

CHILD DEVELOPMENT BREAKFAST

OCTOBER 2026

Van Wig Elementary

Bassett Unified School District



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5
WGR French Toast Sticks CD 130 cal
Orange Wedges 55 cal

6
WGR Egg & Cheese Breakfast Wrap 171 cal
Pineapple Tidbits 63 cal

7
WGR Cinnamon Cream Cheese Mini Bagels CD 115 cal
Diced Peaches 55 cal

8
WGR Breakfast Sausage Pizza 210 cal
Banana 53 cal

9
WGR Mini Corn Muffin 146 cal
Strawberry Banana Applesauce 50 cal

12
WGR Mini Maple Pancakes CD 110 cal
Orange Wedges 55 cal

13
Cheese Omelet 110 cal

14
Diced Peaches 55 cal
Go-Gurt Yogurt 45 cal
WGR Strawberry Granola 120 cal

15
Egg & Cheese Stuffed WGR Biscuit 240 cal
Banana 53 cal

16
WGR Honey Scooters Cereal 110 cal
Unsweetened Applesauce 50 cal

19
WGR French Toast Sticks CD 130 cal
Orange Wedges 55 cal

20
WGR Egg & Cheese Breakfast Wrap 171 cal
Pineapple Tidbits 63 cal

21
WGR Cinnamon Cream Cheese Mini Bagels CD 115 cal
Diced Peaches 55 cal

22
WGR Breakfast Sausage Pizza 210 cal
Banana 53 cal

23
WGR Mini Corn Muffin 146 cal
Strawberry Banana Applesauce 50 cal

26
WGR Mini Maple Pancakes CD 110 cal
Orange Wedges 55 cal

27
Cheese Omelet 110 cal
Pineapple Tidbits 63 cal

28
Diced Peaches 55 cal
Go-Gurt Yogurt 45 cal
WGR Strawberry Granola 120 cal

29
Egg & Cheese Stuffed WGR Biscuit 240 cal
Banana 53 cal

30
WGR Honey Scooters Cereal 110 cal
Unsweetened Applesauce 50 cal

EVERY DAY

- Whole Milk 4oz
- 1% White Milk 6oz

Menu subject to change.