

Cypress Elementary

Lunch · October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			399 cal 397 cal 402 cal 110 cal 23 cal 17 cal 29 cal 224 cal 31 cal 81 cal	370 cal 387 cal 290 cal 71 cal 49 cal 90 cal
			8	9
			No menu published	No menu published
5	6	7		
312 cal 301 cal 402 cal 110 cal 169 cal 85 cal 80 cal	312 cal 85 cal 217 cal 91 cal 111 cal 90 cal 138 cal 17 cal 60 cal 53 cal	215 cal 319 cal 302 cal 89 cal 90 cal 116 cal 71 cal 66 cal		
12	13	14	15	16
No menu published	255 cal 304 cal 302 cal 85 cal 111 cal 13 cal 58 cal 50 cal 60 cal	442 cal 351 cal 302 cal 129 cal 90 cal 96 cal 87 cal 29 cal 33 cal	199 cal 106 cal 175 cal 377 cal 110 cal 17 cal 71 cal 29 cal 224 cal 81 cal	436 cal 308 cal 396 cal 150 cal 90 cal
19	20	21	22	23
210 cal 306 cal 396 cal 138 cal 153 cal 30 cal 70 cal	360 cal 290 cal 223 cal 44 cal 85 cal 70 cal 50 cal	344 cal 387 cal 324 cal 90 cal 144 cal 49 cal 29 cal 224 cal 33 cal	182 cal 284 cal 396 cal 110 cal 17 cal 60 cal 29 cal 60 cal 81 cal	271 cal 319 cal 370 cal 11 cal 169 cal 90 cal
26	27	28	29	30
245 cal 280 cal 341 cal 306 cal 140 cal 133 cal 40 cal 30 cal 23 cal 60 cal 77 cal 50 cal 61 cal	351 cal 390 cal 85 cal 111 cal 153 cal 17 cal 50 cal 35 cal	404 cal 243 cal 324 cal 90 cal 104 cal 150 cal 68 cal 61 cal 33 cal	388 cal 216 cal 402 cal 23 cal 17 cal 75 cal 29 cal 224 cal 31 cal 81 cal	370 cal 387 cal 290 cal 71 cal 49 cal 90 cal

Served every day
 Milk · White Milk