

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5		
Macaroni and Cheese	312 cal	
Buffalo Style Chicken Stuffed Sandwich	291 cal	
Hummus with Savory Herb Crackers	402 cal	
Wild White Nacho Dorito Chips	130 cal	
Sweet Potato Crinkle Cut Fries	169 cal	
Black Beans	85 cal	
Mixed Fruit Cup	80 cal	

6		
Arroz con Pollo	312 cal	
Latin Style Black Beans w/ Brown Rice	113 cal	
Salad, Sliced Turkey & Cheese	241 cal	
Soft Tortilla	91 cal	
Brown Rice	148 cal	
Savory Herb Crackers	90 cal	
Street Corn	138 cal	
Tossed Salad, w/Grape Tomatoes & Carrots, Shredde	17 cal	
Frozen Rips	60 cal	
Strawberry Kiwi		

7		
Boneless Chicken Wings	215 cal	
Spicy Chicken Breast Strips	214 cal	
Parfait, Strawberry w/Cheese Stick	319 cal	
Plant-Based Fiesta Salad w/ Hummus	326 cal	
Mini Waffles	89 cal	
Savory Herb Crackers	90 cal	
Tater Tots	116 cal	
Steamed California Blend Vegetables	71 cal	
Fresh Apple Slices	29 cal	

1		
Chicken Parmesan over Penne Pasta	399 cal	
Chicken Caesar Wrap	397 cal	
Hummus with Savory Herb Crackers	402 cal	
Garlic Breadsticks	110 cal	
Fresh Baby Carrots, Snack Pack	23 cal	
Tossed Salad, w/Grape Tomatoes & Carrots, Shredde	17 cal	
Fresh Apple Slices	29 cal	

2		
Garlic Cheese Pizza	370 cal	
Yogurt w/ Cheese & Crackers	387 cal	
Vegan Bean & Green Chile Burrito	290 cal	
Steamed California Blend Vegetables	71 cal	
Steamed Broccoli	49 cal	
Fruit Blend Juice	90 cal	

8 No menu published

9 No menu published

12 No menu published

13		
Chicken Popcorn	255 cal	
Philly Cheese Steak Sub	304 cal	
Latin Style Black Beans w/ Brown Rice	113 cal	
Brown Rice	148 cal	
Fresh Mini Sweet Peppers	13 cal	
Tater Tots	116 cal	
Pineapple Wedges, Individually Wrapped	50 cal	

14		
Chicken Wings	562 cal	
Honey BBQ Rib on Bun	351 cal	
Plant-Based Fiesta Salad w/ Hummus	326 cal	
Hawaiian Roll	129 cal	
Savory Herb Crackers	90 cal	
Steamed Spinach	96 cal	
Cool Tropics Berry Citrus Veggie Edge	60 cal	
Fresh Apple Slices	29 cal	

15		
Cheese Tortellini	199 cal	
Meat Sauce	106 cal	
Salad, Caesar	187 cal	
Plant-Based Fiesta Wrap w/ Hummus	377 cal	
Garlic Breadsticks	110 cal	
Tossed Salad, w/Grape Tomatoes & Carrots, Shredde	17 cal	
Steamed California Blend Vegetables	71 cal	
Frozen Whole Fruit Cup	77 cal	

16		
Pizza Crunchers	436 cal	
Beef Hot Dog on Bun	308 cal	
Vegan, Chik'n Nuggets w/ Crackers	396 cal	
Baked Beans	150 cal	
Fruit Blend Juice	90 cal	

19		
Chicken, Tangerine	210 cal	
Turkey Ham & Cheese Melt	306 cal	
Vegan, Chik'n Nuggets w/ Crackers	396 cal	
Woodles Noodles	138 cal	
Sweet Potato Wedges	153 cal	
Mixed Vegetables	30 cal	
Peach Cup	70 cal	

20		
Beef & Cheese Taco Crisp	360 cal	
Vegan Bean & Green Chile Burrito	290 cal	
Salad, Egg & Cheese	247 cal	
Savory Herb Crackers	90 cal	
Vegetable, Pepper & Onion Fajita Blend	44 cal	
Black Beans	85 cal	
Strawberry Applesauce Cup	70 cal	

21		
Breaded Chicken Fillet on Bun	344 cal	
Yogurt w/ Cheese & Crackers	387 cal	
Salad, Vegan w/ Buffalo Fava Crisp	248 cal	
Savory Herb Crackers	90 cal	
Potato Wedges	144 cal	
Steamed Broccoli	49 cal	
Fresh Apple Slices	29 cal	

22		
Beef A Roni	205 cal	
Grilled Cheese	284 cal	
Vegan, Chik'n Nuggets w/ Crackers	396 cal	
Garlic Breadsticks	110 cal	
Tossed Salad, w/Grape Tomatoes & Carrots, Shredde	17 cal	
Triple Berry Blast Veggie Edge	60 cal	
Fresh Pineapple Spear	43 cal	

23		
Pull Apart Cheezy Beef Pepperoni Breadsticks	271 cal	
Fish Patty on Bun	319 cal	
Vegan Hummus and w/ Tortilla Round	370 cal	
Fresh Sliced Cucumbers	11 cal	
Sweet Potato Crinkle Cut Fries	169 cal	
Fruit Blend Juice	90 cal	

26		
Chicken Teriyaki	245 cal	
Vegan, Chik'n Nuggets	280 cal	
Korean BBQ Shredded Chicken on Bun	341 cal	
Vegetable Egg Roll	140 cal	
Lo Mein	133 cal	
Roasted Farm Fresh Green Beans	40 cal	
Mixed Vegetables	30 cal	
Frozen Whole Fruit Cup	77 cal	
Korean BBQ Sauce	61 cal	

27		
Mexican Pizza	351 cal	
Breaded Mozzarella Cheese Sticks	390 cal	
Latin Style Black Beans w/ Brown Rice	113 cal	
Brown Rice	148 cal	
Sweet Potato Wedges	153 cal	
Tossed Salad, w/Grape Tomatoes & Carrots, Shredde	17 cal	
Applesauce Cup	50 cal	

28		
Cheeseburger on Bun	404 cal	
Baked CornDog	243 cal	
Salad, Vegan w/ Buffalo Fava Crisp	248 cal	
Savory Herb Crackers	90 cal	
Potato, Cajun Seasoned French Fries	104 cal	
Baked Beans	150 cal	
Fresh Apple Slices	29 cal	

29		
Chicken Parmesan over Penne Pasta	388 cal	
Chicken Caesar Wrap	216 cal	
Hummus with Savory Herb Crackers	402 cal	
Fresh Baby Carrots, Snack Pack	23 cal	
Tossed Salad, w/Grape Tomatoes & Carrots, Shredde	17 cal	
Smooth-Frozen SideKicks Theme Celebrations	75 cal	
Fresh Pineapple Spear	43 cal	

30		
Garlic Cheese Pizza	370 cal	
Yogurt w/ Cheese & Crackers	387 cal	
Vegan Bean & Green Chile Burrito	290 cal	
Steamed California Blend Vegetables	71 cal	
Steamed Broccoli	49 cal	
Fruit Blend Juice	90 cal	

EVERY DAY

Milk

Menu subject to change.