

LUNCH

OCTOBER 2026

McKinley Elementary

Burlingame School District



Monday

Tuesday

Wednesday

Thursday

Friday

5

CHICKEN ALFREDO PASTA	289 cal
Pasta Alfredo	334 cal
Whole Grain Breadstick	80 cal
Caesar Side Salad	170 cal
Carrot Sticks	25 cal

6

CHICKEN FAJITA SOFT TACOS	327 cal
Nachos with Beans and Cheese	490 cal
Cucumber Coins	9 cal
Shredded Lettuce	3 cal
Diced Red Tomatoes	4 cal
Salsa	39 cal

7

TERIYAKI CHICKEN RICE BOWL	451 cal
Baked Teriyaki Tofu	297 cal
Steamed Brown Rice	103 cal
Garden Salad	22 cal
Jicama Sticks	25 cal

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HAMBURGER	298 cal
or	
Cheeseburger	353 cal
Veggie Burger	290 cal
Chicken Caesar Salad	296 cal
with Whole Grain Dinner Roll	149 cal
Tater Tots	111 cal
Burger Topping	8 cal
Sliced Red Onion	6 cal

2

NEW YORK TURKEY PEPPERONI PIZZA	320 cal
Pizza New York Cheese	216 cal
Boneless Wings	270 cal
with Freshly Baked Biscuit	210 cal
Celery Sticks	10 cal
Caesar Side Salad	172 cal

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No menu published

13

NACHOS WITH BEEF & CHEESE	465 cal
Hand Rolled Bean & Tillamook Cheese Burrito	386 cal
with Salsa	39 cal
Garden Side Salad	20 cal
Celery Sticks	10 cal

14

MILLER'S LOCAL ALL BEEF HOT DOG	370 cal
Crinkle Cut French Fries	81 cal
Tofu Caesar Wrap	611 cal
Creamy Cole Slaw	40 cal
Jicama Sticks	25 cal

15

HAMBURGER	298 cal
Cheeseburger	353 cal
Veggie Burger	290 cal
Chicken Fajita Salad	455 cal
with Whole Grain Dinner Roll	149 cal
Tater Tots	111 cal
Burger Topping	8 cal
Sliced Red Onion	6 cal

16

NEW YORK TURKEY PEPPERONI PIZZA	320 cal
Pizza New York Cheese	216 cal
Boneless Wings	270 cal
and Freshly Baked Biscuit	210 cal
Caesar Side Salad	170 cal
Carrot Sticks	25 cal

19

BREADED CHICKEN TENDER	255 cal
with Dipping Sauce and Baked Biscuit	190 cal
Grilled Cheese Sandwich	252 cal
Three Bean Salad	102 cal
Cherry Tomatoes	22 cal

20

BEEFY MAC	345 cal
Bean & Queso Blanco Quesadilla	269 cal
with Salsa	36 cal
Celery Sticks	10 cal
Garden Salad	22 cal

21

FISH AND CHIPS	221 cal
Vegetarian Chili	247 cal
with Crispy Round Tortilla Chips	190 cal
Creamy Cole Slaw	40 cal
Corn	92 cal

22

MARY'S CHICKEN DRUMSTICK	181 cal
with BBQ Sauce	
Whole Grain Dinner Roll	140 cal
Mac & Cheese	317 cal
with Creamy Cole Slaw	40 cal
Cucumber Coins	9 cal

23

NEW YORK TURKEY PEPPERONI PIZZA	320 cal
Pizza New York Cheese	216 cal
Cheese Quesadilla	430 cal
with Pico de Gallo	4 cal
Caesar Side Salad	170 cal
Celery Sticks	10 cal

26

SPAGHETTI WITH ALL BEEF MEAT SAUCE	235 cal
or	
Spaghetti with Marinara Sauce and Parmesan Cheese	364 cal
with Breadstick	80 cal
Vegetarian Taco Salad	473 cal
Caesar Side Salad	170 cal
Jicama Sticks	25 cal

27

POSOLE CON POLLO WITH TORTILLA CHIPS	443 cal
Bean and Cheese Pupusa	290 cal
with Salsa	39 cal
Cucumber Coins	9 cal
Shredded Cabbage	4 cal
Radish Wedges	5 cal
Diced Red Onion	9 cal

28

BBQ PULLED CHICKEN SANDWICH	280 cal
Sweet Potato Fries	105 cal
Hummus Wrap	485 cal
Corn	92 cal
Creamy Cole Slaw	40 cal

29

TERIYAKI BEEF DIPPERS	152 cal
or Sweet Potato Fries	
Mediterranean Lemon Pepper Tofu	226 cal
with Steamed Brown Rice	103 cal
Cherry Tomatoes	22 cal
Fresh Broccoli Florets	11 cal

30

NEW YORK TURKEY PEPPERONI PIZZA	320 cal
Pizza New York Cheese	216 cal
Boneless Wings	270 cal
with Freshly Baked Biscuit	210 cal
Carrot Sticks	25 cal
Caesar Side Salad	172 cal