

CHILD DEVELOPMENT LUNCH

OCTOBER 2026

Bassett High School

Bassett Unified School District



Monday

Tuesday

Wednesday

Thursday

Friday

1

No menu published

2

No menu published

5

BEAN & CHEESE BURRITO 326 cal
 Diced Peaches 55 cal
 Corn 50 cal

6

ORANGE CHICKEN CD 113 cal
 Steamed Rice CD 80 cal
 Banana 53 cal
 Steamed Broccoli CD 15 cal

7

MAC & CHEESE CD 292 cal
 Pear Cup 60 cal
 Mixed Vegetables CD 23 cal

8

TERIYAKI DUNKERS CD 162 cal
 Steamed Rice CD 80 cal
 Unsweetened Applesauce 50 cal
 Baby Carrots 18 cal

9

WGR GALAXY CHEESE PIZZA 280 cal
 Orange Wedges CD 55 cal
 Chili Beans CD 63 cal

12

CHICKEN & WGR WAFFLES CD 285 cal
 Diced Peaches CD 55 cal
 Baby Carrots 18 cal

13

POPCORN CHICKEN CD 173 cal
 Banana 53 cal
 Gravy 12 cal
 Mashed Potatoes 40 cal
 Corn 50 cal

14

HAMBURGER BUN 150 cal
 Breaded Chicken 240 cal
 Patty
 Pear Cup CD 30 cal
 Tater Tots CD 65 cal

15

SPAGHETTI NOODLES HALF CUP 208 cal
 Spaghetti with meat sauce CD 413 cal
 Strawberry Applesauce 50 cal
 Mixed Vegetables CD 23 cal

16

CHICKEN TAMALE IN RED SAUCE 290 cal
 Orange Wedges CD 55 cal
 Refried Beans CD 55 cal

19

CHEESEBURGER SLIDERS 272 cal
 Diced Peaches 55 cal
 Tater Tots CD 65 cal

20

TERIYAKI CHICKEN CD 86 cal
 Steamed Rice CD 80 cal
 Banana 53 cal
 Steamed Broccoli CD 15 cal

21

WGR TWICE GRILLED QUESADILLA 327 cal
 Pear Cup 60 cal
 Baby Carrots 18 cal

22

CHEESE RAVIOLI 234 cal
 Unsweetened Applesauce 50 cal
 Mixed Vegetables CD 23 cal

23

WGR MOZZARELLA BITES 280 cal
 Orange Wedges 55 cal
 Refried Beans CD 55 cal

26

BEAN & CHEESE BURRITO 326 cal
 Diced Peaches 55 cal
 Corn 50 cal

27

ORANGE CHICKEN CD 113 cal
 Steamed Rice CD 80 cal
 Banana 53 cal
 Steamed Broccoli CD 15 cal

28

MAC & CHEESE CD 292 cal
 Pear Cup 60 cal
 Mixed Vegetables CD 23 cal

29

TERIYAKI DUNKERS CD 162 cal
 Steamed Rice CD 80 cal
 Unsweetened Applesauce 50 cal
 Baby Carrots 18 cal

30

WGR GALAXY CHEESE PIZZA 280 cal
 Orange Wedges CD 55 cal
 Chili Beans CD 63 cal

Served every day:

 Whole Milk 4oz ·  1% White Milk 6oz

Menu data from Bassett Unified School District, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Bassett Unified School District publishes them.

MealViewer