

| Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               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| <b>MACARONI AND CHEESE</b> 312 cal<br> Turkey & Beef Pepperoni Stuffed Sandwich 301 cal<br> Hummus with Savory Herb Crackers 402 cal<br> Wild White Nacho Dorito Chips 130 cal<br> Sweet Potato Crinkle Cut Fries 169 cal<br> Black Beans 85 cal<br> Steamed Broccoli 24 cal<br> Pineapple Tidbits Cup 60 cal<br> Mixed Fruit Cup 80 cal                                                                                                                                                                                                | <b>ARROZ CON POLLO</b> 312 cal<br> Latin Style Black Beans w/ Brown Rice 85 cal<br> Salad, Sliced Turkey & Cheese 217 cal<br> Soft Tortilla 91 cal<br> Brown Rice 111 cal<br> Savory Herb Crackers 90 cal<br> Street Corn 138 cal<br> Tossed Salad, w/Grape Tomatoes & Carrots, Shredde 17 cal<br> Frozen Rips Strawberry Kiwi 60 cal<br> Steamed Corn 53 cal | <b>BONELESS CHICKEN WINGS</b> 215 cal<br> Parfait, Strawberry w/Cheese Stick 319 cal<br> Salad, Vegan w/ Buffalo Fava Crisp 224 cal<br> Mini Waffles 89 cal<br> Savory Herb Crackers 90 cal<br> Tater Tots 116 cal<br> Steamed California Blend Vegetables 71 cal<br> Fresh Sliced Orange 33 cal                                                                                                                                                                                                                    | No menu published                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | No menu published                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| No menu published                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>CHICKEN POPCORN</b> 255 cal<br> Vegan Bean & Green Chile Burrito 290 cal<br> Korean BBQ Shredded Chicken on Bun 341 cal<br> Potato Smiles 130 cal<br> Fresh Baby Carrots, Snack Pack 23 cal<br> Potato Wedges 144 cal<br> Tater Tots 116 cal<br> Applesauce Cup 50 cal<br> Fruit Blend Juice 60 cal                                                                                                                             | <b>BREADED CHICKEN DRUMSTICK</b> 442 cal<br> Honey BBQ Rib on Bun 351 cal<br> Plant-Based Fiesta Salad w/ Hummus 302 cal<br> Hawaiian Roll 129 cal<br> Savory Herb Crackers 90 cal<br> Steamed Spinach 96 cal<br> Steamed Corn 107 cal<br> Steamed Broccoli 24 cal<br> Pineapple Tidbits Cup 60 cal<br> Mandarin Oranges Cup 74 cal | <b>CHEESE TORTELLINI</b> 199 cal<br> Meat Sauce 106 cal<br> Salad, Caesar 175 cal<br> Vegan Bean & Green Chile Burrito 290 cal<br> Philly Cheese Steak Sub 304 cal<br> Munchies Munch Mix Snack Mix 110 cal<br> Steamed California Blend Vegetables 71 cal<br> Fresh Baby Carrots, Snack Pack 23 cal<br> Applesauce Cup 50 cal<br> Vegan, Chik'n Nuggets 224 cal<br> Fresh Banana (Ripe) 81 cal | <b>PIZZA CRUNCHERS</b> 436 cal<br> Beef Hot Dog on Bun 308 cal<br> Vegan, Chik'n Nuggets w/ Crackers 396 cal<br> Baked Beans 150 cal<br> Fruit Blend Juice 90 cal                                                                                                                                                                           |
| <b>CHICKEN, TANGERINE</b> 210 cal<br> Turkey Ham & Cheese Melt 306 cal<br> Vegan, Chik'n Nuggets w/ Crackers 396 cal<br> Woodles Noodles 138 cal<br> Sweet Potato Wedges 153 cal<br> Mixed Vegetables 30 cal<br> Fresh Apple Slices 29 cal<br> Peach Cup 70 cal                                                                                                                                                                                                                                                                                                                                            | <b>BEEF &amp; CHEESE TACO CRISP</b> 360 cal<br> Vegan Bean & Green Chile Burrito 290 cal<br> Vegetable, Pepper & Onion Fajita Blend 44 cal<br> Strawberry Applesauce Cup 70 cal<br> Black Beans 42 cal<br> Applesauce Cup 50 cal                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>BREADED CHICKEN FILLET ON BUN</b> 344 cal<br> Yogurt w/ Cheese & Crackers 387 cal<br> Vegan Salad, w/ Garbanzo Beans 324 cal<br> Savory Herb Crackers 90 cal<br> Potato Wedges 144 cal<br> Steamed Broccoli 49 cal<br> Fresh, Cara Cara Oranges 80 cal<br> Vegan, Chik'n Nuggets 224 cal<br> Fresh Sliced Orange 33 cal                                                                                         | <b>BEEF A RONI</b> 182 cal<br> Grilled Cheese 284 cal<br> Vegan, Chik'n Nuggets w/ Crackers 396 cal<br> Garlic Breadsticks 110 cal<br> Tossed Salad, w/Grape Tomatoes & Carrots, Shredde 17 cal<br> Triple Berry Blast Veggie Edge 60 cal<br> Fresh Apple Slices 29 cal<br> Carrot Juice 60 cal<br> Fresh Banana (Ripe) 81 cal                                                                                                                                                                                                                                    | <b>PULL APART CHEEZY BEEF PEPPERONI BREADSTICKS</b> 271 cal<br> Fish Patty on Bun 319 cal<br> Vegan Hummus and w/ Tortilla Round 370 cal<br> Fresh Sliced Cucumbers 11 cal<br> Sweet Potato Crinkle Cut Fries 169 cal<br> Fruit Blend Juice 90 cal |
| <b>CHICKEN TERIYAKI</b> 245 cal<br> Vegan, Chik'n Nuggets 280 cal<br> Korean BBQ Shredded Chicken on Bun 341 cal<br> Vegetable Egg Roll 140 cal<br> Woodles Noodles 138 cal<br> Roasted Farm Fresh Green Beans 40 cal<br> Mixed Vegetables 30 cal<br> Applesauce Cup 50 cal<br> Pears, Cup 70 cal<br> Korean BBQ Sauce 61 cal<br> Lo Mein 133 cal | <b>MEXICAN PIZZA</b> 351 cal<br> Breaded Mozzarella Cheese Sticks 390 cal<br> Latin Style Black Beans w/ Brown Rice 85 cal<br> Brown Rice 111 cal<br> Sweet Potato Wedges 153 cal<br> Tossed Salad, w/Grape Tomatoes & Carrots, Shredde 17 cal<br> Applesauce Cup 50 cal                                                                                                                                                                                                                                                                                                                             | <b>CHEESEBURGER ON BUN</b> 404 cal<br> Baked Corndog 243 cal<br> Vegan Salad, w/ Garbanzo Beans 324 cal<br> Savory Herb Crackers 90 cal<br> Potato, Cajun Seasoned French Fries 104 cal<br> Baked Beans 150 cal<br> Applesauce Cup 50 cal<br> Seasoned French Fries 61 cal<br> Fresh Sliced Orange 33 cal                                                                                                          | <b>CHICKEN PARMESAN OVER PENNE PASTA</b> 388 cal<br> Hummus with Savory Herb Crackers 402 cal<br> Salad, Caesar 175 cal<br> Fresh Baby Carrots, Snack Pack 23 cal<br> Tossed Salad, w/Grape Tomatoes & Carrots, Shredde 17 cal<br> Smooth-Frozen SideKicks Theme Celebrations 75 cal<br> Fresh Apple Slices 29 cal<br> Vegan, Chik'n Nuggets 224 cal<br> Steamed Carrots 31 cal<br> Fresh Banana (Ripe) 81 cal                                                                 | <b>GARLIC CHEESE PIZZA</b> 370 cal<br> Yogurt w/ Cheese & Crackers 387 cal<br> Vegan Bean & Green Chile Burrito 290 cal<br> Steamed California Blend Vegetables 71 cal<br> Steamed Broccoli 49 cal<br> Fruit Blend Juice 90 cal                    |

Served every day:  
 Milk •  White Milk

Menu data from Broward County Public Schools, drawn by [schoolmenuapp.com](https://schoolmenuapp.com). Menu subject to change.  
 Calories are per serving, as Broward County Public Schools publishes them.