

Cypress Elementary

Supper · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

1

 **Honey BBQ Rib on Bun** 351 cal
 **Cool Tropics Berry Citrus Veggie Edge** 60 cal
 **Fresh Sliced Orange** 66 cal

2

 **Pull Apart Cheezy Breadsticks** 261 cal
 **Mixed Fruit Cup** 80 cal

5

 **Cheeseburger on Bun** 404 cal
 **Potato Wedges** 144 cal
 **Fresh Sliced Orange** 66 cal

6

 **Soy No-Nutbutter Sandwich w/ Cheese Stick** 371 cal
 **Steamed Fresh Baby Carrots** 49 cal
 **Strawberry Applesauce Cup** 70 cal

7

 **Turkey Ham & Cheese Stuffer** 320 cal
 **Deli Roasted Potatoes** 104 cal
 **Fresh Apple Slices** 29 cal

8

No menu published

9

No menu published

12

No menu published

13

 **Soy No-Nutbutter Sandwich** 280 cal
 **Fresh Baby Carrots, Snack Pack** 23 cal
 **Pears, Cup** 70 cal

14

 **Vegan Bean & Green Chile Burrito** 290 cal
 **Tortilla Chips** 200 cal
 **Peach Cup** 70 cal

15

 **Pizza, Cheese Deep Dish** 310 cal
 **Steamed Corn** 107 cal
 **Applesauce Cup** 50 cal

16

 **Jamaican Beef Patty** 227 cal
 **Sweet Potato Wedges** 153 cal
 **Fresh Banana (Ripe)** 161 cal

19

 **French Bread Garlic Pizza** 383 cal
 **Pears, Cup** 70 cal

20

 **Turkey & Beef Pepperoni Stuffed Sandwich** 301 cal
 **Steamed Spinach** 96 cal
 **Pineapple Tidbits Cup** 60 cal

21

 **Macaroni and Cheese** 313 cal
 **Steamed Fresh Baby Carrots** 49 cal
 **Strawberry Applesauce Cup** 70 cal

22

 **Chicken Pizza Quesadilla** 281 cal
 **Fresh Mini Sweet Peppers** 13 cal
 **Pineapple Wedges, Individually Wrapped** 50 cal

23

 **Soft Pretzel** 141 cal
 **Steamed Broccoli** 49 cal
 **Mixed Fruit Cup** 80 cal

26

 **Chicken Breast Strips** 214 cal
 **Farm Fresh Green Beans** 51 cal
 **Blue Raspberry Applesauce Cup** 60 cal

27

 **Mini Pepperoni Calzone** 360 cal
 **Plantains** 283 cal
 **Peach Cup** 70 cal

28

 **Chicken Popcorn** 255 cal
 **Peas and Carrots Blend Vegetables** 91 cal
 **Fresh Banana (Ripe)** 161 cal

29

No menu published

30

No menu published

Served every day

 Wheat Roll ·  Milk