

Hallandale High

Lunch · October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken, General Tso's 211 cal - Chicken Tender Sub 446 cal - Vegan, Chik'n Nuggets w/ Crackers 377 cal - Breaded Breast Fillet Salad 270 cal - Brown Rice 222 cal - Peas and Carrots Blend 91 cal - Sweet Potato Crinkle Cut Fries 169 cal - Mixed Fruit Cup 80 cal - Four Meat Pizza 371 cal - Breaded Spicy Chicken Fillet on Bun 363 cal	Arroz con Pollo 467 cal - Mexican Pizza 351 cal - Latin Style Black Beans w/ Brown Rice 113 cal - Salad, Chicken Tenders 383 cal - Brown Rice 222 cal - Seasoned French Fries 121 cal - Fresh Baby Carrots, Snack Pack 23 cal - Frozen Rips Strawberry Kiwi 60 cal - Buffalo Chicken Pizza 379 cal - Mini Chicken Fillet Slider on Hawaiian Roll 481 cal	Hoke Poke Chicken Teriyaki 245 cal - Chicken Caesar Wrap 397 cal - Vegan Bean & Green Chile Burrito 290 cal - Woods Noodles 277 cal - Steamed Corn 107 cal - Fresh Sliced Cucumbers 11 cal - Fresh Apple Slices 29 cal - Pears, Cup 70 cal - Breaded Chicken Fillet on Bun 344 cal	Baked Ziti 390 cal - Chicken Tender Sub 446 cal - Breaded Breast Fillet Salad 270 cal - Salad, Kale Chicken 389 cal - Garlic Breadsticks 110 cal - Roasted Zucchini, Yellow Squash Mix 48 cal - Sweet Potato Crinkle Cut Fries 169 cal - Fresh Apple Slices 29 cal - Mixed Fruit Cup 80 cal - Buffalo Chicken Pizza 379 cal - Hamburger on Bun 369 cal - Cheeseburger on Bun 404 cal	No menu published
Chicken, General Tso's 211 cal - Chicken Tender Sub 446 cal - Vegan, Chik'n Nuggets w/ Crackers 377 cal - Breaded Breast Fillet Salad 270 cal - Brown Rice 222 cal - Peas and Carrots Blend 91 cal - Sweet Potato Crinkle Cut Fries 169 cal - Mixed Fruit Cup 80 cal - Four Meat Pizza 371 cal - Breaded Spicy Chicken Fillet on Bun 363 cal	Arroz con Pollo 467 cal - Mexican Pizza 351 cal - Latin Style Black Beans w/ Brown Rice 113 cal - Salad, Chicken Tenders 383 cal - Brown Rice 222 cal - Seasoned French Fries 121 cal - Fresh Baby Carrots, Snack Pack 23 cal - Frozen Rips Strawberry Kiwi 60 cal - Buffalo Chicken Pizza 379 cal - Mini Chicken Fillet Slider on Hawaiian Roll 481 cal	Hoke Poke Chicken Teriyaki 245 cal - Chicken Caesar Wrap 397 cal - Vegan Bean & Green Chile Burrito 290 cal - Woods Noodles 277 cal - Steamed Corn 107 cal - Fresh Sliced Cucumbers 11 cal - Fresh Apple Slices 29 cal - Pears, Cup 70 cal - Breaded Chicken Fillet on Bun 344 cal	No menu published	No menu published
No menu published	Fish Patty on Bun 319 cal - Breaded Breast Fillet Salad 270 cal - Chicken Tender Sub 448 cal - Beef Taco/Nachos Meat 141 cal - Tortilla Scoop Chips 110 cal - Farm Fresh Green Beans 51 cal - Steamed Corn 87 cal - Strawberry Applesauce Cup 70 cal - Buffalo Chicken Pizza 379 cal - Cheeseburger on Bun 404 cal	BBQ Chicken Wings 737 cal - Chicken Tender Sub 446 cal - Salad, Caesar 187 cal - Breaded Onion Rings 180 cal - Fresh Carrots & Celery Sticks 17 cal - Potato, Cajun Seasoned French Fries 104 cal - Pears, Cup 70 cal - Four Meat Pizza 371 cal	Beef A Roni 364 cal - Chicken Caesar Wrap 216 cal - Vegan Bean & Green Chile Burrito 290 cal - Salad, Caesar 187 cal - Hawaiian Roll 129 cal - Steamed Broccoli 49 cal - Fresh Baby Carrots, Snack Pack 23 cal - Mixed Fruit Cup 80 cal - Buffalo Chicken Pizza 379 cal - Mini Chicken Fillet Slider on Hawaiian Roll 481 cal	No menu published
Beef & Broccoli 267 cal - Chicken Tender Sub 446 cal - Salad, Strawberry Kale Chicken 324 cal - Brown Rice 222 cal - Roasted Farm Fresh Green Beans 40 cal - Sweet Potato Crinkle Cut Fries 169 cal - Pineapple Wedges, Individually Wrapped 50 cal - Four Meat Pizza 371 cal - Spicy Chicken Breast Strips 214 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal	Breaded Breast Fillet Salad 270 cal - Baked Potato 170 cal - Black Beans 85 cal - Fresh Broccoli & Cucumber Salad 11 cal - Peach Cup 70 cal - Buffalo Chicken Pizza 379 cal - Cheeseburger on Bun 404 cal	Boneless Chicken Wings 215 cal - Philly Cheese Steak 297 cal - Sub 297 cal - Vegan Bean & Green Chile Burrito 290 cal - Breaded Breast Fillet Salad 270 cal - Brown Rice 222 cal - Fresh Carrots & Celery Sticks 17 cal - Potato, Cajun Seasoned French Fries 104 cal - Pears, Cup 70 cal - Four Meat Pizza 371 cal - Spicy Chicken Breast Strips 214 cal	Cheese Tortellini 265 cal - Meat Sauce 106 cal - Chicken Caesar Wrap 216 cal - Salad, Chicken Tenders 270 cal - Hawaiian Roll 129 cal - Steamed California Blend Vegetables 71 cal - Sweet Potato Wedges 153 cal - Applesauce Cup 50 cal - Buffalo Chicken Pizza 379 cal	No menu published
Chicken Teriyaki 245 cal - Vegan, Chik'n Nuggets w/ Crackers 396 cal - Salad, Caesar 187 cal - Vegetable Egg Roll 140 cal - Lo Mein 265 cal - Steamed Broccoli 49 cal - Fresh Baby Carrots, Snack Pack 23 cal - Frozen Whole Fruit Cup 77 cal - Four Meat Pizza 371 cal - Spicy Chicken Breast Strips 214 cal	Beef & Cheese Taco Crisp 360 cal - Jamaican Beef Patty 227 cal - Vegan Bean & Green Chile Burrito 290 cal - Salad, Caesar 187 cal - Plantains 283 cal - Fresh Broccoli & Cucumber Salad 11 cal - Applesauce Cup 50 cal - Buffalo Chicken Pizza 379 cal - Cheeseburger on Bun 404 cal	BBQ Chicken Wings 737 cal - Chicken Caesar Wrap 216 cal - Salad, Caesar 187 cal - Vegan Bean & Green Chile Burrito 290 cal - Fresh Carrots & Celery Sticks 17 cal - Potato, Cajun Seasoned French Fries 104 cal - Black Beans 96 cal - Pears, Cup 70 cal - Four Meat Pizza 371 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Dinner Roll 70 cal	Baked Ziti 390 cal - Salad, Chef 287 cal - Garlic Breadsticks 110 cal - Sweet Potato Crinkle Cut Fries 169 cal - Farm Fresh Green Beans 51 cal - Fresh Apple Slices 29 cal - Mixed Fruit Cup 80 cal - Buffalo Chicken Pizza 379 cal - Hamburger on Bun 369 cal - Cheeseburger on Bun 404 cal	No menu published

Served every day

Yogurt Parfait, Strawberry · Tossed Salad w/ Romaine Lettuce & Sliced Tomatoes · Variety Fresh Fruit · Milk · Cheese Pizza · Pepperoni Pizza · Savory Herb Crackers