

Monday

Tuesday

Wednesday

Thursday

Friday

5 MACARONI AND CHEESE 469 cal - Turkey & Beef Pepperoni Stuffed Sandwich 301 cal - Buffalo Style Chicken Stuffed Sandwich 291 cal - Hummus with Savory Herb Crackers 402 cal - Hamburger on Bun 369 cal - Garlic Breadsticks 110 cal - Sweet Potato Crinkle Cut Fries 169 cal - Black Beans 85 cal - Mixed Fruit Cup 80 cal - Pineapple Tidbits Cup 60 cal	6 ARROZ CON POLLO 467 cal - Latin Style Black Beans w/ Brown Rice 113 cal - Salad, Sliced Turkey & Cheese 241 cal - Pepperoni Pizza 360 cal - Brown Rice 222 cal - Savory Herb Crackers 90 cal - Street Corn 138 cal - Tossed Salad, w/Grape Tomatoes & Carrots, Shredde 17 cal - Frozen Rips Strawberry Kiwi 60 cal - Cinnamon Applesauce Cup 50 cal - Steamed Corn 53 cal	7 SPICY CHICKEN BREAST STRIPS 214 cal - Boneless Chicken Wings 215 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Cheeseburger on Bun 404 cal - Yogurt Parfait, Strawberry 446 cal - Mini Waffles 179 cal - Savory Herb Crackers 90 cal - Tater Tots 116 cal - Steamed California Blend Vegetables 71 cal - Fresh Sliced Orange 66 cal - Mandarin Oranges Cup 74 cal	8 No menu published	9 No menu published
12 No menu published	13 CHICKEN POPCORN 255 cal - Philly Cheese Steak Sub 297 cal - Latin Style Black Beans w/ Brown Rice 113 cal - Pepperoni Pizza 360 cal - Brown Rice 222 cal - Fresh Mini Sweet Peppers 13 cal - Potato Smiles 130 cal - Pineapple Wedges, Individually Wrapped 50 cal - Mixed Fruit Cup 80 cal	14 CHICKEN WINGS 703 cal - Honey BBQ Rib on Bun 351 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Cheeseburger on Bun 404 cal - Hawaiian Roll 129 cal - Savory Herb Crackers 90 cal - Farm Fresh Corn Cobettes 97 cal - Steamed Spinach 96 cal - Cinnamon Applesauce Cup 50 cal - Mandarin Oranges Cup 74 cal	15 CHEESE TORTELLINI 265 cal - Meat Sauce 106 cal - Salad, Caesar 187 cal - Plant-Based Fiesta Wrap w/ Hummus 377 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Munchies Munch Mix Snack Mix 110 cal - Tossed Salad, w/Grape Tomatoes & Carrots, Shredde 17 cal - Steamed California Blend Vegetables 71 cal - Fresh Apple Slices 29 cal - Pineapple Tidbits Cup 60 cal - Vegan, Chik'n Nuggets 224 cal - Fresh Banana (Ripe) 81 cal	16 PIZZA CRUNCHERS 436 cal - Beef Hot Dog on Bun 308 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Hamburger on Bun 369 cal - Baked Beans 150 cal - Fruit Blend Juice 90 cal - Mixed Fruit Cup 80 cal
19 CHICKEN, TANGERINE 210 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Hamburger on Bun 369 cal - Wondles Noodles 277 cal - Sweet Potato Wedges 153 cal - Mixed Vegetables 30 cal - Peach Cup 70 cal - Fresh Apples 68 cal	20 BEEF & CHEESE TACO CRISP 360 cal - Vegan Bean & Green Chile Burrito 290 cal - Breaded Chicken Fillet on Bun 344 cal - Vegetable, Pepper & Onion Fajita Blend 44 cal - Black Beans 85 cal - Strawberry Applesauce Cup 70 cal - Fresh Apples 68 cal - Applesauce Cup 50 cal	21 BREADED CHICKEN FILLET ON BUN 344 cal - Yogurt w/ Cheese & Crackers 387 cal - Vegan Salad w/ Garbanzo Beans 347 cal - Cheeseburger on Bun 404 cal - Savory Herb Crackers 90 cal - Potato Wedges 144 cal - Steamed Broccoli 49 cal - Fresh Sliced Orange 66 cal - Pineapple Tidbits Cup 60 cal - Vegan, Chik'n Nuggets 224 cal	22 BEEF A RONI 364 cal - Grilled Cheese 284 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Pepperoni Pizza 360 cal - Garlic Breadsticks 110 cal - Tossed Salad, w/Grape Tomatoes & Carrots, Shredde 17 cal - Triple Berry Blast Veggie Edge 60 cal - Fresh Apple Slices 29 cal - Mixed Fruit Cup 80 cal - Carrot Juice 60 cal - Fresh Banana (Ripe) 81 cal	23 PULL APART CHEEZY BEEF PEPPERONI BREADSTICKS 271 cal - Fish Patty on Bun 319 cal - Vegan Hummus and w/ Tortilla Round 370 cal - Hamburger on Bun 369 cal - Fresh Sliced Cucumbers 11 cal - Sweet Potato Crinkle Cut Fries 169 cal - Fruit Blend Juice 90 cal - Peach Cup 70 cal
26 CHICKEN TERIYAKI 245 cal - Breaded Mozzarella Cheese Sticks 390 cal - Latin Style Black Beans w/ Brown Rice 113 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Brown Rice 222 cal - Sweet Potato Wedges 153 cal - Tossed Salad, w/Grape Tomatoes & Carrots, Shredde 17 cal - Applesauce Cup 50 cal - Pineapple Tidbits Cup 60 cal - Steamed California Blend Vegetables 35 cal	27 MEXICAN PIZZA 351 cal - Baked Corn Dog 243 cal - Vegan Salad w/ Garbanzo Beans 347 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Savory Herb Crackers 90 cal - Baked Beans 150 cal - Potato, Cajun Seasoned French Fries 104 cal - Mixed Fruit Cup 80 cal - Fresh Sliced Orange 66 cal - Seasoned French Fries 61 cal - Mandarin Oranges Cup 74 cal	28 CHEESEBURGER ON BUN 404 cal - Baked Corn Dog 243 cal - Vegan Salad w/ Garbanzo Beans 347 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Savory Herb Crackers 90 cal - Baked Beans 150 cal - Potato, Cajun Seasoned French Fries 104 cal - Mixed Fruit Cup 80 cal - Fresh Sliced Orange 66 cal - Seasoned French Fries 61 cal - Mandarin Oranges Cup 74 cal	29 CHICKEN PARMESAN OVER PENNE PASTA 376 cal - Chicken Caesar Wrap 216 cal - Hummus with Savory Herb Crackers 402 cal - Pepperoni Pizza 360 cal - Fresh Baby Carrots, Snack Pack 23 cal - Tossed Salad, w/Grape Tomatoes & Carrots, Shredde 17 cal - Smooth-Frozen SideKicks 75 cal - Theme Celebrations 68 cal - Fresh Apples 68 cal - Vegan, Chik'n Nuggets 224 cal - Steamed Carrots 31 cal - Fresh Banana (Ripe) 81 cal	30 GARLIC CHEESE PIZZA 370 cal - Yogurt w/ Cheese & Crackers 387 cal - Vegan Bean & Green Chile Burrito 290 cal - Breaded Chicken Fillet on Bun 344 cal - Steamed California Blend Vegetables 71 cal - Steamed Broccoli 49 cal - Fruit Blend Juice 90 cal - Pineapple Tidbits Cup 60 cal

Served every day:
Milk • White Milk

Menu data from Broward County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Broward County Public Schools publishes them.

Menu Viewer