



CHILD DEVELOPMENT BREAKFAST

OCTOBER 2026

Orch Middle School

Bassett Unified School District



Monday

Tuesday

Wednesday

Thursday

Friday

5

WGR FRENCH TOAST STICKS CD 130 cal
 Orange Wedges 55 cal

6

WGR EGG & CHEESE BREAKFAST WRAP 171 cal
 Pineapple Tidbits 63 cal

7

WGR CINNAMON CREAM CHEESE MINI BAGELS CD 115 cal
 Diced Peaches 55 cal

8

WGR BREAKFAST SAUSAGE PIZZA 210 cal
 Banana 53 cal

9

WGR MINI CORN MUFFIN 146 cal
 Strawberry Banana Applesauce 50 cal

12

WGR MINI MAPLE PANCAKES CD 110 cal
 Orange Wedges 55 cal

13

CHEESE OMELET 110 cal

14

DICED PEACHES 55 cal
 Go-Gurt Yogurt 45 cal
 WGR Strawberry Granola 120 cal

15

EGG & CHEESE STUFFED WGR BISCUIT 240 cal
 Banana 53 cal

16

WGR HONEY SCOOTERS CEREAL 110 cal
 Unsweetened Applesauce 50 cal

19

WGR FRENCH TOAST STICKS CD 130 cal
 Orange Wedges 55 cal

20

WGR EGG & CHEESE BREAKFAST WRAP 171 cal
 Pineapple Tidbits 63 cal

21

WGR CINNAMON CREAM CHEESE MINI BAGELS CD 115 cal
 Diced Peaches 55 cal

22

WGR BREAKFAST SAUSAGE PIZZA 210 cal
 Banana 53 cal

23

WGR MINI CORN MUFFIN 146 cal
 Strawberry Banana Applesauce 50 cal

26

WGR MINI MAPLE PANCAKES CD 110 cal
 Orange Wedges 55 cal

27

CHEESE OMELET 110 cal
 Pineapple Tidbits 63 cal

28

DICED PEACHES 55 cal
 Go-Gurt Yogurt 45 cal
 WGR Strawberry Granola 120 cal

29

EGG & CHEESE STUFFED WGR BISCUIT 240 cal
 Banana 53 cal

30

WGR HONEY SCOOTERS CEREAL 110 cal
 Unsweetened Applesauce 50 cal

Served every day:

Whole Milk 4oz · 1% White Milk 6oz

Menu data from Bassett Unified School District, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Bassett Unified School District publishes them.

MealViewer