

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 - Chicken, General Tso's 211 cal - Vegan, Chik'n Nuggets w/ Crackers 377 cal - Vegan Salad, w/Hummus 226 cal - Brown Rice 222 cal - Peas and Carrots Blend Vegetables 91 cal - Sweet Potato Crinkle Cut Fries 169 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Fresh Cucumbers with Carrots 21 cal - Mixed Fruit Cup 80 cal - Fresh Sliced Orange 66 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal	2 - Arroz con Pollo 467 cal - Vegan Bean & Green Chile Burrito 290 cal - Mexican Pizza 351 cal - Black Beans 85 cal - Seasoned French Fries 121 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Fresh Zucchini and Yellow Squash Salad 15 cal - Fresh Baby Carrots, Snack Pack 23 cal - Frozen Rips Strawberry Kiwi 60 cal - Fresh Sliced Orange 66 cal - Hamburger on Bun 369 cal - Cheeseburger on Bun 404 cal	3 - Hoke Poke Chicken Teriyaki 245 cal - Chicken Caesar Wrap 397 cal - Vegan Bean & Green Chile Burrito 290 cal - Vegan Salad, w/Hummus 226 cal - Woodies Noodles 277 cal - Steamed Corn 107 cal - Fresh Sliced Cucumbers 11 cal - Fresh Grape Tomato Salad 15 cal - Tossed Salad w/Romaine Lettuce & Diced Tomatoes 15 cal - Black Beans 85 cal - Fresh Apple Slices 29 cal - Pears, Cup 70 cal - Dinner Roll 140 cal - Chicken Breast Strips 214 cal - Spicy Chicken Breast Strips 214 cal	4 - Baked Ziti 390 cal - Plant-Based Fiesta Wrap w/ Hummus 377 cal - Yogurt Parfait, Strawberry 446 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Garlic Breadsticks 110 cal - Roasted Zucchini, Yellow Squash Mix 48 cal - Sweet Potato Crinkle Cut Fries 169 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Farm Fresh Green Beans 53 cal - Fresh Apple Slices 29 cal - Mixed Fruit Cup 80 cal - Hamburger on Bun 369 cal - Cheeseburger on Bun 404 cal	5 - Chicken Popcorn 255 cal - Jamaican Beef Patty 227 cal - Vegan, Chik'n Nuggets w/ Crackers 377 cal - Brown Rice 222 cal - Farm Fresh Corn Cobettes 97 cal - Fresh Mini Sweet Peppers 13 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Black Beans 85 cal - Fresh Grape Tomato Salad 15 cal - Steamed Corn 107 cal - Variety Juice 90 cal - Fresh Apples 68 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal
6 - Chicken, General Tso's 211 cal - Vegan, Chik'n Nuggets w/ Crackers 377 cal - Vegan Salad, w/Hummus 226 cal - Brown Rice 222 cal - Peas and Carrots Blend Vegetables 91 cal - Sweet Potato Crinkle Cut Fries 169 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Fresh Cucumbers with Carrots 21 cal - Mixed Fruit Cup 80 cal - Fresh Sliced Orange 66 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal	7 - Arroz con Pollo 467 cal - Vegan Bean & Green Chile Burrito 290 cal - Mexican Pizza 351 cal - Black Beans 85 cal - Seasoned French Fries 121 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Fresh Zucchini and Yellow Squash Salad 15 cal - Fresh Baby Carrots, Snack Pack 23 cal - Frozen Rips Strawberry Kiwi 60 cal - Fresh Sliced Orange 66 cal - Hamburger on Bun 369 cal - Cheeseburger on Bun 404 cal	8 - Hoke Poke Chicken Teriyaki 245 cal - Chicken Caesar Wrap 397 cal - Vegan Bean & Green Chile Burrito 290 cal - Vegan Salad, w/Hummus 226 cal - Woodies Noodles 277 cal - Steamed Corn 107 cal - Fresh Sliced Cucumbers 11 cal - Fresh Grape Tomato Salad 15 cal - Tossed Salad w/Romaine Lettuce & Diced Tomatoes 15 cal - Black Beans 85 cal - Fresh Apple Slices 29 cal - Pears, Cup 70 cal - Dinner Roll 140 cal - Chicken Breast Strips 214 cal - Spicy Chicken Breast Strips 214 cal	9 - Baked Ziti 390 cal - Plant-Based Fiesta Wrap w/ Hummus 377 cal - Yogurt Parfait, Strawberry 446 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Garlic Breadsticks 110 cal - Roasted Zucchini, Yellow Squash Mix 48 cal - Sweet Potato Crinkle Cut Fries 169 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Farm Fresh Green Beans 53 cal - Fresh Apple Slices 29 cal - Mixed Fruit Cup 80 cal - Hamburger on Bun 369 cal - Cheeseburger on Bun 404 cal	10 - Chicken Popcorn 255 cal - Jamaican Beef Patty 227 cal - Vegan, Chik'n Nuggets w/ Crackers 377 cal - Brown Rice 222 cal - Farm Fresh Corn Cobettes 97 cal - Fresh Mini Sweet Peppers 13 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Black Beans 85 cal - Fresh Grape Tomato Salad 15 cal - Steamed Corn 107 cal - Variety Juice 90 cal - Fresh Apples 68 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal
11 No menu published	12 No menu published	13 - Chicken Wings 703 cal - BBQ Chicken Wings 737 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Breaded Onion Rings 180 cal - Dinner Roll 140 cal - Fresh Carrots & Celery Sticks 17 cal - Potato, Cajun Seasoned French Fries 104 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Black Beans 85 cal - Pears, Cup 70 cal - Fresh Apples 68 cal - Chicken Breast Strips 214 cal - Spicy Chicken Breast Strips 214 cal	14 - Beef A Roni 364 cal - Chicken Caesar Wrap 397 cal - Vegan Bean & Green Chile Burrito 290 cal - Yogurt Parfait, Strawberry 446 cal - Steamed Broccoli 49 cal - Sweet Potato 153 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Fresh Baby Carrots, Snack Pack 23 cal - Fresh Apple Slices 29 cal - Mixed Fruit Cup 80 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Dinner Roll 140 cal - Hamburger on Bun 369 cal - Cheeseburger on Bun 404 cal	15 - Broward Bowl 578 cal - Vegan, Chik'n Nuggets w/ Crackers 377 cal - Turkey Ham & Cheese Melt 349 cal - Yogurt Parfait, Strawberry 446 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Steamed California Blend Vegetables 71 cal - Fresh Mini Sweet Peppers 13 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Fresh Baby Carrots, Snack Pack 23 cal - Variety Juice 90 cal - Fresh Apple Slices 29 cal - Dinner Roll 140 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal
16 No menu published	17 - Beef & Broccoli 267 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Yogurt Parfait, Strawberry 446 cal - Brown Rice 222 cal - Roasted Farm Fresh Green Beans 40 cal - Sweet Potato Crinkle Cut Fries 169 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Fresh Baby Carrots, Snack Pack 23 cal - Pineapple Wedges, Individually Wrapped 50 cal - Fresh Apples 68 cal - Vegan, Chik'n Nuggets w/ Crackers 377 cal - Dinner Roll 140 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal - Chicken Breast Strips 214 cal - Spicy Chicken Breast Strips 214 cal	18 - Premium Beef Taco/Nachos Meat 367 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Vegan Bean & Green Chile Burrito 290 cal - Baked Potato 170 cal - Black Beans 85 cal - Steamed Broccoli 49 cal - Fresh Broccoli & Cucumber Salad 11 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Fresh Apple Slices 29 cal - Peach Cup 70 cal - Hamburger on Bun 369 cal - Cheeseburger on Bun 404 cal	19 - Boneless Chicken Wings 215 cal - Philly Cheese Steak Sub 297 cal - Vegan Bean & Green Chile Burrito 290 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Brown Rice 222 cal - Fresh Carrots & Celery Sticks 17 cal - Potato, Cajun Seasoned French Fries 104 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Fresh Grape Tomato Salad 15 cal - Pears, Cup 70 cal - Fresh Apples 68 cal - Dinner Roll 140 cal - Breaded Chicken Fillet on Bun 344 cal - Spicy Chicken Breast Strips 214 cal	20 - Cheese Tortellini 265 cal - Meat Sauce 106 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Yogurt Parfait, Strawberry 446 cal - Hawaiian Roll 129 cal - Steamed California Blend Vegetables 71 cal - Sweet Potato 153 cal - Tossed Salad w/Romaine Lettuce & Sliced Tomatoes 15 cal - Fresh Zucchini and Yellow Squash Salad 15 cal - Applesauce Cup 50 cal - Fresh Sliced Orange 66 cal - Dinner Roll 140 cal
21 - Chicken Teriyaki 245 cal - Vegan, Chik'n Nuggets w/ Crackers 377 cal - Salad, Chicken 270 cal - Tenders 290 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Yogurt Parfait, Strawberry 446 cal - Vegetable Egg Roll 140 cal - to Mein 263 cal - Steamed Broccoli 49 cal - Tossed Salad w/Romaine Lettuce & Sliced Tomatoes 15 cal - Fresh Baby Carrots, Snack Pack 23 cal - Frozen Whole Fruit Cup 77 cal - Fresh Apples 68 cal - Dinner Roll 140 cal - Breaded Spicy Chicken Fillet on Bun 344 cal - Chicken Breast Strips 214 cal	22 - Beef & Cheese Taco Crisp 360 cal - Jamaican Beef Patty 227 cal - Vegan Bean & Green Chile Burrito 290 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Black Beans 85 cal - Tossed Salad w/Romaine Lettuce & Cucumber Salad 11 cal - Applesauce Cup 50 cal - Fresh Sliced Orange 66 cal - Hamburger on Bun 369 cal - Cheeseburger on Bun 404 cal	23 - Chicken Wings 703 cal - Korean BBQ Chicken Wings 740 cal - Chicken Caesar Wrap 397 cal - Vegan Bean & Green Chile Burrito 290 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Brown Rice 222 cal - Fresh Carrots & Celery Sticks 17 cal - Potato, Cajun Seasoned French Fries 104 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Black Beans 85 cal - Fresh Grape Tomato Salad 15 cal - Pears, Cup 70 cal - Fresh Apples 68 cal - Dinner Roll 140 cal - Chicken Breast Strips 214 cal - Spicy Chicken Breast Strips 214 cal	24 - Baked Ziti 390 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Yogurt Parfait, Strawberry 446 cal - Garlic Breadsticks 110 cal - Roasted Zucchini, Yellow Squash Mix 48 cal - Sweet Potato Crinkle Cut Fries 169 cal - Tossed Salad w/Romaine Lettuce & Sliced Tomatoes 15 cal - Farm Fresh Green Beans 53 cal - Fresh Apple Slices 29 cal - Mixed Fruit Cup 80 cal - Hamburger on Bun 369 cal - Cheeseburger on Bun 404 cal	25 - Chicken Popcorn 255 cal - Fish Patty on Bun 119 cal - Vegan, Chik'n Nuggets w/ Crackers 377 cal - Brown Rice 222 cal - Farm Fresh Corn Cobettes 97 cal - Fresh Mini Sweet Peppers 13 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Black Beans 85 cal - Fresh Grape Tomato Salad 15 cal - Variety Juice 90 cal - Fresh Apples 68 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal
26 - Chicken Teriyaki 245 cal - Vegan, Chik'n Nuggets w/ Crackers 377 cal - Salad, Chicken 270 cal - Tenders 290 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Yogurt Parfait, Strawberry 446 cal - Vegetable Egg Roll 140 cal - to Mein 263 cal - Steamed Broccoli 49 cal - Tossed Salad w/Romaine Lettuce & Sliced Tomatoes 15 cal - Fresh Baby Carrots, Snack Pack 23 cal - Frozen Whole Fruit Cup 77 cal - Fresh Apples 68 cal - Dinner Roll 140 cal - Breaded Spicy Chicken Fillet on Bun 344 cal - Chicken Breast Strips 214 cal	27 - Beef & Cheese Taco Crisp 360 cal - Jamaican Beef Patty 227 cal - Vegan Bean & Green Chile Burrito 290 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Black Beans 85 cal - Tossed Salad w/Romaine Lettuce & Cucumber Salad 11 cal - Applesauce Cup 50 cal - Fresh Sliced Orange 66 cal - Hamburger on Bun 369 cal - Cheeseburger on Bun 404 cal	28 - Chicken Wings 703 cal - Korean BBQ Chicken Wings 740 cal - Chicken Caesar Wrap 397 cal - Vegan Bean & Green Chile Burrito 290 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Brown Rice 222 cal - Fresh Carrots & Celery Sticks 17 cal - Potato, Cajun Seasoned French Fries 104 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Black Beans 85 cal - Fresh Grape Tomato Salad 15 cal - Pears, Cup 70 cal - Fresh Apples 68 cal - Dinner Roll 140 cal - Chicken Breast Strips 214 cal - Spicy Chicken Breast Strips 214 cal	29 - Baked Ziti 390 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Yogurt Parfait, Strawberry 446 cal - Garlic Breadsticks 110 cal - Roasted Zucchini, Yellow Squash Mix 48 cal - Sweet Potato Crinkle Cut Fries 169 cal - Tossed Salad w/Romaine Lettuce & Sliced Tomatoes 15 cal - Farm Fresh Green Beans 53 cal - Fresh Apple Slices 29 cal - Mixed Fruit Cup 80 cal - Hamburger on Bun 369 cal - Cheeseburger on Bun 404 cal	30 - Chicken Popcorn 255 cal - Fish Patty on Bun 119 cal - Vegan, Chik'n Nuggets w/ Crackers 377 cal - Brown Rice 222 cal - Farm Fresh Corn Cobettes 97 cal - Fresh Mini Sweet Peppers 13 cal - Tossed Salad w/Romaine Lettuce & Grape Tomatoes 16 cal - Black Beans 85 cal - Fresh Grape Tomato Salad 15 cal - Variety Juice 90 cal - Fresh Apples 68 cal - Plant-Based Fiesta Salad w/ Hummus 326 cal - Breaded Chicken Fillet on Bun 344 cal - Breaded Spicy Chicken Fillet on Bun 363 cal

EVERY DAY

- Salad, Caesar
- Milk
- Cheese Pizza
- Pepperoni Pizza
- Savory Herb Crackers

Menu subject to change.