

Beverly Vista Middle School

Lunch · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

1

 **Chow Mein**

2

 **Chicken Patty Sandwich**
 Sweet Potato Waffle Fries
 Chicken Sandwich Toppings
 Vegetarian Chicken Sandwich

5

 **Boneless Chicken Wing Basket**
 Vegetarian Chicken Nugget Basket

6

 **Chicken and Vegetable Dumplings**

7

 **Vegetarian Grilled Cheese Sandwich**

8

 **Orange Chicken**
 Vegetable Orange Chicken
 Steamed Broccoli
 Fried Rice

9

 **Beef Burger**
 Vegetarian Impossible Burger
 Sliced American Cheese

12

 **Chicken Tender Basket**
 Vegetarian Chicken Nugget Basket
 Waffle French Fries

13

 **Spaghetti and Meat Sauce**

14

 **Ramen Noodles**
 Ramen Bar- Protein Choices
 Ramen Bar- Vegetable Choices

15

 **Chow Mein**

16

 **Chicken Patty Sandwich**
 Sweet Potato Waffle Fries
 Chicken Sandwich Toppings
 Vegetarian Chicken Sandwich

19

 **Boneless Chicken Wing Basket**
 Vegetarian Chicken Nugget Basket

20

 **Chicken and Vegetable Dumplings**

21

 **Vegetarian Grilled Cheese Sandwich**

22

 **Orange Chicken**
 Vegetable Orange Chicken
 Steamed Broccoli
 Fried Rice

23

 **Beef Burger**
 Vegetarian Impossible Burger
 Sliced American Cheese

26

 **Chicken Tender Basket**
 Vegetarian Chicken Nugget Basket
 Waffle French Fries

27

 **Spaghetti and Meat Sauce**

28

 **Ramen Noodles**
 Ramen Bar- Protein Choices
 Ramen Bar- Vegetable Choices

29

 **Chow Mein**

30

 **Chicken Patty Sandwich**
 Sweet Potato Waffle Fries
 Chicken Sandwich Toppings
 Vegetarian Chicken Sandwich

Served every day

 Turkey and Cheese Wrap ·  Tuna Sandwich ·  Chicken Salad Sandwich ·  Vegetarian Meatless Chef Salad ·  Chicken Caesar Salad ·  Vegetarian Cheese Pizza
 Crinkle Cut French Fry ·  Broccoli