

CHILD DEVELOPMENT LUNCH

OCTOBER 2026

Nueva Vista/Adult School

Bassett Unified School District



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

- Bean & Cheese Burrito 326 cal
- Diced Peaches 55 cal
- Corn 50 cal

6

- Orange Chicken CD 113 cal
- Steamed Rice CD 80 cal
- Banana 53 cal
- Steamed Broccoli CD 15 cal

7

- Mac & Cheese CD 292 cal
- Pear Cup 60 cal
- Mixed Vegetables CD 23 cal

8

- Teriyaki Dunkers CD 162 cal
- Steamed Rice CD 80 cal
- Unsweetened Applesauce 50 cal
- Baby Carrots 18 cal

9

- WGR Galaxy Cheese Pizza 280 cal
- Orange Wedges CD 55 cal
- Chili Beans CD 63 cal

12

- Chicken & WGR Waffles CD 285 cal
- Diced Peaches CD 55 cal
- Baby Carrots 18 cal

13

- Popcorn Chicken CD 173 cal
- Banana 53 cal
- Gravy 12 cal
- Mashed Potatoes 40 cal
- Corn 50 cal

14

- Hamburger Bun 150 cal
- Breaded Chicken Patty 240 cal
- Pear Cup CD 30 cal
- Tater Tots CD 65 cal

15

- Spaghetti Noodles Half Cup 208 cal
- Spaghetti with meat sauce CD 413 cal
- Strawberry Applesauce 50 cal
- Mixed Vegetables CD 23 cal

16

- Chicken Tamale in Red Sauce 290 cal
- Orange Wedges CD 55 cal
- Refried Beans CD 55 cal

19

- Cheeseburger Sliders 272 cal
- Diced Peaches 55 cal
- Tater Tots CD 65 cal

20

- Teriyaki Chicken CD 86 cal
- Steamed Rice CD 80 cal
- Banana 53 cal
- Steamed Broccoli CD 15 cal

21

- WGR Twice Grilled Quesadilla 327 cal
- Pear Cup 60 cal
- Baby Carrots 18 cal

22

- Cheese Ravioli 234 cal
- Unsweetened Applesauce 50 cal
- Mixed Vegetables CD 23 cal

23

- WGR Mozzarella Bites 280 cal
- Orange Wedges 55 cal
- Refried Beans CD 55 cal

26

- Bean & Cheese Burrito 326 cal
- Diced Peaches 55 cal
- Corn 50 cal

27

- Orange Chicken CD 113 cal
- Steamed Rice CD 80 cal
- Banana 53 cal
- Steamed Broccoli CD 15 cal

28

- Mac & Cheese CD 292 cal
- Pear Cup 60 cal
- Mixed Vegetables CD 23 cal

29

- Teriyaki Dunkers CD 162 cal
- Steamed Rice CD 80 cal
- Unsweetened Applesauce 50 cal
- Baby Carrots 18 cal

30

- WGR Galaxy Cheese Pizza 280 cal
- Orange Wedges CD 55 cal
- Chili Beans CD 63 cal

EVERY DAY

- Whole Milk 4oz
- 1% White Milk 6oz

Menu subject to change.