

BREAKFAST

OCTOBER 2026

Torch Middle School

Bassett Unified School District



Monday

Tuesday

Wednesday

Thursday

Friday

			1 CINNAMON TOAST CRUNCH CEREAL W/STRING CHEESE 170 cal Fruit Punch Juice 4oz 60 cal	2 WGR DOUBLE CHOCOLATE MUFFIN 280 cal Apple Juice 4oz 55 cal
5 FRENCH TOAST STICKS 260 cal Orange Juice 4oz 55 cal	6 WGR CINNAMON GOLDFISH CRACKERS 120 cal Breakfast Smoothie 158 cal Wildberry Juice 4oz 60 cal	7 LOADED BREAKFAST BURRITO 449 cal Apple Juice 4oz 55 cal Hash Brown Rounds 90 cal	8 WGR BREAKFAST SAUSAGE PIZZA 210 cal Fruit Punch Juice 4oz 60 cal	9 WGR CINNAMON BUN 270 cal Orange Juice 4oz 55 cal
12 No menu published	13 CHEESE OMELET 110 cal Orange Juice 4oz 55 cal Seasoned Potato Wedges 130 cal	14 CHILAQUILES 399 cal Wildberry Juice 4oz 60 cal Refried Beans 110 cal	15 CINNAMON TOAST CRUNCH CEREAL W/STRING CHEESE 170 cal Fruit Punch Juice 4oz 60 cal	16 WGR DOUBLE CHOCOLATE MUFFIN 280 cal Apple Juice 4oz 55 cal
19 FRENCH TOAST STICKS 260 cal Orange Juice 4oz 55 cal	20 WGR CINNAMON GOLDFISH CRACKERS 120 cal Breakfast Smoothie 158 cal Wildberry Juice 4oz 60 cal	21 LOADED BREAKFAST BURRITO 449 cal Apple Juice 4oz 55 cal Hash Brown Rounds 90 cal	22 WGR BREAKFAST SAUSAGE PIZZA 210 cal Fruit Punch Juice 4oz 60 cal	23 WGR CINNAMON BUN 270 cal Orange Juice 4oz 55 cal
26 MINI MAPLE PANCAKES 220 cal Apple Juice 4oz 55 cal	27 CHEESE OMELET 110 cal Orange Juice 4oz 55 cal Seasoned Potato Wedges 130 cal	28 CHILAQUILES 399 cal Wildberry Juice 4oz 60 cal Refried Beans 110 cal	29 CINNAMON TOAST CRUNCH CEREAL W/STRING CHEESE 170 cal Fruit Punch Juice 4oz 60 cal	30 WGR DOUBLE CHOCOLATE MUFFIN 280 cal Apple Juice 4oz 55 cal

Served every day:

FRESH FRUIT · 1% White Milk · Nonfat Chocolate Milk

Menu data from Bassett Unified School District, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Bassett Unified School District publishes them.

MealViewer