

CHILD DEVELOPMENT LUNCH

OCTOBER 2026

Torch Middle School

Bassett Unified School District



Monday

Tuesday

Wednesday

Thursday

Friday

1

No menu published

2

No menu published

5

 **BEAN & CHEESE BURRITO** 326 cal
 Diced Peaches 55 cal
 Corn 50 cal

6

 **ORANGE CHICKEN CD** 113 cal
 Steamed Rice CD 80 cal
 Banana 53 cal
 Steamed Broccoli CD 15 cal

7

 **MAC & CHEESE CD** 292 cal
 Pear Cup 60 cal
 Mixed Vegetables CD 23 cal

8

 **TERIYAKI DUNKERS CD** 162 cal
 Steamed Rice CD 80 cal
 Unsweetened Applesauce 50 cal
 Baby Carrots 18 cal

9

 **WGR GALAXY CHEESE PIZZA** 280 cal
 Orange Wedges CD 55 cal
 Chili Beans CD 63 cal

12

 **CHICKEN & WGR WAFFLES CD** 285 cal
 Diced Peaches CD 55 cal
 Baby Carrots 18 cal

13

 **POPCORN CHICKEN CD** 173 cal
 Banana 53 cal
 Gravy 12 cal
 Mashed Potatoes 40 cal
 Corn 50 cal

14

 **HAMBURGER BUN** 150 cal
 Breaded Chicken 240 cal
 Patty 30 cal
 Tater Tots CD 65 cal

15

 **SPAGHETTI NOODLES HALF CUP** 208 cal
 Spaghetti with meat sauce CD 413 cal
 Strawberry Applesauce 50 cal
 Mixed Vegetables CD 23 cal

16

 **CHICKEN TAMALES IN RED SAUCE** 290 cal
 Orange Wedges CD 55 cal
 Refried Beans CD 55 cal

19

 **CHEESEBURGER SLIDERS** 272 cal
 Diced Peaches 55 cal
 Tater Tots CD 65 cal

20

 **TERIYAKI CHICKEN CD** 86 cal
 Steamed Rice CD 80 cal
 Banana 53 cal
 Steamed Broccoli CD 15 cal

21

 **WGR TWICE GRILLED QUESADILLA** 327 cal
 Pear Cup 60 cal
 Baby Carrots 18 cal

22

 **CHEESE RAVIOLI** 234 cal
 Unsweetened Applesauce 50 cal
 Mixed Vegetables CD 23 cal

23

 **WGR MOZZARELLA BITES** 280 cal
 Orange Wedges 55 cal
 Refried Beans CD 55 cal

26

 **BEAN & CHEESE BURRITO** 326 cal
 Diced Peaches 55 cal
 Corn 50 cal

27

 **ORANGE CHICKEN CD** 113 cal
 Steamed Rice CD 80 cal
 Banana 53 cal
 Steamed Broccoli CD 15 cal

28

 **MAC & CHEESE CD** 292 cal
 Pear Cup 60 cal
 Mixed Vegetables CD 23 cal

29

 **TERIYAKI DUNKERS CD** 162 cal
 Steamed Rice CD 80 cal
 Unsweetened Applesauce 50 cal
 Baby Carrots 18 cal

30

 **WGR GALAXY CHEESE PIZZA** 280 cal
 Orange Wedges CD 55 cal
 Chili Beans CD 63 cal

Served every day:

 Whole Milk 4oz ·  1% White Milk 6oz

Menu data from Bassett Unified School District, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Bassett Unified School District publishes them.

MealViewer