

BREAKFAST

OCTOBER 2026

Dillard High

Broward County Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

5
BREADED MINI CHICKEN FILLET 111 cal Variety Yogurt Cup 90 cal Breakfast Biscuit 106 cal Pears, Cup 70 cal Orange Juice 90 cal

6
MINI WAFFLES 179 cal Yogurt Parfait w/ Strawberry 228 cal Breakfast Biscuit 106 cal Chilled Mixed Fruit 62 cal Applesauce Cup 50 cal

7
BREAKFAST PIZZA 180 cal Yogurt Parfait w/ Strawberry 228 cal Breakfast Biscuit 106 cal Chilled Peaches 63 cal Fresh Banana (Ripe) 161 cal

1
CINNAMON FRENCH TOAST STICKS 338 cal Yogurt Parfait w/ Strawberry 228 cal Breakfast Biscuit 106 cal Pineapple Tidbits Cup 60 cal Fresh Banana (Ripe) 161 cal

2
BREAKFAST, CHEESE OMELET 110 cal Variety Yogurt Cup 90 cal Croissant Roll 111 cal Breakfast Biscuit 106 cal Deli Roasted Potatoes 104 cal Fresh Mandarins 98 cal

12
No menu published

13
BUTTERMILK PANCAKES 147 cal Variety Yogurt Cup 90 cal Breakfast Biscuit 106 cal Chilled Pears 63 cal Apple Juice 90 cal

14
BREAKFAST CROISSANT WITH HAM AND SWISS CHEESE 300 cal Yogurt Parfait w/ Peach 275 cal Croissant Roll 111 cal Chilled Mixed Fruit 62 cal Fresh Pineapple Spear 43 cal

15
CINNAMON FRENCH TOAST STICKS 338 cal Yogurt Parfait w/ Strawberry 228 cal Breakfast Biscuit 106 cal Peach Cup 70 cal Fresh Pears 75 cal

16
HARD BOILED EGG 78 cal Variety Yogurt Cup 90 cal Breakfast Biscuit 106 cal Deli Roasted Potatoes 104 cal Fresh Mandarins 98 cal

19
BREADED MINI CHICKEN FILLET 111 cal Variety Yogurt Cup 90 cal Breakfast Biscuit 106 cal Mandarin Oranges Cup 74 cal Apple Juice 90 cal

20
GUAVA PASTRY BITES & CHEESE BITES 272 cal Yogurt Parfait w/ Strawberry 228 cal Croissant Roll 111 cal Chilled Mixed Fruit 62 cal Cinnamon Applesauce Cup 50 cal

21
BREAKFAST, SPICY EGG PATTY & CHEESE ON A CROISSANT 206 cal Yogurt Parfait w/ Strawberry 228 cal Breakfast Biscuit 106 cal Chilled Peaches 63 cal Fresh Banana (Ripe) 161 cal

22
CINNAMON FRENCH TOAST STICKS 338 cal Yogurt Parfait w/ Strawberry 228 cal Croissant Roll 111 cal Chilled Pears 63 cal Fresh Apple Slices 29 cal

23
BREAKFAST BACON, EGG & CHEESE TACO 351 cal Variety Yogurt Cup 90 cal Breakfast Biscuit 106 cal Baby Cakes Hash Browns 130 cal Fresh Mandarins 98 cal

26
PORK SAUSAGE PATTY 70 cal Breakfast Biscuit 106 cal Peach Cup 70 cal Cinnamon Applesauce Cup 50 cal

27
BREAKFAST CHICKEN & WAFFLES 200 cal Yogurt Parfait w/ Peach 275 cal Breakfast Biscuit 106 cal Chilled Pears 63 cal Apple Juice 90 cal

28
HARD BOILED EGG 78 cal Yogurt Parfait w/ Peach 275 cal Breakfast Bagel 149 cal Croissant Roll 111 cal Fresh Banana (Ripe) 161 cal Chilled Mixed Fruit 62 cal

29
CINNAMON FRENCH TOAST STICKS 338 cal Yogurt Parfait w/ Strawberry 228 cal Breakfast Biscuit 106 cal Pineapple Tidbits Cup 60 cal Fresh Banana (Ripe) 161 cal

30
BREAKFAST, CHEESE OMELET 110 cal Variety Yogurt Cup 90 cal Croissant Roll 111 cal Breakfast Biscuit 106 cal Deli Roasted Potatoes 104 cal Fresh Mandarins 98 cal

Served every day:

Assorted Cereal · Milk

Menu data from Broward County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Broward County Public Schools publishes them.