

K-8 LUNCH OCTOBER 2026

Sunkist Elementary

Bassett Unified School District



Monday

Tuesday

Wednesday

Thursday

Friday

5 - ALL BEEF HOT DOG 210 cal - Hot Dog Bun 149 cal - Crinkle Fries 130 cal - Chili Beans 125 cal	6 - ORANGE CHICKEN 150 cal - Steamed Rice 160 cal - Steamed Broccoli 30 cal - Carrot Sticks 21 cal - Cucumber Coins 9 cal	7 - CHEESY GARLIC BREADSTICK 100 cal - Mac & Cheese 519 cal - Mixed Vegetables 45 cal - Carrot Sticks 21 cal	1 - CHEESY BEEF NACHOS 393 cal - Romaine Salad 3 cal - Chili Beans 125 cal	2 - CHEESY GARLIC BREADSTICKS 200 cal - Breaded Chicken 220 cal - Drumstick 80 cal - Mashed Potatoes 90 cal - Mini Corn on the Cob 20 cal - Broccoli Buds 20 cal
12 No menu published	13 - CHEESY GARLIC BREADSTICKS 200 cal - Country Chicken Bowl 433 cal - Carrot Sticks 21 cal - Broccoli Buds 20 cal	14 - SPANISH RICE 61 cal - Beef Taquitos w/Guacamole 357 cal - Refried Beans 110 cal - LETTUCE, SHRD 8 cal	15 - SPAGHETTI WITH MEAT SAUCE 665 cal - Mixed Vegetables 45 cal - Carrot Sticks 21 cal	16 - CHICKEN TAMALE IN RED SAUCE 290 cal - Refried Beans P 166 cal - Zucchini Coins 11 cal - Broccoli Buds 20 cal
19 - HAMBURGER BUN 150 cal - Hamburger 118 cal - Breaded Chicken 240 cal - Patty 130 cal - Crinkle Fries 125 cal - Chili Beans 125 cal	20 - TERIYAKI CHICKEN 115 cal - Steamed Rice 160 cal - Steamed Broccoli 30 cal - Carrot Sticks 21 cal - Cucumber Coins 9 cal	21 - CHICKEN & WAFFLES 380 cal - Corn 100 cal - Carrot Sticks 21 cal	22 - CHEESY BEEF NACHOS 393 cal - Romaine Salad 3 cal - Chili Beans 125 cal	23 - CHEESY GARLIC BREADSTICKS 200 cal - Breaded Chicken 220 cal - Drumstick 80 cal - Mashed Potatoes 90 cal - Mini Corn on the Cob 20 cal - Broccoli Buds 20 cal
26 - ALL BEEF HOT DOG 210 cal - Hot Dog Bun 149 cal - Crinkle Fries 130 cal - Chili Beans 125 cal	27 - ORANGE CHICKEN 150 cal - Steamed Rice 160 cal - Steamed Broccoli 30 cal - Carrot Sticks 21 cal - Cucumber Coins 9 cal	28 - CHEESY GARLIC BREADSTICK 100 cal - Mac & Cheese 519 cal - Mixed Vegetables 45 cal - Carrot Sticks 21 cal	29 - TERIYAKI DUNKERS 216 cal - Steamed Rice 160 cal - Zucchini Coins 11 cal - Carrot Sticks 21 cal	30 - PARMESAN CRUSTED GRILLED CHEESE SANDWICH 720 cal - WGR Galaxy Cheese Pizza 280 cal - Romaine Salad 3 cal - Cucumber Coins 9 cal

Served every day:

FRESH FRUIT · 1% White Milk · Nonfat Chocolate Milk

Menu data from Bassett Unified School District, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Bassett Unified School District publishes them.