

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

EVERY DAY

- 🥗 Salad, Caesar
- 🥛 Yogurt Parfait, Strawberry
- 🥗 Vegan Salad, w/ Chik'n Nuggets
- 🥗 Tossed Salad w/Romaine Lettuce & Grape Tomatoes
- 🍏 Fresh Apple Slices
- 🥛 Milk
- 🍕 Cheese Pizza
- 🍕 Pepperoni Pizza

Menu subject to change.

5		
🍗	Chicken, General Tso's	211 cal
🍗	Spicy Chicken Tender Sub	446 cal
🌱	Vegan, Chik'n Nuggets w/ Crackers	377 cal
🍚	Brown Rice	222 cal
🥕	Peas and Carrots Blend	91 cal
🥕	Vegetables	91 cal
🍟	Sweet Potato Crinkle Cut Fries	169 cal
🍌	Mixed Fruit Cup	80 cal
🍗	Breaded Chicken Fillet on Bun	344 cal
🍗	Breaded Spicy Chicken Fillet on Bun	363 cal

6		
🍚	Arroz con Pollo	467 cal
🍕	Mexican Pizza	351 cal
🍚	Latin Style Black Beans w/ Brown Rice	113 cal
🍚	Brown Rice	222 cal
🍌	Black Beans	85 cal
🍟	Seasoned French Fries	121 cal
🍌	Frozen Rips	60 cal
🍌	Strawberry Kiwi	60 cal
🍗	Cheeseburger on Bun	404 cal

7		
🍗	Chicken Caesar Wrap	397 cal
🌱	Vegan Bean & Green Chile Burrito	290 cal
🍗	Chicken, General Tso's	211 cal
🍗	Salad, Chicken Tenders	383 cal
🍜	Woodles Noodles	277 cal
🍌	Steamed Corn	87 cal
🍌	Pears, Cup	70 cal
🍗	Chicken Breast Strips	214 cal
🍗	Spicy Chicken Breast Strips	214 cal
🍌	Dinner Roll	140 cal

8		
1	No menu published	

9		
2	No menu published	

12		
	No menu published	

13		
🍗	Burrito Bowl	347 cal
🌱	Vegan Hummus and w/ Tortilla Round	370 cal
🍌	Tortilla Scoop Chips	110 cal
🥕	Fresh Baby Carrots, Snack Pack	23 cal
🍌	Strawberry Applesauce Cup	70 cal
🍗	Cheeseburger on Bun	404 cal

14		
🍗	Cajun Seasoned Chicken Wings	709 cal
🍗	Spicy Chicken Tender Sub	446 cal
🍌	Breaded Onion Rings	180 cal
🥕	Fresh Carrots & Celery Sticks	17 cal
🍟	Potato, Cajun Seasoned French Fries	104 cal
🍌	Pears, Cup	70 cal
🍗	Chicken Breast Strips	214 cal
🍗	Spicy Chicken Breast Strips	214 cal
🍌	Dinner Roll	140 cal

15		
🍗	Beef A Roni	364 cal
🍗	Chicken Caesar Wrap	216 cal
🌱	Vegan Bean & Green Chile Burrito	290 cal
🍌	Hawaiian Roll	129 cal
🍌	Steamed Broccoli	49 cal
🍌	Sweet Potato Wedges	153 cal
🍌	Mixed Fruit Cup	80 cal
🍗	Cheeseburger on Bun	404 cal
🍌	Plant-Based Fiesta Salad w/ Hummus	326 cal

16		
🍗	Broward Spicy Bowl	578 cal
🌱	Vegan, Chik'n Nuggets w/ Crackers	396 cal
🥕	Steamed California Blend Vegetables	71 cal
🍌	Fresh Mini Sweet Peppers	13 cal
🥕	Fruit Blend Juice	90 cal
🍗	Breaded Chicken Fillet on Bun	344 cal
🍗	Breaded Spicy Chicken Fillet on Bun	363 cal
🍌	Dinner Roll	70 cal

19		
🍗	Beef & Broccoli	267 cal
🍗	Spicy Chicken Tender Sub	446 cal
🍚	Brown Rice	222 cal
🥕	Roasted Farm Fresh Green Beans	40 cal
🍟	Sweet Potato Crinkle Cut Fries	169 cal
🍌	Pineapple Wedges, Individually Wrapped	50 cal
🍗	Breaded Chicken Fillet on Bun	344 cal
🍗	Breaded Spicy Chicken Fillet on Bun	363 cal
🌱	Vegan, Chik'n Nuggets w/ Crackers	396 cal

20		
🍚	Latin Style Black Beans w/ Brown Rice	113 cal
🍚	Brown Rice	222 cal
🍌	Baked Potato	170 cal
🥕	Steamed Broccoli	49 cal
🍌	Peach Cup	70 cal
🍗	Cheeseburger on Bun	404 cal

21		
🍗	Boneless Chicken Wings	215 cal
🍗	Philly Cheese Steak Sub	297 cal
🌱	Vegan Bean & Green Chile Burrito	290 cal
🍟	Potato, Cajun Seasoned French Fries	104 cal
🍌	Pears, Cup	70 cal
🍗	Breaded Chicken Fillet on Bun	344 cal
🍗	Breaded Spicy Chicken Fillet on Bun	363 cal
🍌	Dinner Roll	140 cal

22		
🍌	Cheese Tortellini	265 cal
🍌	Meat Sauce	106 cal
🍗	Chicken Caesar Wrap	216 cal
🍌	Hawaiian Roll	129 cal
🍌	Steamed California Blend Vegetables	71 cal
🍌	Sweet Potato Wedges	153 cal
🍌	Applesauce Cup	50 cal
🍗	Buffalo Chicken Pizza	379 cal

23		
🍗	Jamaican Beef Patty	227 cal
🌱	Vegan, Chik'n Nuggets w/ Crackers	396 cal
🍟	Potato, Cajun Seasoned French Fries	104 cal
🍌	Roasted Butternut Squash	82 cal
🥕	Fruit Blend Juice	90 cal
🍗	Breaded Chicken Fillet on Bun	344 cal
🍗	Breaded Spicy Chicken Fillet on Bun	363 cal

26		
🍗	Chicken Teriyaki	245 cal
🍗	Korean BBQ Shredded Chicken on Bun	438 cal
🌱	Vegan, Chik'n Nuggets w/ Crackers	396 cal
🥕	Yogurt Parfait, Blueberry	439 cal
🍌	Vegetable Egg Roll	140 cal
🍌	Lo Mein	265 cal
🥕	Steamed Broccoli	49 cal
🍌	Frozen Whole Fruit Cup	77 cal
🍗	Breaded Chicken Fillet on Bun	344 cal
🍗	Breaded Spicy Chicken Fillet on Bun	363 cal

27		
🍗	Beef & Cheese Taco Crisp	360 cal
🍗	Jamaican Beef Patty	227 cal
🌱	Vegan Bean & Green Chile Burrito	290 cal
🍌	Plantains	283 cal
🍌	Applesauce Cup	50 cal
🍗	Cheeseburger on Bun	404 cal

28		
🍗	Cajun Seasoned Chicken Wings	709 cal
🍗	Chicken Caesar Wrap	216 cal
🍚	Latin Style Black Beans w/ Brown Rice	113 cal
🍚	Brown Rice	222 cal
🥕	Fresh Carrots & Celery Sticks	17 cal
🍟	Potato, Cajun Seasoned French Fries	104 cal
🍌	Pears, Cup	70 cal
🍗	Breaded Spicy Chicken Fillet on Bun	363 cal
🍗	Breaded Chicken Fillet on Bun	344 cal
🍌	Dinner Roll	140 cal

29		
🍌	Baked Ziti	390 cal
🍌	Garlic Breadsticks	110 cal
🍌	Roasted Zucchini, Yellow Squash Mix	48 cal
🍟	Sweet Potato Crinkle Cut Fries	169 cal
🍌	Mixed Fruit Cup	80 cal
🍗	Cheeseburger on Bun	404 cal

30		
🍗	Chicken Popcorn	255 cal
🌱	Vegan, Chik'n Nuggets w/ Crackers	396 cal
🍌	Steamed Corn	87 cal
🥕	Fruit Blend Juice	90 cal
🍗	Breaded Chicken Fillet on Bun	344 cal
🍗	Breaded Spicy Chicken Fillet on Bun	363 cal
🍌	Dinner Roll	140 cal