

| MONDAY                                                                                                                                                                                                                                                                                                                                                                                                          | TUESDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                               | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                                           | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | FRIDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
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| <p><b>★</b></p> <p><b>Macaroni and Cheese</b> 312 cal</p> <ul style="list-style-type: none"> <li>Turkey &amp; Beef Pepperoni Stuffed Sandwich 301 cal</li> <li>Hummus with Savory Herb Crackers 402 cal</li> <li>Vegan Hummus 170 cal</li> <li>Wild White Nacho Dorito Chips 130 cal</li> <li>Sweet Potato Crinkle Cut Fries 169 cal</li> <li>Black Beans 85 cal</li> <li>Mixed Fruit Cup 80 cal</li> </ul>     | <p><b>★</b></p> <p><b>Arroz con Pollo</b> 312 cal</p> <ul style="list-style-type: none"> <li>Latin Style Black Beans w/ Brown Rice 85 cal</li> <li>Salad, Sliced Turkey &amp; Cheese 217 cal</li> <li>Soft Tortilla 91 cal</li> <li>Brown Rice 111 cal</li> <li>Savory Herb Crackers 90 cal</li> <li>Street Corn 138 cal</li> <li>Tossed Salad, w/Grape Tomatoes &amp; Carrots, Shredde 17 cal</li> <li>Frozen Rips 60 cal</li> <li>Strawberry Kiwi 53 cal</li> </ul> | <p><b>★</b></p> <p><b>Boneless Chicken Wings</b> 215 cal</p> <ul style="list-style-type: none"> <li>Parfait, Strawberry w/Cheese Stick 319 cal</li> <li>Plant-Based Fiesta Salad w/ Hummus 302 cal</li> <li>Mini Waffles 89 cal</li> <li>Savory Herb Crackers 90 cal</li> <li>Tater Tots 116 cal</li> <li>Steamed California Blend Vegetables 71 cal</li> <li>Fresh Sliced Orange 66 cal</li> </ul> | <p><b>★</b></p> <p><b>Chicken Parmesan over Penne Pasta</b> 399 cal</p> <ul style="list-style-type: none"> <li>Chicken Caesar Wrap 397 cal</li> <li>Hummus with Savory Herb Crackers 402 cal</li> <li>Garlic Breadsticks 110 cal</li> <li>Fresh Baby Carrots, Snack Pack 23 cal</li> <li>Tossed Salad, w/Grape Tomatoes &amp; Carrots, Shredde 17 cal</li> <li>Fresh Apple Slices 29 cal</li> <li>Vegan, Chik'n Nuggets 224 cal</li> <li>Steamed Carrots 31 cal</li> <li>Fresh Banana (Ripe) 81 cal</li> </ul>                                                                                                       | <p><b>★</b></p> <p><b>Garlic Cheese Pizza</b> 370 cal</p> <ul style="list-style-type: none"> <li>Yogurt w/ Cheese &amp; Crackers 387 cal</li> <li>Vegan Bean &amp; Green Chile Burrito 290 cal</li> <li>Steamed California Blend Vegetables 71 cal</li> <li>Steamed Broccoli 49 cal</li> <li>Fruit Blend Juice 90 cal</li> </ul>                                                                                                                                                      |
| <p><b>★</b></p> <p>No menu published</p>                                                                                                                                                                                                                                                                                                                                                                        | <p><b>★</b></p> <p><b>Chicken Popcorn</b> 255 cal</p> <ul style="list-style-type: none"> <li>Philly Cheese Steak Sub 304 cal</li> <li>Vegan Bean &amp; Green Chile Burrito 290 cal</li> <li>Texas Garlic Toast 90 cal</li> <li>Fresh Mini Sweet Peppers 13 cal</li> <li>Potato Smiles 130 cal</li> <li>Fresh Pineapple Spear 43 cal</li> </ul>                                                                                                                        | <p><b>★</b></p> <p><b>Breaded Chicken Drumstick</b> 442 cal</p> <ul style="list-style-type: none"> <li>Honey BBQ Rib on Bun 351 cal</li> <li>Plant-Based Fiesta Salad w/ Hummus 302 cal</li> <li>Hawaiian Roll 129 cal</li> <li>Savory Herb Crackers 90 cal</li> <li>Farm Fresh Corn Cobettes 97 cal</li> <li>Steamed Spinach 96 cal</li> <li>Fresh Sliced Orange 66 cal</li> </ul>                 | <p><b>★</b></p> <p><b>Cheese Tortellini</b> 199 cal</p> <ul style="list-style-type: none"> <li>Meat Sauce 106 cal</li> <li>Salad, Caesar 175 cal</li> <li>Plant-Based Fiesta Wrap w/ Hummus 377 cal</li> <li>Munchies Munch Mix Snack Mix 110 cal</li> <li>Tossed Salad, w/Grape Tomatoes &amp; Carrots, Shredde 17 cal</li> <li>Steamed California Blend Vegetables 71 cal</li> <li>Fresh Apple Slices 29 cal</li> <li>Vegan, Chik'n Nuggets 224 cal</li> <li>Fresh Banana (Ripe) 81 cal</li> </ul>                                                                                                                 | <p><b>★</b></p> <p><b>Pizza Crunchers</b> 436 cal</p> <ul style="list-style-type: none"> <li>Beef Hot Dog on Bun 308 cal</li> <li>Vegan, Chik'n Nuggets w/ Crackers 396 cal</li> <li>Vegan, Chik'n Nuggets 224 cal</li> <li>Turkey Ham &amp; Cheese on Sandwich 306 cal</li> <li>Baked Beans 150 cal</li> <li>Fresh Baby Carrots, Snack Pack 23 cal</li> <li>Cool Tropics Berry Citrus Veggie Edge 60 cal</li> <li>Fruit Blend Juice 90 cal</li> <li>Applesauce Cup 50 cal</li> </ul> |
| <p><b>★</b></p> <p><b>Chicken, Tangerine</b> 210 cal</p> <ul style="list-style-type: none"> <li>Turkey Ham &amp; Cheese Melt 306 cal</li> <li>Vegan, Chik'n Nuggets w/ Crackers 396 cal</li> <li>Vegan, Chik'n Nuggets 224 cal</li> <li>Woodies Noodles 138 cal</li> <li>Sweet Potato Wedges 153 cal</li> <li>Mixed Vegetables 30 cal</li> <li>Peach Cup 70 cal</li> </ul>                                      | <p><b>★</b></p> <p><b>Beef &amp; Cheese Taco Crisp</b> 360 cal</p> <ul style="list-style-type: none"> <li>Vegan Bean &amp; Green Chile Burrito 290 cal</li> <li>Vegetable, Pepper &amp; Onion Fajita Blend 44 cal</li> <li>Black Beans 85 cal</li> <li>Strawberry Applesauce Cup 70 cal</li> <li>Applesauce Cup 50 cal</li> </ul>                                                                                                                                     | <p><b>★</b></p> <p><b>Breaded Chicken Fillet on Bun</b> 344 cal</p> <ul style="list-style-type: none"> <li>Yogurt w/ Cheese &amp; Crackers 387 cal</li> <li>Vegan Salad, w/ Garbanzo Beans 324 cal</li> <li>Savory Herb Crackers 90 cal</li> <li>Potato Wedges 144 cal</li> <li>Steamed Broccoli 49 cal</li> <li>Fresh Sliced Orange 66 cal</li> <li>Vegan, Chik'n Nuggets 224 cal</li> </ul>       | <p><b>★</b></p> <p><b>Beef A Roni</b> 182 cal</p> <ul style="list-style-type: none"> <li>Grilled Cheese 284 cal</li> <li>Vegan, Chik'n Nuggets w/ Crackers 396 cal</li> <li>Vegan, Chik'n Nuggets 224 cal</li> <li>Turkey Ham &amp; Cheese on Sandwich 306 cal</li> <li>Garlic Breadsticks 110 cal</li> <li>Tossed Salad, w/Grape Tomatoes &amp; Carrots, Shredde 17 cal</li> <li>Triple Berry Blast Veggie Edge 60 cal</li> <li>Fresh Baby Carrots, Snack Pack 23 cal</li> <li>Fresh Apple Slices 29 cal</li> <li>Applesauce Cup 50 cal</li> <li>Carrot Juice 60 cal</li> <li>Fresh Banana (Ripe) 81 cal</li> </ul> | <p><b>★</b></p> <p><b>Pull Apart Cheezy Beef Pepperoni Breadsticks</b> 271 cal</p> <ul style="list-style-type: none"> <li>Fish Patty on Bun 319 cal</li> <li>Hummus with Savory Herb Crackers 402 cal</li> <li>Vegan Hummus 170 cal</li> <li>Fresh Sliced Cucumbers 11 cal</li> <li>Sweet Potato Crinkle Cut Fries 169 cal</li> <li>Fruit Blend Juice 90 cal</li> </ul>                                                                                                               |
| <p><b>★</b></p> <p><b>Chicken Teriyaki</b> 245 cal</p> <ul style="list-style-type: none"> <li>Vegan, Chik'n Nuggets 280 cal</li> <li>Korean BBQ Shredded Chicken on Bun 341 cal</li> <li>Vegetable Egg Roll 140 cal</li> <li>Lo Mein 133 cal</li> <li>Roasted Farm Fresh Green Beans 40 cal</li> <li>Mixed Vegetables 30 cal</li> <li>Frozen Whole Fruit Cup 77 cal</li> <li>Korean BBQ Sauce 61 cal</li> </ul> | <p><b>★</b></p> <p><b>Mexican Pizza</b> 351 cal</p> <ul style="list-style-type: none"> <li>Breaded Mozzarella Cheese Sticks 390 cal</li> <li>Latin Style Black Beans w/ Brown Rice 85 cal</li> <li>Sweet Potato Wedges 153 cal</li> <li>Tossed Salad, w/Grape Tomatoes &amp; Carrots, Shredde 17 cal</li> <li>Applesauce Cup 50 cal</li> <li>Steamed California Blend Vegetables 35 cal</li> </ul>                                                                    | <p><b>★</b></p> <p>No menu published</p>                                                                                                                                                                                                                                                                                                                                                            | <p><b>★</b></p> <p><b>Chicken Parmesan over Penne Pasta</b> 388 cal</p> <ul style="list-style-type: none"> <li>Chicken Caesar Wrap 216 cal</li> <li>Hummus with Savory Herb Crackers 402 cal</li> <li>Fresh Baby Carrots, Snack Pack 23 cal</li> <li>Tossed Salad, w/Grape Tomatoes &amp; Carrots, Shredde 17 cal</li> <li>Smooth-Frozen SideKicks Theme Celebrations 75 cal</li> <li>Fresh Apple Slices 29 cal</li> <li>Vegan, Chik'n Nuggets 224 cal</li> <li>Steamed Carrots 31 cal</li> <li>Fresh Banana (Ripe) 81 cal</li> </ul>                                                                                | <p><b>★</b></p> <p><b>Garlic Cheese Pizza</b> 370 cal</p> <ul style="list-style-type: none"> <li>Yogurt w/ Cheese &amp; Crackers 387 cal</li> <li>Vegan Bean &amp; Green Chile Burrito 290 cal</li> <li>Steamed California Blend Vegetables 71 cal</li> <li>Fresh Sliced Cucumbers 6 cal</li> <li>Fruit Blend Juice 90 cal</li> </ul>                                                                                                                                                 |

### EVERY DAY

- Milk
- White Milk

Menu subject to change.