



BREAKFAST

OCTOBER 2026

Broward Estates Early Learning and Resource Center

Broward County Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

5  ASSORTED CEREAL Pears, Cup 111 cal 70 cal	6  MINI WAFFLES Applesauce Cup 89 cal 50 cal	7  BREAKFAST, EGG PATTY Fresh Banana (Ripe) 50 cal 81 cal	8 No menu published	9 No menu published
12 No menu published	13  BUTTERMILK PANCAKES Apple Juice 74 cal 60 cal	14  BREAKFAST PIZZA Fresh Banana (Ripe) 180 cal 81 cal	15  CINNAMON FRENCH TOAST STICKS Peach Cup 169 cal 70 cal	16  HARD BOILED EGG Fresh Sliced Orange 78 cal 66 cal
19  RICE CHEX CEREAL Mandarin Oranges Cup 111 cal 74 cal	20  CHEESE BITES Applesauce Cup 151 cal 50 cal	21  BREAKFAST, EGG PATTY Fresh Banana (Ripe) 50 cal 81 cal	22  CINNAMON FRENCH TOAST STICKS Mandarin Oranges Cup 169 cal 74 cal	23  EGGSTRAVAGANZA Baby Cakes Hash Browns 84 cal 130 cal
26  FLAVORED YOGURT CUP Pears, Cup 90 cal 70 cal	27  MINI WAFFLES Apple Juice 89 cal 60 cal	28  BREAKFAST BAGEL Fresh Banana (Ripe) 75 cal 81 cal	29  CINNAMON FRENCH TOAST STICKS Pears, Cup 169 cal 70 cal	30  BREAKFAST, CHEESE OMELET Fresh Sliced Orange 110 cal 33 cal