

BREAKFAST OCTOBER 2026

Cresthaven Elementary

Broward County Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

1

 **CINNAMON FRENCH TOAST STICKS** 254 cal
 Flavored Yogurt Cup 90 cal
 Breakfast Biscuit 106 cal
 Pineapple Tidbits Cup 60 cal
 Fresh Banana (Ripe) 81 cal
 White Milk 110 cal

2

 **BREAKFAST, CHEESE OMELET** 110 cal
 Pop Tart & Cheese 268 cal
 Croissant Roll 111 cal
 Deli Roasted Potatoes 104 cal
 Fresh Mandarins 98 cal
 White Milk 110 cal

5

 **BREADED MINI CHICKEN FILLET** 111 cal
 Flavored Yogurt Cup 90 cal
 Breakfast Biscuit 106 cal
 Strawberry Nutrigrain Bar 150 cal
 Pears, Cup 70 cal
 Orange Juice 90 cal
 White Milk 110 cal

6

 **MINI WAFFLES** 179 cal
 Yogurt Parfait w/ Strawberry 228 cal
 Breakfast Biscuit 106 cal
 Chilled Mixed Fruit 62 cal
 Applesauce Cup 50 cal
 White Milk 110 cal

7

 **BREAKFAST, EGG PATTY & CHEESE ON A CROISSANT** 197 cal
 Flavored Yogurt Cup 90 cal
 Croissant Roll 111 cal
 Chilled Peaches 63 cal
 Fresh Banana (Ripe) 161 cal
 Breakfast, Egg Patty 50 cal
 White Milk 110 cal

8

No menu published

9

No menu published

12

No menu published

13

 **BUTTERMILK PANCAKES** 147 cal
 Strawberry Banana Yogurt 90 cal
 Breakfast Biscuit 106 cal
 Chilled Pears 63 cal
 Variety Juice 90 cal

14

 **FLAVORED YOGURT CUP** 90 cal
 Donut Variety Items 281 cal
 Buttermilk Pancakes 147 cal
 Croissant Roll 211 cal
 Chilled Mixed Fruit 62 cal
 Variety Fresh Fruit 2481 cal
 Strawberry Banana Yogurt 90 cal
 Mandarin Oranges Cup 74 cal
 White Milk 110 cal

15

 **CINNAMON FRENCH TOAST STICKS** 254 cal
 Flavored Yogurt Cup 90 cal
 Mini Waffles 179 cal
 Strawberry Nutrigrain Bar 150 cal
 Peach Cup 70 cal
 Fresh Banana (Ripe) 161 cal
 White Milk 110 cal

16

 **HARD BOILED EGG** 78 cal
 Pop Tart & Cheese 268 cal
 Hawaiian Roll 129 cal
 Deli Roasted Potatoes 104 cal
 Fresh Sliced Orange 66 cal
 White Milk 110 cal

19

 **BREADED MINI CHICKEN FILLET** 111 cal
 Flavored Yogurt Cup 90 cal
 Breakfast Biscuit 106 cal
 Strawberry Nutrigrain Bar 150 cal
 Mandarin Oranges Cup 74 cal
 Apple Juice 90 cal
 White Milk 110 cal

20

 **GUAVA PASTRY BITES & CHEESE BITES** 272 cal
 Breakfast Biscuit 106 cal
 Chilled Mixed Fruit 62 cal
 Applesauce Cup 50 cal
 Cheese Bites 151 cal
 White Milk 110 cal

21

 **BREAKFAST, EGG PATTY & CHEESE ON A CROISSANT** 197 cal
 Flavored Yogurt Cup 90 cal
 Croissant Roll 111 cal
 Chilled Peaches 63 cal
 Fresh Banana (Ripe) 161 cal

22

 **CINNAMON FRENCH TOAST STICKS** 254 cal
 Flavored Yogurt Cup 90 cal
 Breakfast Biscuit 106 cal
 Chilled Pears 63 cal
 Fresh Apple Slices 29 cal

23

 **BREAKFAST BACON, EGG & CHEESE TACO** 190 cal
 Pop Tart & Cheese 268 cal
 Breakfast Biscuit 106 cal
 Baby Cakes Hash Browns 130 cal
 Fresh Sliced Orange 66 cal

26

 **PORK SAUSAGE PATTY** 70 cal
 Flavored Yogurt Cup 90 cal
 Breakfast Biscuit 106 cal
 Strawberry Nutrigrain Bar 150 cal
 Peach Cup 70 cal
 Cinnamon Applesauce Cup 50 cal

27

 **BREAKFAST CHICKEN & WAFFLES** 200 cal
 Yogurt Parfait w/ Strawberry 228 cal
 Breakfast Biscuit 106 cal
 Chilled Pears 63 cal
 Orange Juice 90 cal

28

 **HARD BOILED EGG** 78 cal
 Flavored Yogurt Cup 90 cal
 Breakfast Biscuit 106 cal
 Breakfast Bagel 149 cal
 Chilled Mixed Fruit 62 cal
 Fresh Banana (Ripe) 161 cal

29

 **CINNAMON FRENCH TOAST STICKS** 254 cal
 Flavored Yogurt Cup 90 cal
 Breakfast Biscuit 106 cal
 Pineapple Tidbits Cup 60 cal
 Fresh Banana (Ripe) 161 cal

30

 **BREAKFAST, CHEESE OMELET** 110 cal
 Pop Tart & Cheese 268 cal
 Croissant Roll 111 cal
 Deli Roasted Potatoes 104 cal
 Fresh Sliced Orange 66 cal

Served every day:

 Assorted Cereal ·  Milk

Menu data from Broward County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Broward County Public Schools publishes them.

MealViewer