

BREAKFAST

OCTOBER 2026

Nueva Vista/Adult School

Bassett Unified School District



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

French Toast Sticks 260 cal

Orange Juice 4oz 55 cal

6

WGR Cinnamon Goldfish Crackers 120 cal

Breakfast Smoothie 158 cal

Wildberry Juice 4oz 60 cal

7

Loaded Breakfast Burrito 449 cal

Apple Juice 4oz 55 cal

Hash Brown Rounds 90 cal

8

WGR Breakfast Sausage Pizza 210 cal

Fruit Punch Juice 4oz 60 cal

9

WGR Cinnamon Bun 270 cal

Orange Juice 4oz 55 cal

12

No menu published

13

Cheese Omelet 110 cal

Orange Juice 4oz 55 cal

Seasoned Potato Wedges 130 cal

14

Chilaquiles 399 cal

Wildberry Juice 4oz 60 cal

Refried Beans 110 cal

15

Cinnamon Toast Crunch Cereal w/String Cheese 170 cal

Fruit Punch Juice 4oz 60 cal

16

WGR Double Chocolate Muffin 280 cal

Apple Juice 4oz 55 cal

19

French Toast Sticks 260 cal

Orange Juice 4oz 55 cal

20

WGR Cinnamon Goldfish Crackers 120 cal

Breakfast Smoothie 158 cal

Wildberry Juice 4oz 60 cal

21

Loaded Breakfast Burrito 449 cal

Apple Juice 4oz 55 cal

Hash Brown Rounds 90 cal

22

WGR Breakfast Sausage Pizza 210 cal

Fruit Punch Juice 4oz 60 cal

23

WGR Cinnamon Bun 270 cal

Orange Juice 4oz 55 cal

26

Mini Maple Pancakes 220 cal

Apple Juice 4oz 55 cal

27

Cheese Omelet 110 cal

Orange Juice 4oz 55 cal

Seasoned Potato Wedges 130 cal

28

Chilaquiles 399 cal

Wildberry Juice 4oz 60 cal

Refried Beans 110 cal

29

Cinnamon Toast Crunch Cereal w/String Cheese 170 cal

Fruit Punch Juice 4oz 60 cal

30

WGR Double Chocolate Muffin 280 cal

Apple Juice 4oz 55 cal

EVERY DAY

- FRESH FRUIT**
- 1% White Milk**
- Nonfat Chocolate Milk**

Menu subject to change.