - Vegan Bean & Green Chile Burrito 290 cal - Breaded Chicken Fillet on Bun 344 cal - Cheese Pizza 360 cal - Pepperoni Pizza 360 cal - Spicy Chicken Breast Tenders 221 cal - Dinner Roll 140 cal - Steamed California Blend Vegetables 71 cal - Steamed Broccoli 49 cal - Fruit Blend Juice 90 cal - Fresh Sliced Orange 66 cal
MACARONI AND CHEESE 312 cal - Turkey & Beef Pepperoni Stuffed Sandwich 301 cal - Hummus with Savory Herb Crackers 402 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Cheese Pizza 360 cal - Salad, Caesar 187 cal - Chicken, General Tso's 211 cal - Garlic Breadsticks 110 cal - Woodies Noodles 277 cal - Sweet Potato Crinkle Cut Fries 169 cal - Black Beans 85 cal - Mixed Fruit Cup 80 cal - Fresh Apples 68 cal	ARROZ CON POLLO 312 cal - Latin Style Black Beans w/ Brown Rice 113 cal - Salad, Sliced Turkey & Cheese 241 cal - Cheeseburger on Bun 404 cal - Salad, Chef 287 cal - Pepperoni Pizza 360 cal - Soft Tortilla 91 cal - Brown Rice 148 cal - Savory Herb Crackers 90 cal - Street Corn 138 cal - Tossed Salad, w/Grape 17 cal - Tomatoes & Carrots, Shredde 60 cal - Frozen Rips Strawberry Kiwi	SPICY CHICKEN BREAST STRIPS 214 cal - Boneless Chicken Wings 215 cal - Parfait, Blueberry w/Cheese Stick 313 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Breaded Chicken Fillet on Bun 344 cal - Cheese Pizza 360 cal - Salad, Caesar 187 cal - Mini Waffles 89 cal - Savory Herb Crackers 90 cal - Tater Tots 116 cal - Steamed California Blend Vegetables 71 cal - Fresh Sliced Orange 66 cal	No menu published	No menu published
No menu published	CHICKEN POPCORN 255 cal - Philly Cheese Steak Sub 304 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Cheese Pizza 360 cal - Salad, Caesar 187 cal - Beef & Broccoli 267 cal - Vegan Bean & Green Chile Burrito 290 cal - Woodies Noodles 277 cal - Fresh Mini Sweet Peppers 13 cal - Potato Smiles 130 cal - Pineapple Wedges, Individually Wrapped 50 cal - Pears, Cup 70 cal	BREADED CHICKEN DRUMSTICK 442 cal - Chicken Wings 562 cal - Honey BBQ Rib on Bun 351 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Salad, Chicken 270 cal - Tenders 360 cal - Cheese Pizza 360 cal - Savory Herb Crackers 90 cal - Dinner Roll 70 cal - Farm Fresh Corn Cobettes 97 cal - Steamed Spinach 96 cal - Fresh Apples 68 cal	CHEESE TORTELLINI 199 cal - Meat Sauce 106 cal - Salad, Caesar 187 cal - Plant-Based Fiesta Wrap w/ Hummus 377 cal - Hamburger on Bun 369 cal - Pepperoni Pizza 360 cal - Salad, Vegetarian w/ Beans & Cheese 230 cal - Munchies Munch Mix Snack Mix 110 cal - Tossed Salad, w/Grape 17 cal - Tomatoes & Carrots, Shredde 71 cal - Steamed California Blend Vegetables 71 cal - Fresh Apple Slices 29 cal	PIZZA CRUNCHERS 436 cal - Beef Hot Dog on Bun 308 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Cheese Pizza 360 cal - Pepperoni Pizza 360 cal - Chicken Breast Tenders 216 cal - Dinner Roll 140 cal - Baked Beans 150 cal - Fruit Blend Juice 90 cal
CHICKEN, TANGERINE 210 cal - Turkey Ham & Cheese Melt 306 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Cheese Pizza 360 cal - Salad, Egg & Cheese 247 cal - Woodies Noodles 138 cal - Sweet Potato Wedges 153 cal - Mixed Vegetables 30 cal - Peach Cup 70 cal	BEEF & CHEESE TACO CRISP 360 cal - Vegan Bean & Green Chile Burrito 290 cal - Cheeseburger on Bun 404 cal - Pepperoni Pizza 360 cal - Burrito Bowl 347 cal - Salad, Sliced Turkey Ham and Cheese 254 cal - Tortilla Scoop Chips 110 cal - Vegetable, Pepper & Onion Fajita Blend 44 cal - Black Beans 85 cal - Strawberry Applesauce Cup 70 cal	BREADED CHICKEN FILLET ON BUN 344 cal - Yogurt w/ Cheese & Crackers 387 cal - Vegan Salad w/ Garbanzo Beans 347 cal - Salad, Chicken 270 cal - Tenders 360 cal - Chicken Wings 703 cal - Savory Herb Crackers 90 cal - Breaded Onion Rings 180 cal - Potato Wedges 144 cal - Steamed Broccoli 49 cal - Fresh Sliced Orange 66 cal	BEEF A RONI 205 cal - Grilled Cheese 284 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Hamburger on Bun 369 cal - Pepperoni Pizza 360 cal - Salad, Egg & Cheese 247 cal - Garlic Breadsticks 110 cal - Tossed Salad, w/Grape 17 cal - Tomatoes & Carrots, Shredde 60 cal - Triple Berry Blast 29 cal - Fresh Apple Slices 29 cal	PULL APART CHEEZY BEEF PEPPERONI BREADSTICKS 271 cal - Fish Patty on Bun 319 cal - Vegan Hummus and w/ Tortilla Round 370 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Cheese Pizza 360 cal - Fresh Sliced Cucumbers 11 cal - Sweet Potato Crinkle Cut Fries 169 cal - Fruit Blend Juice 90 cal
CHICKEN TERIYAKI 245 cal - Vegan, Chik'n Nuggets 280 cal - Korean BBQ Shredded Chicken on Bun 341 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Cheese Pizza 360 cal - Salad, Egg & Cheese 247 cal - Vegetable Egg Roll 140 cal - Lo Mein 133 cal - Roasted Farm Fresh Green Beans 40 cal - Mixed Vegetables 30 cal - Frozen Whole Fruit Cup 77 cal - Korean BBQ Sauce 61 cal	MEXICAN PIZZA 351 cal - Breaded Mozzarella Cheese Sticks 390 cal - Latin Style Black Beans w/ Brown Rice 113 cal - Cheeseburger on Bun 404 cal - Pepperoni Pizza 360 cal - Salad, Sliced Turkey & Cheese 241 cal - Brown Rice 148 cal - Sweet Potato Wedges 153 cal - Tossed Salad, w/Grape 17 cal - Tomatoes & Carrots, Shredde 60 cal - Applesauce Cup 50 cal	CHEESEBURGER ON BUN 404 cal - Baked Corn Dog 243 cal - Vegan Salad w/ Garbanzo Beans 347 cal - Salad, Chicken 270 cal - Tenders 360 cal - Chicken Wings 703 cal - Savory Herb Crackers 90 cal - Brown Rice 222 cal - Baked Beans 150 cal - Potato, Cajun Seasoned French Fries 104 cal - Fresh Apples 68 cal	CHICKEN PARMESAN OVER PENNE PASTA 388 cal - Baked Corn Dog 243 cal - Chicken Caesar Wrap 216 cal - Hummus with Savory Herb Crackers 402 cal - Hamburger on Bun 369 cal - Salad, Chef 287 cal - Pepperoni Pizza 360 cal - Jamaican Beef Patty 227 cal - Fresh Baby Carrots, Snack Pack 23 cal - Tossed Salad, w/Grape 17 cal - Tomatoes & Carrots, Shredde 17 cal - Smooth-Frozen SideKicks Theme Celebrations 75 cal - Fresh Apple Slices 29 cal	GARLIC CHEESE PIZZA 370 cal - Yogurt w/ Cheese & Crackers 387 cal - Vegan Bean & Green Chile Burrito 290 cal - Breaded Chicken Fillet on Bun 344 cal - Cheese Pizza 360 cal - Pepperoni Pizza 360 cal - Breaded Breast Fillet Salad 270 cal - Spicy Chicken Breast Tenders 221 cal - Dinner Roll 140 cal - Steamed California Blend Vegetables 71 cal - Steamed Broccoli 49 cal - Fruit Blend Juice 90 cal

Served every day:

Milk

Menu data from Broward County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Broward County Public Schools publishes them.

MenuSource