

LUNCH

OCTOBER 2026

Hoover Elementary

Burlingame School District



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5 - Chicken Alfredo Pasta 289 cal - Pasta Alfredo 334 cal - Whole Grain Breadstick 80 cal - Caesar Side Salad 170 cal - Carrot Sticks 25 cal	6 - Chicken Fajita Soft Tacos 327 cal - Nachos with Beans and Cheese 490 cal - Cucumber Coins 9 cal - Shredded Lettuce 3 cal - Diced Red Tomatoes 4 cal - Salsa 39 cal	7 - Teriyaki Chicken Rice Bowl 451 cal - Baked Teriyaki Tofu over 297 cal - Steamed Brown Rice 103 cal - Garden Salad 22 cal - Jicama Sticks 25 cal	8 - BBQ Beef Riblet 200 cal - on - Whole Wheat Hamburger Bun 150 cal - Veggie Burger 290 cal - Southwest Chicken Caesar Salad 456 cal - with - Whole Grain Dinner Roll 149 cal - Crinkle Cut Sweet Potato Fries 169 cal - Creamy Cole Slaw 40 cal	9 - New York Turkey Pepperoni Pizza 320 cal - Pizza New York Cheese 216 cal - Cheese Quesadilla 430 cal - with - Pico de Gallo 3 cal - Celery Sticks 10 cal - Caesar Side Salad 172 cal
12 No menu published	13 - Nachos with Beef & Cheese 465 cal - Hand Rolled Bean & Tillamook Cheese Burrito 386 cal - with - Salsa 39 cal - Garden Side Salad 20 cal - Celery Sticks 10 cal	14 - Miller's Local All Beef Hot Dog 370 cal - Crinkle Cut French Fries 81 cal - Tofu Caesar Wrap 611 cal - Creamy Cole Slaw 40 cal - Jicama Sticks 25 cal	15 - Hamburger 298 cal - Cheeseburger 353 cal - or - Veggie Burger 290 cal - Chicken Fajita Salad 455 cal - with - Whole Grain Dinner Roll 149 cal - Tater Tots 111 cal - Burger Topping 8 cal - Sliced Red Onion 6 cal	16 - New York Turkey Pepperoni Pizza 320 cal - Pizza New York Cheese 216 cal - Boneless Wings 270 cal - and - Freshly Baked Biscuit 210 cal - Caesar Side Salad 170 cal - Carrot Sticks 25 cal
19 - Breaded Chicken Tender 255 cal - with Dipping Sauce and Baked Biscuit 190 cal - Grilled Cheese Sandwich 252 cal - Three Bean Salad 102 cal - Cherry Tomatoes 22 cal	20 - Beefy Mac 345 cal - Bean & Queso Blanco Quesadilla 269 cal - with - Salsa 36 cal - Celery Sticks 10 cal - Garden Salad 22 cal	21 - Fish and Chips 221 cal - Vegetarian Chili 247 cal - with - Crispy Round Tortilla Chips 190 cal - Creamy Cole Slaw 40 cal - Corn 92 cal	22 - Mary's Chicken Drumstick 181 cal - with BBQ Sauce - Whole Grain Dinner Roll 140 cal - Mac & Cheese 317 cal - with - Creamy Cole Slaw 40 cal - Cucumber Coins 9 cal	23 - New York Turkey Pepperoni Pizza 320 cal - Pizza New York Cheese 216 cal - Cheese Quesadilla 430 cal - with - Pico de Gallo 4 cal - Caesar Side Salad 170 cal - Celery Sticks 10 cal
26 - Spaghetti with All Beef Meat Sauce 235 cal - or - Spaghetti with Marinara Sauce and Parmesan Cheese 364 cal - with - Breadstick 80 cal - Vegetarian Taco Salad 473 cal - Caesar Side Salad 170 cal - Jicama Sticks 25 cal	27 - Posole con Pollo with Tortilla Chips 443 cal - Bean and Cheese Pupusa 290 cal - with - Salsa 39 cal - Cucumber Coins 9 cal - Shredded Cabbage 4 cal - Radish Wedges 5 cal - Diced Red Onion 9 cal	28 - BBQ Pulled Chicken Sandwich 280 cal - Sweet Potato Fries 105 cal - Hummus Wrap 485 cal - Corn 92 cal - Creamy Cole Slaw 40 cal	29 - Teriyaki Beef Dippers 152 cal - or - Mediterranean Lemon Pepper Tofu 226 cal - with - Steamed Brown Rice 103 cal - Cherry Tomatoes 22 cal - Fresh Broccoli Florets 11 cal	30 - New York Turkey Pepperoni Pizza 320 cal - Pizza New York Cheese 216 cal - Boneless Wings 270 cal - with - Freshly Baked Biscuit 210 cal - Carrot Sticks 25 cal - Caesar Side Salad 172 cal

Menu data from Burlingame School District, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Burlingame School District publishes them.

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