

AFTER SCHOOL SNACK OCTOBER 2026

Van Wig Elementary

Bassett Unified School District



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

- WGR Mini Corn Muffin 146 cal
- 1% White Milk 120 cal
- Nonfat Chocolate Milk 120 cal

6

- WGR Honey Graham Crackers 60 cal
- Sunbutter Cup 200 cal

7

- Strawberry Banana Yogurt 70 cal
- WGR Strawberry Granola 120 cal

8

- WGR Rainbow Goldfish Crackers 100 cal
- String Cheese 60 cal

9

- Mixed Berry Sour Raisins 110 cal
- Roasted Sunflower Seeds 170 cal

12

- Marinara Cup 40 cal
- WGR Mozzarella Breadstick 150 cal

13

- WGR Honey Graham Crackers 60 cal
- Sunbutter Cup 200 cal

14

- Strawberry Banana Yogurt 70 cal
- WGR Strawberry Granola 120 cal

15

- WGR Rainbow Goldfish Crackers 100 cal
- String Cheese 60 cal

16

- Mixed Berry Sour Raisins 110 cal
- Roasted Sunflower Seeds 170 cal

19

- WGR Mini Corn Muffin 146 cal
- 1% White Milk 120 cal
- Nonfat Chocolate Milk 120 cal

20

- WGR Honey Graham Crackers 60 cal
- Sunbutter Cup 200 cal

21

- Strawberry Banana Yogurt 70 cal
- WGR Strawberry Granola 120 cal

22

- WGR Rainbow Goldfish Crackers 100 cal
- String Cheese 60 cal

23

- Mixed Berry Sour Raisins 110 cal
- Roasted Sunflower Seeds 170 cal

26

- WGR Mini Corn Muffin 146 cal
- 1% White Milk 120 cal
- Nonfat Chocolate Milk 120 cal

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- WGR Honey Graham Crackers 60 cal
- Sunbutter Cup 200 cal

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- Strawberry Banana Yogurt 70 cal
- WGR Strawberry Granola 120 cal

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- WGR Rainbow Goldfish Crackers 100 cal
- String Cheese 60 cal

30

- Mixed Berry Sour Raisins 110 cal
- Roasted Sunflower Seeds 170 cal