

Burlingame Elementary Schools

Breakfast · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

5 - Apple Cinnamon Cheerios 110 cal - with Low Fat Mozzarella String Cheese 80 cal - or Honey Roasted Sunflower Seeds 170 cal	6 Breakfast Parfait with Greek Yogurt & Fresh Made Granola 228 cal	7 - Multigrain Cheerios Bowlpack 109 cal - with Low Fat Mozzarella String Cheese 80 cal - or Honey Roasted Sunflower Seeds 170 cal	1 - Soft Wheat Bagel 170 cal - with Cream Cheese 70 cal	2 - French Toast Sticks 193 cal - Turkey Bacon 42 cal
12 No menu published	13 Hard Boiled Egg Biscuit Breakfast Box 487 cal	14 - Cinnamon Chex 120 cal - with Low Fat Mozzarella String Cheese 80 cal - or Honey Roasted Sunflower Seeds 170 cal	8 - Soft Wheat Bagel 170 cal - Cream Cheese cup 60 cal	9 - Eggoji Waffles 179 cal - with Baked Fruit Topping 95 cal
19 - Honey Cheerios Cereal 110 cal - with Low Fat Mozzarella String Cheese 80 cal - or Honey Roasted Sunflower Seeds 170 cal	20 Breakfast Biscuit Sandwich 310 cal	21 - Rice Chex Bowlpack 110 cal - with Low Fat Mozzarella String Cheese 80 cal - or Honey Roasted Sunflower Seeds 170 cal	15 - Soft Wheat Bagel 170 cal - with Cream Cheese 70 cal	16 - Breakfast Quesadilla 275 cal - with Salsa 39 cal
26 - Blueberry Chex 120 cal - with Low Fat Mozzarella String Cheese 80 cal - or Honey Roasted Sunflower Seeds 170 cal	27 Egg & Cheddar Cheese Breakfast Sandwich on English Muffin 226 cal	28 - Frosted Corn Flakes Cereal 110 cal - with Low Fat Mozzarella String Cheese 80 cal - or Honey Roasted Sunflower Seeds 170 cal	22 - Soft Wheat Bagel 170 cal - Cream Cheese cup 60 cal	23 - Scrambled Eggs 93 cal - with Turkey Sausage Link and Mini Baked Biscuits 60 cal 100 cal
			29 - Soft Wheat Bagel 170 cal - Cream Cheese cup 60 cal	30 - Dos Pisano's Cinnamon Roll, Local 300 cal - with Turkey Sausage Link 60 cal