

# CHILD DEVELOPMENT LUNCH OCTOBER 2026

## Sunkist Elementary

Bassett Unified School District



| Monday                                                                                              | Tuesday                                                                                                           | Wednesday                                                                                                                   | Thursday                                                                                                                                              | Friday                                                                                                 |
|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
|                                                                                                     |                                                                                                                   |                                                                                                                             | 1<br>No menu published                                                                                                                                | 2<br>No menu published                                                                                 |
| 5<br><b>BEAN &amp; CHEESE BURRITO</b> 326 cal<br>Diced Peaches 55 cal<br>Corn 50 cal                | 6<br><b>ORANGE CHICKEN CD</b> 113 cal<br>Steamed Rice CD 80 cal<br>Banana 53 cal<br>Steamed Broccoli CD 15 cal    | 7<br><b>MAC &amp; CHEESE CD</b> 292 cal<br>Pear Cup 60 cal<br>Mixed Vegetables CD 23 cal                                    | 8<br><b>TERIYAKI DUNKERS CD</b> 162 cal<br>Steamed Rice CD 80 cal<br>Unsweetened Applesauce 50 cal<br>Baby Carrots 18 cal                             | 9<br><b>WGR GALAXY CHEESE PIZZA</b> 280 cal<br>Orange Wedges CD 55 cal<br>Chili Beans CD 63 cal        |
| 12<br><b>CHICKEN &amp; WGR WAFFLES CD</b> 285 cal<br>Diced Peaches CD 55 cal<br>Baby Carrots 18 cal | 13<br><b>POPCORN CHICKEN CD</b> 173 cal<br>Banana 53 cal<br>Gravy 12 cal<br>Mashed Potatoes 40 cal<br>Corn 50 cal | 14<br><b>HAMBURGER BUN</b> 150 cal<br>Breaded Chicken 240 cal<br>Patty 30 cal<br>Pear Cup CD 30 cal<br>Tater Tots CD 65 cal | 15<br><b>SPAGHETTI NOODLES HALF CUP</b> 208 cal<br>Spaghetti with meat sauce CD 413 cal<br>Strawberry Applesauce 50 cal<br>Mixed Vegetables CD 23 cal | 16<br><b>CHICKEN TAMALE IN RED SAUCE</b> 290 cal<br>Orange Wedges CD 55 cal<br>Refried Beans CD 55 cal |
| 19<br><b>CHEESEBURGER SLIDERS</b> 272 cal<br>Diced Peaches 55 cal<br>Tater Tots CD 65 cal           | 20<br><b>TERIYAKI CHICKEN CD</b> 86 cal<br>Steamed Rice CD 80 cal<br>Banana 53 cal<br>Steamed Broccoli CD 15 cal  | 21<br><b>WGR TWICE GRILLED QUESADILLA</b> 327 cal<br>Pear Cup 60 cal<br>Baby Carrots 18 cal                                 | 22<br><b>CHEESE RAVIOLI</b> 234 cal<br>Unsweetened Applesauce 50 cal<br>Mixed Vegetables CD 23 cal                                                    | 23<br><b>WGR MOZZARELLA BITES</b> 280 cal<br>Orange Wedges 55 cal<br>Refried Beans CD 55 cal           |
| 26<br><b>BEAN &amp; CHEESE BURRITO</b> 326 cal<br>Diced Peaches 55 cal<br>Corn 50 cal               | 27<br><b>ORANGE CHICKEN CD</b> 113 cal<br>Steamed Rice CD 80 cal<br>Banana 53 cal<br>Steamed Broccoli CD 15 cal   | 28<br><b>MAC &amp; CHEESE CD</b> 292 cal<br>Pear Cup 60 cal<br>Mixed Vegetables CD 23 cal                                   | 29<br><b>TERIYAKI DUNKERS CD</b> 162 cal<br>Steamed Rice CD 80 cal<br>Unsweetened Applesauce 50 cal<br>Baby Carrots 18 cal                            | 30<br><b>WGR GALAXY CHEESE PIZZA</b> 280 cal<br>Orange Wedges CD 55 cal<br>Chili Beans CD 63 cal       |

### Served every day:

Whole Milk 4oz · 1% White Milk 6oz

Menu data from Bassett Unified School District, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Bassett Unified School District publishes them.